**To <your landlord’s name>**

I’m writing to you about unannounced visits to my home at **<your address>**.

You must give me written notice of **<24 hours / 48 hours>**. You can only visit at reasonable times of day.

You can only enter my home with my permission. You cannot enter my home to remove me or my belongings.

Visiting without notice or entering without my permission breaches my right to peace and comfort in my home. It counts as harassment under the Rent (Scotland) Act 1984.

I will report you to the council and police if this continues.

Please only communicate with me by **<email / text message>** in future.

**<your name>**