



CATHEDRAL *of the* INCARNATION

LENT/EASTER 2018



A House of Prayer for Long Island Since 1885



Dear Friends,

Throughout this year with *The Saint John's Bible*, we are enjoying the extraordinary gift of encountering art and illumination in scripture day by day. The bible itself is invigorating our religious experience. Each visit to the cathedral offers an encounter with the living Word of God. We hear God speaking, we see God at work, we feel God embracing us, we taste God's sweetness and we smell the odor of sanctity in this holy place. As a house of prayer for Long Island, the cathedral resonates with the glory of the natural world and the beauty of human diversity. We see these resonances reflected in the gospels themselves.

As we begin a Holy Lent together, I encourage you to visit the cathedral often. Stop, listen and pray within the hallowed precincts of the cathedral close, surrounded by others sharing this spiritual journey. In addition to the many liturgies, classes and musical offerings at the cathedral during this season, you are invited to join the clergy and staff of the cathedral on a one-mile walk around the cathedral each week day following the 12:15pm Mass. This will be a time of physical reflection as we share the road to resurrection.

On Easter Day, *The Saint John's Bible* will be open to a striking illumination at the end of John's Gospel. *The Resurrection* depicts Mary Magdalene encountering the Risen Christ. The colorful fabric of her dress and the word "Master" in Hebrew speak of the intensity of Mary's experience. We see the Risen Christ only from the back, further reinforcing the profound experience Mary Magdalene had in being the first to recognize Christ. The background is suggestive of the empty tomb with others wondering what has happened. Three small crosses in the distance serve as a memory of the crucifixion. This rich image tells the story of a life in God that we all share. As we move together from darkness into God's glorious light, come share in the worship, connection, growth, service and stewardship happening at our beloved cathedral.

May the road rise to meet you,

The Very Rev. Michael Sniffen,
13th Dean of the Cathedral



Cathedral of the Incarnation
36 Cathedral Avenue
Garden City, NY 11530

(516) 746-2955
Cathedral@incarnationgc.org
incarnationgc.org

Worship Schedule

SUNDAY SERVICE SCHEDULE

8:00AM Traditional Mass

The 8:00 service is a Said Mass, using traditional language.

9:30AM Family Mass

The 9:30 service is our Family Mass with strong congregational singing using a variety of resources, a brief homily, and choral music. Appropriate for all ages, this service is about 45 minutes in length, and is followed by coffee hour and Christian Education at the Mercer School.

11:15AM Choral Mass

The 11:15 Choral Mass is a full cathedral service featuring choral music. The preaching relates the scriptures of the day to our daily lives, and the music is carefully chosen to relate to the themes of the season.

4:00PM Choral Evensong

(usually the first Sunday of the month; check incarnationgc.org/music for dates)

Choral Evensong has been in use in the Anglican Church for centuries. The service consists of prayers, scripture, hymns and texts sung by the choir.

CHRIST CHURCH

Located at 33 Jefferson Street in Garden City, Christ Church is served by the clergy of the cathedral

10AM Eucharist Rite II

5PM Taize Service

(Second Sunday of the Month)

WEEKDAY SERVICE SCHEDULE

8:45AM Morning Prayer

Every weekday morning we gather for 15 minutes in the cathedral's Lady Chapel to recite the Daily Office from the Book of Common Prayer.

12:15PM Daily Mass

Weekday afternoons we celebrate Mass in a 30 minute service that includes a brief homily. We often have visiting clergy from across the Diocese lead the service.



Photo by Merrick Williams

“As we move together from darkness into God’s glorious light, come share in the worship, connection, growth, service and stewardship happening at our beloved cathedral.”

– The Very Rev. Michael T. Sniffen,
Dean of the cathedral

A Year with The Saint John's Bible

In collaboration with George Mercer, Jr. School of Theology

WWW.INCARNATIONGC.ORG/SAINTJOHNSBIBLE

From November through May, the cathedral will be home to a rare Heritage Edition of *The Saint John's Bible*, an illuminated handwritten version of the sacred text. The volume will be used in our worship services and educational programming throughout the year.

The breadth and scope of *The Saint John's Bible* has been compared to that of The Sistine Chapel. It is the first illuminated, handwritten Bible commissioned since the medieval period, and an international team of calligraphers and artists spent fifteen years creating it. Though the team used medieval techniques, the illustrations incorporate modern elements such as DNA strands, images from the Hubble telescope, and satellite photos of the Ganges River.

