

## Moving Our Patients Safely

At UW Health, we want to make your stay as safe and restful as possible.

It is important for you to move and walk around your room with care. We also want our staff to be safe and free from getting hurt.

### Our Plan

- Our staff will work with you to decide your level of mobility. We will guide you to move and be as free as you can be with your safety in mind.
- We want the proper tools for our staff to move you safely.
- We may help you by using special tools if you cannot safely move by yourself.
- We may need tools to move patients who are taking pills or cannot follow directions.

Most patients are more at ease when we use equipment to help them move. Equipment may be used at different times during the day. Staff may use equipment during transfers from a bed to cart, chair, or commode. A device may be used when turning from side to side or boosting up in bed. We may use a device when we change your dressing or when wrapping an arm or leg.

These methods are for moving patients with your safety and comfort in mind, as well as the safety and health of our staff. If you have any safety questions, please just ask.

### Equipment Examples.

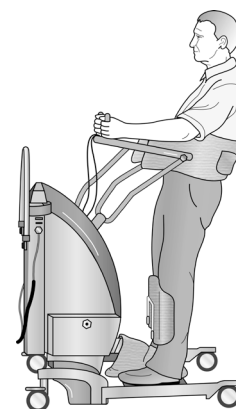
Ceiling lift used for transferring, turning, boosting and treatments



Air assist moving device



Sit to stand device used for moving to and from bed, chair or commode. May also be used as a walking aid.



If you are a patient receiving care at UnityPoint – Meriter, Swedish American or a health system outside of UW Health, please use the phone numbers provided in your discharge instructions for any questions or concerns.

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person's health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright © 9/2018. University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing. HF#6973.