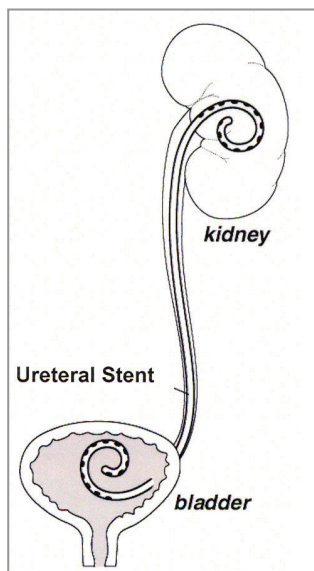


Ureteroscopy (URS)

Ureteroscopy involves putting a small scope into your ureter (the passage from the bladder to the kidney) through the bladder. This is done to look at the ureter and/or treat certain problems of the ureter. Handling the ureter can sometimes cause swelling, so a very small, hollow stent (tube) may be left in place for several days. This depends on why you have the procedure done. The stent allows the urine to keep flowing. You will need to come back the doctor's office to have the stent taken out.



The day of surgery shower with the antibacterial soap as directed, before you leave for the hospital.

Home Care

Diet

- Resume your normal eating habits.
- Drink at least 6-8 (8 oz) glasses of fluid daily. You may choose to drink most of this before dinner, so you are not up all night passing urine.
- Do not drink alcohol for 2 days.

Activity

You may resume your normal routine, but rest if you have pain or blood in the urine.

Medicine

- If an antibiotic is ordered, take all of it.
- Pain pills will be ordered for you. Be sure to follow the instructions for taking them.

Passing Urine

You may go home with a stent. It may feel like you have to pass urine more often or it may cause a burning feeling in the bladder. This will lessen with time. You may have blood in your urine.

Follow-Up Care

You will have a follow-up visit with your doctor. If you have a stent, it is very important that you not miss or delay your follow-up visit.

When to Call the Doctor

- Unable to pass urine
- Large blood clots in the urine
- Pain not relieved by pain pills
- Cloudy or foul-smelling urine
- Red or bloody urine after 3 days
- Fever over 100.5° F by mouth.

Your urology doctor is:

Phone Numbers

UW Health Urology
608-263-4757

UW Health at The American Center Urology
608-440-6464

UW Health One South Park Urology
608-287-2900

UW Health Pediatric Urology
608-263-6420

After hours, nights, weekends, and holidays, the clinic number is answered by the paging operator. Ask for the Urology doctor on call. Leave your name and phone number with the area code. The doctor will call you back. **The toll-free number is: 1-844-607-4800.**

Spanish version of this *Health Facts for You* is #5925s

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person's health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright © 1/2019 University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing. HF#5925