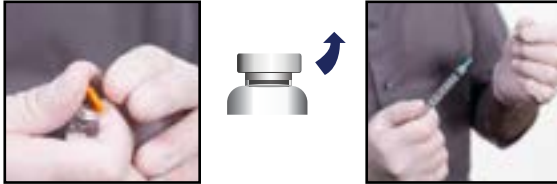



HOW TO GIVE NALOXONE


Injectable naloxone


- 1 Put on gloves, if available and easily accessible.
Remove cap from naloxone vial.
Uncover the needle.


- 2 Insert needle through rubber plug with vial upside down.
Pull back on plunger and draw up 1 mL of naloxone.




With needle pointing up, push plunger to remove air in syringe (A).
Lock needle in place with a quarter turn (B).



- 3 Insert the needle into the muscle of the upper arm or thigh (see image at right), through clothing if needed.
Push on the plunger to inject the naloxone.




Auto-injector

- 1 Put on gloves, if available.
Pull auto-injector from outer case. Pre-recorded instructions will begin.



- 2 Instructions will begin.
Pull off red safety guard.



- 3 Place the black end of the auto-injector against the outer thigh—**through clothing if needed**—press firmly and hold in place for five seconds.



Nasal spray (ready to use)

- 1 Put on gloves, if available.
Peel back the package to remove the device.


- 2 Place the tip of the nozzle in a nostril until your fingers touch the bottom of the nose.


- 3 Press the plunger firmly to release the dose into either nostril.
If needed, give second dose in other nostril.

Sometimes, more than one dose of naloxone is needed.
If there is no reaction in 2-3 minutes, give a second dose.



RESPONDING TO AN OVERDOSE

Ask your pharmacist about safe disposal of medications and sharps.

1 IDENTIFY OVERDOSE.

Try to wake the person by yelling their name and shaking their shoulders.

2 CALL 9-1-1.

Tell the operator if the person overdosing has stopped or slowed breathing.

3 CHECK AIRWAY AND MOUTH.

If person is breathing, skip to Step 5. If not, prepare to give rescue breaths.

Put on gloves, if available and easily accessible. Open mouth and, using index finger, check for any objects. Remove them.



4 GIVE RESCUE BREATHS.

Tilt head back, lift chin, and pinch nose with other hand. Apply breathing mask, if available and easily accessible.

Give one breath every five seconds. Continue this for 30 seconds. (See images below.)



5 GIVE NALOXONE.

If naloxone is available, give to person. See reverse side for how to give naloxone.

6 CONTINUE RESCUE BREATHS.

After giving naloxone, if the person still is not breathing, continue rescue breaths. If there is no response after 2-3 minutes, give naloxone again. More than one dose is sometimes needed.



7 PLACE IN RECOVERY POSITION.

Once the person is breathing again, put the person on their side with the top leg and arm crossed over the body to prevent choking (see below).



8 STAY UNTIL HELP ARRIVES.

Stay with the person until emergency responders arrive.