

## **Meet Angela Woods**



Angela has a passion for building and supporting the community she grew up in. This has been a driving force throughout her career and volunteer activities. When given the opportunity to join the Humane Society board, she jumped at the chance. Angela also works as a Human Resources professional with Perimeter Institute in Waterloo.

Angela served as a member of the local Communauto board (formerly Community CarShare) for several years. She volunteered with youth groups through Waterloo Regional Police Services' Cops & Youth program for numerous years. In 2015, Angela and two of her peers established and continue to run the Girls Can Group. The running group helps to develop young girl's self-esteem through goal setting initiatives.

Animals have always been a big part of Angela's life – her and her family have adopted several cats and a dog over the years. She has a passion for helping and caring for animals of all kinds.

## Quote:

"I am always looking for an excuse to get outside into nature to spot animals in their natural habitat. Since I was young, it has been a dream of mine to run a small hobby farm with several farm animals. Animals are such an important part of our community; they bring joy to our lives and deserve the utmost respect. It is my pleasure to be a part of The Humane Society board."