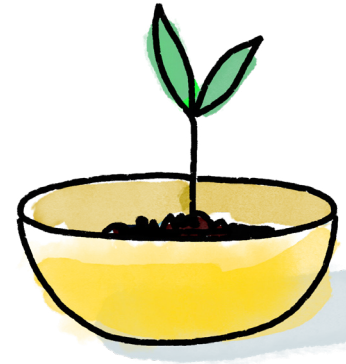


Hunger Challenge

Recommended Lesson Plans

Middle School/Ages 11-13



In addition to the featured curriculum and learning resources you can find [here](#), we also wanted to share some relevant and helpful lesson plans by grade and age range to help enhance your team's learning through the Hunger Challenge. Explore these lessons below that range in duration and topical focus.

Name and Source	Description	Duration, Grade/Age
<p>Teaching the Power of School Meals</p> <p>From the World Food Programme</p>	<p>This lesson plan will address the problem of hunger in many developing nations, and the power of school meals to help kids achieve their potential. Students will follow Molly, a young girl living in poverty in Nairobi, Kenya, and learn about her life and connection to hunger and food resources.</p>	<ul style="list-style-type: none"> • 45 minutes • Grades 7-10 • Ages 12-15
<p>The Human Face of Food</p> <p>From World's Largest Lesson in partnership with UNICEF</p>	<p>In this lesson students will understand the framework of the U.N.'s Global Goals for Sustainable Development, while thinking about the agricultural, rural, and fishing industries that produce food across the world. This lesson will inspire students to not only consider the environmental impacts of these industries, but also the social impacts for those that work within them.</p>	<ul style="list-style-type: none"> • 45-60 minutes • Grades 4-8 • Ages 9-14
<p>Every Plate Tells a Story</p> <p>From World's Largest Lesson in partnership with UNICEF</p>	<p>During the lesson, students will engage in a process of inquiry through dialogue, collaboration, and research and will establish concrete understanding of the sustainability of the food they eat. Multiple sources of evidence and formative assessments can be used throughout the lesson to document learning, guide conversation, and inform further learning.</p>	<ul style="list-style-type: none"> • 60 minutes • Grades 4-8 • Ages 9-14
<p>Challenging Hunger in the United States</p> <p>From Teaching Tolerance</p>	<p>This lesson will help students recognize that hunger exists in the U.S. and explain why, to identify which groups are most affected by hunger and explain why, and to identify ways to address the problem of hunger. Learners are asked to read, make, and analyze graphs that show that hunger is a growing problem in the United States.</p>	<ul style="list-style-type: none"> • 55+ minutes • Grades 6-12 • Ages 11-18

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Name and Source	Description	Duration, Grade/Age
<p>The Hunger Gap From <i>Foodspan</i> at the Johns Hopkins Center for a Livable Future</p>	<p>In this lesson, students will consider how to define and measure hunger and food insecurity, examine community food availability maps, and explore interventions designed to improve food security. Associated handouts and slides can be found here.</p>	<ul style="list-style-type: none">• 55 minutes• Grades 6-12• Ages 11-18
<p>The Paradox of Undernourishment From National Geographic</p>	<p>In this lesson, students will learn about the difference between hunger and undernourishment, and why over 1 billion people in the world go hungry, despite the amount of food available being enough to support a population upwards of 9 billion.</p>	<ul style="list-style-type: none">• 15-30 minutes• Grades 6-12• Ages 11-18
<p>How the Food You Eat Affects Your Brain From TED-Ed</p>	<p>This video lesson will teach students about the difference between hunger and undernourishment, and why over 1 billion people in the world go hungry, despite the amount of food available being enough to support a population upwards of 9 billion.</p>	<ul style="list-style-type: none">• 15-30 minutes• Grades 6-12• Ages 11-18