

Loin Pain Hematuria Syndrome (LPHS)

This handout explains what you and your family can expect if you wish to have an eval for LPHS at UW Health. Please note that the response times noted below may vary based on patient volume.

Review

After you have been referred by a provider or self-refer online at <https://www.uwhealth.org/transplant/contact-the-uw-health-loin-pain-hematuria-syndrome-clinic/51839>, you will be contacted within 3 business days with next steps. When we contact you, we may ask you to:

- Call UW Health Patient Registration at 608-261-1600 and ask to have a medical record number (MR#) assigned.
- Set up a MyChart account.

It is **important** to tell the coordinator when the above steps are done. They will then contact you to set up a phone screen. During the phone screen, you will:

- Review the info that was shared on the consult request form.
- Review your past health history.
- Determine if we need you to send us any more medical records.

Once we get any needed medical records, our team will meet to review your case. After the review, the coordinator will follow-up with you to talk about next steps.

Eval

If you would like to have an eval at UW Health, the LPHS Financial Coordinator will start to work with your insurance to get approval. If insurance approves the eval, we can schedule visits.

Once everything is in place, an eval is done to help us make a treatment plan. This usually spans 2 days. A support person must be with you during this time. At the visit, you will:

- Have tests and labs done.
- Meet with the doctor and the LPHS team to discuss treatment options.

Waiting Period

If a renal autotransplant is the best option for you, and you would like to proceed, we can set a date for surgery. Surgery will be scheduled no sooner than 6 weeks out.

The LPHS Financial Coordinator will again work with your insurance to get approval. If insurance approves surgery, the pre and post-op visits will be scheduled.

Surgery

You will have to come to the hospital the day before surgery for some pre-op visits. These may include:

- Lab tests, EKG and chest x-ray.
- History and physical.
- Teaching and instructions.

The day of surgery you will start in the First Day Surgery Center and be moved to a hospital room after surgery. You should plan to stay in the hospital for 5-7 days after surgery.

Follow-Up

A support person must be able to care for you 24/7 from the time you leave the hospital until your first post-op visit.

Your first post-op visit is about 2.5 weeks after surgery. These visits may include:

- Lab tests.
- A visit with urology to take out a short-term stent that is placed during surgery.
- Visits with members of the LPHS team.

You will then have repeat lab work done 2 weeks after the stent is removed, and 3 months, 6 months and 1 year after surgery. You will need to come back to the clinic for at least 2 more post-op visits the first year.