

Caring for Your Child After Percutaneous Atrial Septal Defect (ASD) or Patent Foramen Ovale (PFO) Closure

Your child had an ASD or PFO closure on _____ through the right / left femoral vein.

Incision Care

- Your child may shower after 24 hours. Remove the bandage over the site before taking a shower.
- Gently clean the site with soap and water. Pat it dry. Cover the site with a band aid. Do this for three days.
- Keep the site clean and dry.

Activities

For the next 5 days:

- No lifting more than 10 pounds.
- No straining.
- No vigorous activity.
- No soaking in bathtubs or swimming.

Diet

- Your child should be able to eat a normal diet the next morning.
- Your child may eat or drink the night of the procedure if they feel fine.
- Some children are not hungry or feel sick to their stomach the night of the procedure. We suggest a light diet, if hungry.

What to Expect

- Soreness or tenderness at the site. This may last for one week.
- Small amount of bloody drainage at the site.
- There may be a bruise at the site. This could take 2-3 weeks to go away.
- A small lump (dime to quarter size) may form at the site. This could last up to 6 weeks.

Pain Control

Your child may have either Tylenol® every 4-6 hours **or** Motrin®/ibuprofen every 6-8 hours.

Signs of Infection

- Redness, swelling or drainage at the site.
- Pain that does not go away with medicine.
- Fever over 101° F for two readings taken 4 hours apart.

When to Call

Call your child's **doctor** right away if you notice:

- Bleeding or sudden swelling at the site. Apply direct pressure to the site and call for help. Keep pressure at the site until you get help.
- Any signs of infection.
- Severe pain.
- Chest pain, palpitations or increased shortness of breath.

Return to School/Daycare

Your child may return to school/daycare on _____.

Medicines

Your child will need to take baby aspirin every day for the next 6 months or longer. Some children also take Plavix® (clopidogrel). For the next 6 months, your child will need to take antibiotics before certain medical or dental procedures. The doctor will decide if your child needs to keep taking these medicines after the 6 months.

Your child should keep taking their normal medicines. Tell the doctor if there are any side effects. **Do not** stop aspirin or Plavix[®] (clopidogrel) without talking to the heart doctor first.

Follow-Up Visits

Your child will have a follow-up visit with echocardiogram and ECG at 1 and 6 months to see how the device and heart are working.

Who to Call

Pediatric and Adult Congenital Cardiology
Clinic

(608) 263-6420 or 1-800-323-8942

After hours, nights, weekends, and holidays, the paging operator will answer this number. Ask for the pediatric cardiologist on call. Leave your name and phone number with the area code. The doctor will call you back.

If you are a patient receiving care at UnityPoint – Meriter, Swedish American or a health system outside of UW Health, please use the phone numbers provided in your discharge instructions for any questions or concerns.

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person's health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright © 3/2020 University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing HF#7501.