The cathedral will display the Heritage Edition of the Gospels & Acts volume. Only 299 Heritage Editions were made. They are full scale, illuminated replicas of the original, and no two copies are exactly alike.

EVENTS:

Lenten Series: The Light of Christ in *The Saint John's Bible*

Wednesdays, February 28th through March 21st, 2018, 7pm to 8:30pm

Following a light meal in the refectory, the Very Rev. Michael Sniffen will lead an in depth look at the images of Christ's journey to the cross in *The Saint John's Bible*.

Creation and *The Saint John's Bible*: An Earth Day Celebration

Sunday, April 22nd

Join us at the 9:30am Family Mass for a special talk from Brian Sellers-Peterson, author of *Harvesting Abundance: Local Initiatives of Food and Faith*. At 4pm, the Cathedral Choirs will present a special Earth Day Evensong featuring images of creation from *The Saint John's Bible*. We will also offer arboreal tours of the cathedral and grounds throughout the afternoon.



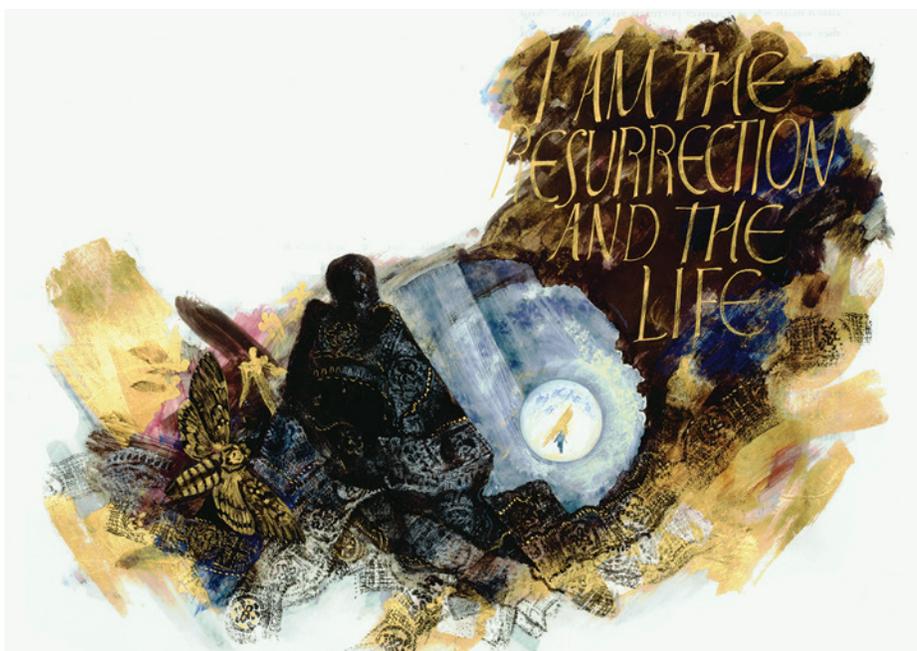
Science and Faith in Harmony: *Creation, Science, and The Saint John's Bible*

Thursday, May 3rd at 7pm

Register for a free ticket at www.ScienceAndFaith.Eventbrite.com

In this talk, research astrophysicist Dr. Anton M. Koekemoer highlights some of the exciting astronomical discoveries about our universe, including distant galaxies, black holes, giant clouds of star formation and other discoveries revealed by the Hubble Space Telescope and other observatories. He also presents the Hubble images that were used in the beautiful illustrations in *The Saint John's Bible*. He will share some personal reflections, from his own perspective as a Christian, on how our scientific understanding of this wonderful universe can be reconciled in harmony with religion to enrich our spiritual lives and our relationship with God.

To the Ends of the Earth, Donald Jackson with contributions from Andrew Jamieson and Sally Mae Joseph, Copyright 2002, *The Saint John's Bible*, Saint John's University, Collegeville, Minnesota USA. Used by permission. All rights reserved.



Raising of Lazarus, Donald Jackson, Copyright 2002, *The Saint John's Bible*, Saint John's University, Collegeville, Minnesota USA. Used by permission. All rights reserved.

Special Liturgies: Lent & Holy Week



Ash Wednesday

Wednesday, February 14th
Mass and Imposition of Ashes:
7am, 12:15pm, 4pm, and 7:30pm

Choral Evensong for Lent

Sunday, March 4th at 4pm
 This Evensong for the Third Sunday in Lent includes the *Second Service* by William Byrd, and the *Preces & Responses* by William Ayleward.

