

FREQUENTLY ASKED QUESTIONS:

Q. What is M*L*T?

M*L*T is a revolutionary product whose
 key ingredients promote increased energy, mental clarity, appetite control and physical performance.

Q. What are the benefits?

A M*L*T's key ingredients may improve athletic performance, reduce appetite, and increase ketones. Regardless of diet, an increase in ketones has been shown to promote cognition, reduce appetite and protect muscles.

Q. How is M*L*T different than KG4?

A KG4 focused on a single biological function targeted to reach the state of ketosis easier. M*L*T is a multipath way approach that helps your body achieve a state where your body is capable of burning fat, achieving better physical performance, as well as better diet control.

Q. How do I take this product?

A Dissolve one scoop in 10-12 ounces of water and mix well.

Q. Can I use M*L*T with Somaderm or other New U Life products?

A Absolutely! All of our products are designed to be able to be used together.

Q. Can this product help with weight loss?

Active ingredients provide metabolism support and regulate feelings of hunger, which also provide satiety resulting in reduced cravings.

Q. What is the best time to take this supplement?

A We recommend that you take this first thing in the morning with a meal to obtain the best results.

Q. Is M*L*T similar to a pre-workout?

A. In short, no. Although this unique formula is designed to support physical performance during your workouts, it does not contain high amounts of caffeine which are typical of most pre-workouts.

What is in M*L*T that will help me get to the next level or an extra push in my exercise and whole-body health?

This specialized formula is designed to get the most out of your movement. The MitoBurn® provides the body's signal for high intensity exercise so that you can get more out of every rep and every step. M*L*T also contains an important amino acid for your metabolism. This key ingredient supports fat burn and enhanced recovery while preventing muscle fatigue and degradation.

Q. How often can I use this product?

Use this product for five days on and two days off.



I am currently on the Keto diet and wonder if this is safe to use while I exercise?

A Key ingredients in this formula have been shown in research to improve carb tolerance and ketone utilization, promoting cognition, reduced appetite, and muscle protection.

Q. Will it make me tired after it wears off?

A This product will not make you tired after the ingredients are metabolized in your body. Tired feelings usually result from caffeine wearing off.

Q. Does it cause you to get jitters or jittery?

A This product does not contain high amounts of stimulants such as caffeine that can cause jitteriness, anxiety, and difficulty sleeping.

Q. is used in M*L*T?

Our M*L*T flavor Raspberry Lemonade uses Stevia and Monk fruit.

Why is it important to add supplements to your workout and healthy whole-body plans?

As your body ages, the biological functions tend to need additional support. In addition to a healthy diet and exercise, using M*L*T as part of your plan can help your body function at a more youthful level, helping you reach your goals.

Q. Does this help with hydration, or will it make you thirsty?

This product is formulated with an abundance of 5 electrolytes that support hydration, sodium, magnesium, calcium, potassium, phosphorus, and B-Complex vitamins.

Q. Does this product come in more than one flavor?

A M*L*T comes in 2 delicious flavors:
Raspberry Lemonade and Tropical Punch.

Q. What is the price for the M*L*T?

