

ADHD Care Guidelines

❖ First Assessment

The initial assessment usually takes 1-2 visits that are 30-60 minutes each. For children and many teens, the doctor may suggest a parent-only visit first to review the forms and talk about your concerns. A second visit with the child or teen present is then set up to do an initial exam, talk more, and make a plan.

❖ First Phone Follow-up

You may receive a phone call 7-10 days after starting medicine. Please feel free to call sooner if you have questions.

❖ First Follow-up Visit

This is scheduled a few weeks after starting medicine.

❖ Ongoing Follow-up Visits

These visits are on an individual basis. Kids need to be seen every 1 to 3 months at first. As medicine is stabilized, visits may be every 3-4 months. Once kids are on a steady plan and responding well, they may be able to be seen every 6 months.

❖ Well Care Visits

All kids being treated for ADHD have a yearly check-up. This is often its own visit to allow time for prevention and routine care. If you would prefer to have a medicine check on the same day, please let the office know, so we can allow enough time to talk about all of your needs.

❖ Refills Between Visits

Refills can be sent directly to the pharmacy of choice. Please call the clinic to request the refill. Allow 48 hours.