Passion Sunday (Palm Sunday)

Sunday, March 25th
Mass at 8am, 9:30am and 11:15am
Agape Meal with Church School: 10:30am

Daily Mass

Monday, March 26th at 12:15pm

Chrism Mass

Tuesday, March 27th at 11am
 Clergy across the Diocese of Long Island will renew their ordination vows. All are welcome to attend.

Daily Mass

Wednesday, March 28th at 12:15pm

The Office of Tenebrae

Wednesday, March 28th at 7:30pm
 The Cathedral Choirs perform the service of Tenebrae, a favorite of the cathedral community. In this solemn and beautiful liturgy, psalms are chanted and sung along with the lamentations of Jeremiah. Candles and other lights in the cathedral are gradually extinguished until a single candle, a symbol of our Lord, remains. The congregation exits in darkness and silence. Music for this service will be sung by the upper voices of the choir, including works by Pergolesi, Sumsion, Martin and Archer.

Maundy Thursday

Thursday, March 29th at 7:30pm
 The evening Mass commemorates the Institution of the Holy Eucharist, and includes the Washing of Feet, recreating the action of the Lord the night before his crucifixion. Choral music will include works of Duruflé, DeLasso and Near.

Good Friday

Friday, March 30th
12:15pm Solemn Liturgy of Good Friday
4pm Children's Stations of the Cross
7:30pm Stations of the Cross

Easter Vigil

Saturday, March 31st at 7:30pm

Easter Sunday

Sunday, April 1st
Mass at 8am, 9:30am and 11:15am
Easter Egg Hunt at 10:30am



Music in the Cathedral



Canon Larry Tremsky

Director of Music

The music of Lent, Holy Week, and Easter is especially diverse and rich, and includes both old favorites and works new to us. The hymnody and choral music are carefully selected to relate to and enrich the readings of each particular service. The triumphant songs of Palm Sunday celebrate Christ's entry into Jerusalem, while the solemn and mournful music of Tenebrae reflect the gradual darkening of the cathedral as we approach Good Friday. We begin our Easter vigil in that darkness, until the proclamation of "Alleluia! Christ is Risen!" when the celebration of Easter begins.

The Cathedral Choirs will be working hard in preparation for this week long journey from the cross to resurrection, full of music both solemn and joyful.

Choral Evensong for Lent

Sunday, March 4th at 4:00 pm

This evensong for the Third Sunday in Lent includes the *Second Service* by William Byrd, and the *Preces & Responses* by William Ayleward.

Organ recital: Virginus Barkauskas

Sunday, March 11th at 4:00pm

Our next organ recital in the Music in the Cathedral series will be played by Virginus Barkauskas. Barkauskas is a concert organist and serves as the Director of Music at St. Elizabeth of Hungary Roman Catholic Church in Melville. Born in Lithuania, Barkauskas completed a Master of Arts in Music and Liturgy with an emphasis on organ at St. Joseph's College in Rensselaer, Indiana. He also studied organ and piano performance at the Lithuanian National Academy of Music in Vilnius. He has performed widely through the U.S. and Europe, and his concert here three years ago was well-received by the many who attended. By chance, the concert date is also the 28th anniversary of Lithuanian independence from the former Soviet Union.

In Remembrance – concert by eVoco

Sunday, March 18th at 4:00pm

The eVoco Voice Collective is an award winning collection of singers of the highest musical, technical, and expressive abilities whose shared mission is to invite listeners into the extraordinary experience of singing, together. As passionate advocates for excellence in the choral and vocal art, they present evocative concerts and recitals of the highest caliber, summoning the power of the empathetic imagination to remind us of our shared human experiences.

This program is titled *In Remembrance* and will feature the *Requiem* of Herbert Howells, as well as *Swing Low, Sweet Chariot* by Tarik O'Regan, *Canticum Calamitatis Maritimae* (Mantyjarvi), *Good Night, Dear Heart* by Dan Forrest, *Song for Athene* by John Tavener, and a setting of the Spiritual *Soon ah-will be done* (arr. Dawson).

Suggested donation: \$25 general seating, \$15 seniors, students & children admitted free. Advance tickets at a discounted rate are available at eVoco's website, <http://www.evoco.vc/concerts/>



Open Doors



The Rev. Canon Bruce D. Griffith, Th.D.

