

Burn Support Resources

The emotional and social challenges that can be felt by a patient and/or their loved ones can unfold at any point after a burn injury. Our burn center offers many options for support.

Peer Support Available at UW Health

The UW Health Burn Center has an active Survivors Offering Assistance in Recovery (SOAR) program. SOAR is a peer support program. SOAR connects you with a burn survivor and/or a family member.

According to the Phoenix Society, it is meant to “assist individuals in coping with and adapting to a burn injury through the exchange of shared experiences and emotional support between a survivor and a trained peer supporter.” Some topics are best discussed with someone who has firsthand, personal experience. Topics might include social comfort, relationships, intimacy and sexuality, reintegration, and life satisfaction.

SOAR is an option for patients and their loved ones while receiving care at UW hospital and the UW Health Burn Clinic. The SOAR coordinators help match a peer support volunteer with you. If you are interested in this, please contact SOAR coordinator at vwelsh@uwhealth.org.

Phone/Internet Access

If you do not have access to phone or internet, go to any fire station in the state of Wisconsin to gain free access.

Other Resources

[What Now? Booklet](#)

[Understanding and Improving Body Image](#)

Support programs offered by the [Professional Fire Fighters of Wisconsin Charitable Foundation](#)

Phoenix Society Resources

[Beyond Surviving: Tools for Social Empowerment](#)

[Tools for Redeveloping Social Skills as a Burn Survivor](#)

[Active Virtual Support Groups-Schedule](#)

[Becoming Greater Than Before](#)

[Burn Support Magazine](#)

[Phoenix World Burn Congress Annual Meeting](#)

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person's health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright © 1/2021. University of Wisconsin Hospital and Clinics Authority. All rights reserved. Produced by the Department of Nursing. HF#8179