

After Your Child's Kidney (Renal) Biopsy

We expect that your child may have some pain after a kidney (renal) biopsy. This is normal. The pain is most often a soreness rather than severe pain. For the pain we suggest acetaminophen (Tylenol®). The pain should not be severe and should improve daily.

Avoid aspirin or ibuprofen for 2 weeks due to an increased risk of bleeding with these products.

Avoid any activity where your child may be hit in the back by a ball or a person for 7-10 days. Also avoid horseback riding, jumping on a trampoline, or anything that jars or strains the back, such as snow shoveling.

You should call us for these signs.

- Severe pain or pain that is getting worse
- Blood in the urine you can see
- Pain or burning during urination
- Fever of 100° F or higher
- Any other concerns you may have

The biopsy often takes 3-5 business days to fully process. We will call you with the results to discuss treatment and follow-up care.

Phone Numbers

Pediatric Nephrology Clinic:
(608) 263-6420

Toll free number: **1-800-824-8924**

Transplant Nurse Coordinator (for transplant patients): **(608) 263-9532**

After hours, weekends and holidays, call **(608) 263-6400**. This will give you the paging operator. Ask for the Pediatric Nephrologist on call. Give the operator your name and phone number with the area code. The doctor will call you back.

Fax: **(608) 833-3211** (Attention: Pediatric Nephrology)

If you are a patient receiving care at UnityPoint – Meriter, Swedish American or a health system outside of UW Health, please use the phone numbers provided in your discharge instructions for any questions or concerns.

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person's health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright © 5/2019 University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing. HF#6080.