

Tuesday 19th March 2024 2pm – 4pm The Venue at Belong Crewe

Join us for a falls prevention session with Lead Exercise Specialist, Zoë

There will also be an opportunity for you to meet new people, talk with Belong's Admiral Nurse, Caroline Clifton, and members of the care team, and find out more about the specialist support available for people living with dementia



FREE entry and refreshments
Call **01270 561200** to book





