# **Health Facts for You**

### **UWHealth**

### Signs of Stroke

#### Stroke is an emergency! Get care fast!

Stroke symptoms come on **suddenly**. When someone is having even one sign of a stroke you want to: **BE FAST!** 

#### **B** – Balance

Is there a sudden loss of balance or coordination?

• To check, ask the person to walk in a straight line or touch their finger to their nose.

#### E – Eyes

Are there sudden vision changes?

• To check, ask if the person has double vision or cannot see out of one eye.

#### F – Face

Does one side of the face droop?

• To check, ask the person to smile.

#### A – Arm

Does one arm drift downward?

• To check, ask the person to raise both arms.

#### S – Speech

Are the words slurred? Is speech confused?

• To check, ask the person to repeat a sentence.

#### T – Terrible Headache

• To check, ask the person if they are having a sudden severe headache?

## If you believe someone is having a stroke, call 911 right away.

#### Call 911! Time is Brain.

The other signs that can signal a stroke include:

- Sudden numbness or weakness of any body part, often on one side of the body
- **Sudden** trouble walking because of dizziness

Quick treatment may save your life or prevent disability. **Even if your symptoms lessen or go away, call for help.** 

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person's health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright © 8/2020. University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing HF#5810