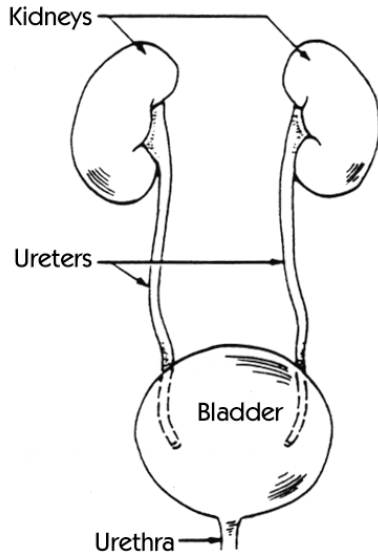


Direct Visual Internal Urethrotomy (DVIU) Home Care

What is DVIU?

DVIU is the repair of a narrow segment (stricture or scar) of the urethra. A small scope is placed into the urethra, and a cut is made to repair the stricture (scar).



After Surgery

It is normal for you to feel some pain in the area of repair for about 2 weeks. You will have pain medicine to take as needed.

In most cases, you will go home with a catheter. The catheter could remain in place for 2 days to 2 weeks. This depends on the amount of repair and your doctor. We will teach you how to care for the catheter before you leave the hospital.

Activity Guidelines

- Do not lift more than 10 pounds for 2 weeks.
- Drink at least eight (8-ounce) glasses of fluid daily. More if urine is bloody.
- Do not drive if taking narcotics.
- No sex for 1 week.
- You may shower. If you have a catheter, do not take tub baths, soak in a hot tub, or go swimming.
- Nothing strenuous until your doctor says it is okay.
- Your doctor will talk with you about going back to work.

When to Call the Doctor

- Catheter is not draining.
- Problems passing urine after the catheter is removed.
- Decrease in the amount of urine you pass.
- Temperature over 101° F by mouth for two readings taken 4 hours apart. Use Tylenol® for fever.
- Large amount of blood in urine (you may have some spotty bleeding for a few days).
- Pink, cherry and burgundy urine is ok. If it is thick like ketchup, call clinic.

Follow-Up Care

You will have a follow-up visit that will be made before you leave the hospital.

Phone Numbers

UW Health Urology
608-263-4757

UW Health at The American Center
Urology
608-440-6464

UW Health One South Park Urology
608-287-2900

After hours, nights, weekends, and holidays, the clinic number is answered by the paging operator. Ask for the Urology Doctor on call. Leave your name and phone number with the area code. The doctor will call you back. The **toll-free number is: 1-844-607-4800.**

Your medical record number is:

_____.

If you are a patient receiving care at UnityPoint – Meriter, Swedish American or a health system outside of UW Health, please use the phone numbers provided in your discharge instructions for any questions or concerns.

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person's health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright ©1/2019. University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing. HF#4416.