

How to Prepare for Your Burn Clinic Visit

This handout will help you prepare for your burn clinic visits.

What to Bring

- A list of your medicines (include any that have been prescribed by other providers)
- List of allergies (also include any side effects you may have such as upset stomach, nausea, diarrhea, etc.)
- Supplies for your dressing change (if asked to do so)

How to Prepare

Take your pain medicine as directed 1 hour before your clinic visit. If you have questions/concerns about this, please call the burn/wound clinic at (608) 264-8040. If you take narcotic pain medicine, someone must drive you to and from your clinic visit.

What to Expect

- The current dressing will be removed by a medical assistant or nurse.
- The burn/wound will be washed with soap and water.

- The provider or RN will assess the wound.
- The provider will decide if there are any changes to your dressing.
- The medical assistant or nurse will apply the new dressing.

Dressing Changes at Home

If you change your dressings at home be sure to tell staff how many you have at home. This way we can send you home from your clinic visit with the right amount.

You may be taught to change your dressings at home. If you do, you will be given supplies to last until your next visit.

If you are not taught to change your dressings at home, keep the dressing on. Do not remove it. Staff will remove the dressing at the next appointment. Keep your dressings clean and dry.

Who to Call with Questions

UW Burn/Wound Clinic
(608) 264-8040

Your health care team may have given you this information as part of your care. If so, please use it and call if you have any questions. If this information was not given to you as part of your care, please check with your doctor. This is not medical advice. This is not to be used for diagnosis or treatment of any medical condition. Because each person's health needs are different, you should talk with your doctor or others on your health care team when using this information. If you have an emergency, please call 911. Copyright © 11/2017 University of Wisconsin Hospitals and Clinics Authority. All rights reserved. Produced by the Department of Nursing. HF#8017