Honorary Canon-in-Residence

At present I am finishing four weeks of Conversations in Scripture based on stories of the appearances of Jesus through which those who experienced him come to perceive of his “godness”. These appearance stories also help us understand the art of *The Saint John’s Bible* as another interpretation of the manifestation texts.

During Lent I am giving some thought and study to the subject of collegiality in ministry, and especially amongst ordained persons. Our Cathedral offers the rare experience of a staff of clergy whose years in ordination range from one to fifty, and who bring a wide range of experience to our ministry together. Within this may lie clues to new ways of organizing the larger church which better employ our clergy and others in the full range of ministerial tasks while offering internal support and collegial reflection.

Meanwhile I am grateful for being a continuing part of the life and work of our Cathedral. I find that the kind of devotional and worshiping life we have is well suited to the needs I have as I glide into my seniority.

Stay connected by signing up for our weekly e-newsletter at www.incarnationgc.org/connect/e-news/



Yoga in the Cathedral

Every Friday from 7pm to 7:45pm

A gentle yoga class by candlelight is offered to all every Friday at 7pm, by suggested donation only. Bring your own mat and unwind from your week in this sacred space.

New and Improved Coffee Hour!

Sundays after the 9:30 Mass

Coffee hour has always been a great way to get to know people after Sunday Mass. It has not, however, been a great place to get good coffee! In an effort to make our time together even more enjoyable, we are now serving Irving Farm coffee ground fresh every Sunday! We are investing in better (and healthier) snacks, too. Join us and say hello to someone new!

Prayer Shawl Ministry

*Second Sunday of the month at 10:30am
in Mercer School*

February 11th, March 11th, April 8th

Members of the Shawl Ministry knit and crochet shawls, lap robes and baby blankets for people whom we are told need our prayers. It may be a happy reason or a sad one, but we pray as we knit so the recipient is wrapped in the shawl or blanket and in our prayers.

Beginners and experienced knitters as well as those who crochet are welcome. Free instruction is available for anyone who would like to learn to knit or crochet. Requests for shawls are always welcome!

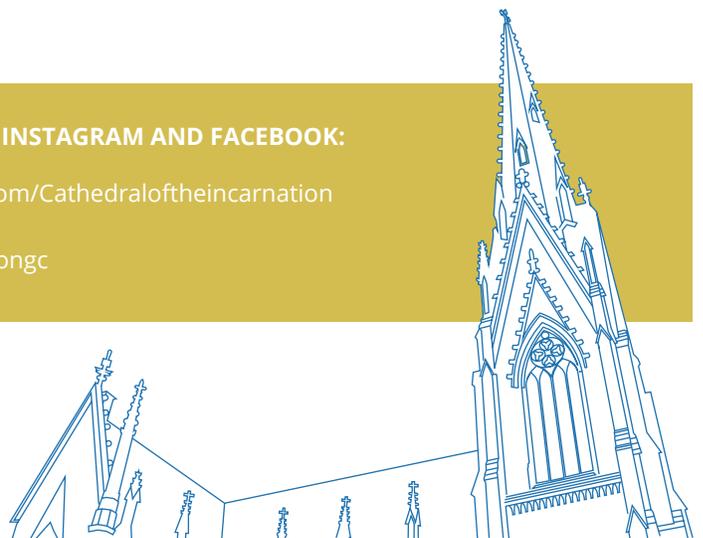
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Family Ministry

Church School Sundays at 10:30AM at the Mercer School of Theology

Youth Group meets twice a month on Sundays at 4:00PM



Agape Meal

Sunday, March 25th at 10:30am

Join us in the Mercer School as we blend the celebration of Passion Sunday (Palm Sunday) and the feast of the Last Supper for a closer, hands on look at our Eucharistic traditions.

Youth Group Lock-in

Friday, March 23rd at 7pm

Overnight event for students in grades 7-10. Explore the cathedral, engage your faith! Registration required.

Children's Stations of the Cross

Friday, March 30th at 4pm

Walk with us as we walk with Jesus. This service welcomes all to engage with the powerful moments of Holy Week and Good Friday. Interactive stations encourage us to contemplate the full range of human emotion and invite us to look for the love of Christ in each other.

Easter Egg Hunt

Sunday, April 1st at 10:30am

Don't miss the largest Easter Egg Hunt on Long Island! Featuring over four thousand eggs hidden across the grounds, plus a special visit from the Easter Bunny.

