Reference	Bouwsema H, van der Sluis C, Bongers R				
	Center of Human Movement Sciences, University of Groningen, Groningen				
	Learning to Control Opening and Closing a Myoelectric Hand				
	American Congress of Rehabilitation Medicine 2010; 91:1442-6				
Products	Virtual hand – PAULA; Myoelectric simulator; Table-top hand (acts like Sen- sor Hand Speed)				
Major Findings	<ul> <li>→ Prosthetic users differ in learning capacity which determines time needed to learn how to use myoelectric prosthesis.</li> <li>→ Acquired control of a myoelectric hand is irrespective of the type of device used for training (PAULA/ simulator/ table-top hand)</li> <li>→ PAULA software is as effective as tabletop hand and prosthetic simulator.</li> </ul>				





Graph shows peak velocities of opening and closing the hand reached in the posttest (after the training period) for the high capacity learners (HCL) and low capacity learners (LCL) plotted for each of the velocity conditions – slow, comfortable and fast. High-capacity learners could make a good distinction between the 3 different velocity conditions, whereas low-capacity learners could not make this distinction.

Population	Subjects:	34 able-bodied participants		
	Previous:	none		
	Amputation causes:	none		
	Mean age:	21 years		
	Mean time since amputation:	none		

**Study Design** 

## A randomized study:



After entering into the study, the subjects were randomized into three groups based on type of the training they will receive. On the first day a pretest was conducted. Afterwards, the subject's control of the hand was trained on 3 consecutive days either by using virtual hand, tabletop hand or prosthetic simulator. After the last training session on the 3<sup>rd</sup> day, a posttest was administered to determine the level of skill after the training. The pretest and the posttest test were the same and consisted of 2 parts: the participant was asked to first provide a maximum myoelectric signal for at least 2 seconds (this was repeated 5 times) and, second, to open and close the hand to the maximal aperture on 3 different velocities at command. Participants were asked to control hand opening and closing at the slowest speed possible, at a comfortable speed, and at the highest speed possible. All velocities were executed 3 times in a random order. When the hand was not fully opened or closed, the participants were corrected and instructed again.

## Results

Body Function		Activity	Activity			Others		
Mechanics	Pain	Grip patterns / force	Manual dexterity	Activities of daily living (ADL)	Satisfaction and Quality of life (QoL)	Training T a	Technical aspect	
Category		Outcomes	Outcomes Results for tor vs tab		training with P top hand:	AULA vs simula	- Sig.*	
Training		Peak and mean velocity		Both peak velocity and mean velocity showed the same main effects.			0	
		Number of peaks		A large effect of the velocity conditions showed that in the slow condition the most peaks oc-			ed 0	

\* no difference (0), positive trend (+), negative trend (-), significant (++/--), not applicable (n.a.)

## Author's Conclusion

"In conclusion, learned control of a myoelectric hand does not depend on the type of training (with a virtual hand, an isolated hand, or a prosthetic simulator). Prosthetic users may differ in learning capacity, and this should be taken into account when choosing the appropriate type of control for each patient." (Bouwsema et al. 2010)

number of peaks were shown.

curred, whereas in the fast condition the fewest

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