

# Need a little help?



As well as all the personal and medication support you would expect from an award-winning home care provider, your friendly Belong at Home team are on hand to assist with the seemingly little things in life, which can make a big difference:

- Daily living tasks, including personal care and meals
- Medication
- Bathing and showering
- Welfare visits



Or, if you need some support but it's not listed, let us know as we can probably help.



Contact **Belong Chester** on **01244 445 500** or email **homecare@belong.org.uk** and we'll be happy to discuss your needs further.



  
**BELONG**  
AT HOME

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