Mindfulness-Based Childbirth and Parenting Program

Tuesdays, February 27th through April 24th, 6:30-9:30 PM

Location: Christ Church Episcopal, 33 Jefferson Street, Garden City, NY 11530

The season of waiting for expectant parents can be one of great joy as well as uncertainty and even fear. Our faith community seeks to come alongside expectant mothers and fathers in this journey to parenthood by offering access to unique programs and learning opportunities that help foster healthy and thriving families.

The Cathedral of the Incarnation, in partnership with St. John's Episcopal Church in Park Slope, Brooklyn, is proud to host the Mindfulness-Based Childbirth and Parenting program (MBCP), a nine-week practical course that offers valuable tools for the transformational process of birth and prepares expectant parents for the joys and challenges of raising a child.

The MBCP is different than other childbirth and parenting preparation courses. In addition to learning about childbirth and the needs of infants, the MBCP offers a framework for applying evidence-based mindfulness techniques to daily life. Topics covered include mind-body pain coping practices, positions for labor, the physiology of childbirth, breastfeeding from a mind-body perspective, and postpartum adjustment.

To register, visit www.incarnationgc.org/maternalhealthproject



The Rev. Morgan Mercer Ladd *Minor Canon for Family Ministry*

We are observing a Holy Lent here in Family Ministries by embracing new learning and worship opportunities that encourage us to pause and reflect on our lives. We are proud to launch the pilot program for the Maternal Health Ministry project, which includes offering a Mindfulness-Based Childbirth and Parenting course this Spring. Our relationship with God affects everything we do, and the ability to cultivate awareness in our daily life lies at the foundation of our Christian spiritual disciplines. Connecting our awareness with powerful practices like contemplative prayer opens up new avenues for God's wisdom to inform our approach to parenting and relationships. We are also allowing the Lenten changes we will experience together in our 9:30 AM Family Mass to prepare us for the Easter feast. We invite you to join us for the Children's Stations of the Cross on Good Friday, where Kristin Ochtera will lead us through Christ's Passion in ways that engage our hearts, bodies, and spirits. And of course, we are looking forward to the Annual Easter Egg Hunt where we experience the joy of Christ's resurrection through fun and fellowship.



For questions about Church School & Youth Group, contact our Director of Christian Formation, Kristin Ochtera, at kochtera@incarnationgc.org

Adult Education



The Rev. Michael F. Delaney
Canon Pastor

Many years ago, I made a nine-day silent directed retreat. I'm sure my spiritual director was a bit amused at my non-stop talking during our first couple of sessions. I suppose she was used to folks trying to adjust from their very active lives into this sacred place of prayer, meditation and silence. One day she pointed to the empty shelves on her wall and said, "Ok, I want you to name all the things that are distracting you and one by one, place them on those shelves." Slowly but surely, I began to rattle off my laundry list of concerns, worries, anxieties and frustrations. It was an amazing feeling and quite freeing.

I think the season of Lent can be like that; an appointed time to free ourselves from distractions and enter into a sacred time of prayer, meditation and even of silence. Here at the cathedral there are so many opportunities to help you enter into this holy season. I am so looking forward to joining you on this Lenten journey.



Genealogy of Jesus, Donald Jackson, Copyright 2002,
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Lenten Series: The Light of Christ in *The Saint John's Bible*

Wednesdays at 7pm, February 28th through March 21st

The Saint John's Bible features beautiful images of the divine. Explore the visual theology of the illuminations depicting Christ's journey to the Cross. A unique opportunity for reflection during the season of Lent.

A light meal will be shared in the refectory beginning at 7pm. Please e-mail the cathedral office at cathedral@incarnationgc.org to RSVP.

Catechumenate (Episcopal 101)

Sundays at 12:30pm, February 25th through March 25th

A catechumen is a person receiving instruction in preparation for becoming a member of the church. In this class, you will learn the basics of Christian doctrine, practice, and living a Christian life. Father Delaney will lead the group in instruction, prayer, and conversation. This class is appropriate both for adults preparing to be received or confirmed in the Episcopal Church at the Easter Vigil, as well as those who would simply like a refresher course. A light lunch will be provided.



Serving Our Neighbors



The Mary Brennan INN Soup Kitchen
Second Wednesday of the month,
8:30am to 2pm

Join your cathedral community in serving our neighbors in need. We have committed to a monthly time slot on the second Wednesday of the month. Space is limited, so you must sign up in advance to receive instructions. Contact Kris at kris@incarnationgc.org to get more information and to sign up.

INN-CARNATION EVENTS TO SERVE THE HUNGRY AND HOMELESS OF LONG ISLAND

The Cathedral is building on its partnership with The Interfaith Nutrition Network with special fundraising events throughout the year. A November All Saints Brunch sponsored by Walk Street and a cocktail reception in January sponsored by Culinary Heights, Taku Asian Bistro and Go Greek raised a combined \$15,000 for The INN.

Our next event will be a spring brunch sponsored by Walk Street and hosted in the beautiful outdoor courtyard at the Mercer School on **Sunday June 10th**. Our last two events sold out, so don't wait to get your tickets! Visit www.INNcarnationJuneBrunch.Eventbrite.com to reserve your spot or to make a donation. 100% of the money raised will go directly to The INN, serving the hungry and homeless of Long Island.



The Rev. Canon Andrew Durbidge
*Canon Steward
and Associate Priest*

One of the priorities for the cathedral this year is developing our relationships with our stewardship partners – The Mary Brennan INN, Ali Forney Center and Cheyenne River Episcopal Ministries. You may have been a part of the two fundraising events for The INN which have deepened our commitment to their vital ministry to the disadvantaged of our area. We will next focus on developing our relationship with Cheyenne River Episcopal Ministries, who some of us have been supporting financially and prayerfully for over a year now. We will visit with them and work out together how we can grow to know each other better. These are exciting partnerships and a great way for the cathedral community to reach out to our neighbors beyond our walls.



The Rev. Deacon Denise Galloway
Deacon of the Cathedral

Last year, we joined with Long Island Churches and Neighbors (LI-CAN) in making a commitment to address the opioid epidemic. Our Listening Campaigns broke the silence and stigma that so often surrounds substance abuse. This served as a rare opportunity for people to share their stories and make a personal commitment to get involved with LI-CAN in this struggle to end opioid addiction. This year, we are committed to continuing this important work with LI-CAN. Their 2018 priorities include increased education in harm reduction, as well as working with hospitals and health professionals to reduce accessibility to opioids. The full list of priorities can be found at the back of the cathedral.

We are also continuing to spread the Love of Christ with our neighbors through service at The INN. I invite you to sign up for one of our service days there.



Stewards of the Cathedral*

Karen Aguilera	Keith & Kelley Hochheiser	Alice Schuler
Darrin & Christine Alden	Harry & Marie Irwin	Kris & Elizabeth Schumacher
Robert & Gena Aldrich	Charles & Kathleen Janoff	Andrew & Christine Scott
Anonymous	Elizabeth Janoff	Kevin L. Sealy
Jesse & Paula Atchison	John & Joan Kaline	Harry Seiler
Dr. Phyllis Bain	James & Patricia King	Benjamin & Connie Semmes
Maeve Barclay	Alfred Kohart, Jr.	Sarah & Robert Siegel
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Thomas & Louise Beer	Stanford & Sandra Ladner	Farrington & Anetta Smith
John & Muriel Benisch	Richard & Charlotte Lasko	William Smith & Joan Stagg Smith
Christopher Bodkin	Veronica Levine	The Very Reverend Michael Sniffen
Jacqueline Borstel	Thomas & Vivienne Lewis	Joyce Squires
Douglas & Wendy Bouchard	Emile & Shan Ming Lum	Richard & Liz Stelle
John Brooks	Susan MacDonald	George Stephanos and Roshni Samuel Stephanos
Marylou Brown	Eamon & Amy McHugh	Karyn Stevenson
Donna Covello	Eileen McKenzie	Margaret Taggart
The Reverend Michael F. Delaney	Devin McKay	Steve & Jane Tamke
The Reverend Andrew Durbidge	Kathaleen Mercer	Jennifer Theriot
Francis Elmi	Tracey Miller & Family	Magnus & Susan Thorstenn
Robert Fardella	Thomas & Dianne Moody	Audrey Tiernan
Marc & Danielle Fitton	Maileen S. Murray	George & Pam Tietjen
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Ross Fraser	Keith Okrosy	Michael & Karen Tockman
David Frisone	Carol O'Rourke	Patrick & Josephine Treanor
The Reverend Denise Althea Galloway	Edward & Donna Ostuni	Arthur Van Nostrand
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Andrew & Jeanine Gillette	Heather & Joe Price	Anthony & Renee Vitullo
Margaret E. Goldsmith	The Right Reverend Lawrence C. Provenzano and	Barbara Wade and Kimberly & Bernard Barcia
Ismael Gonzalez & Jeanine Prysock-Gonzalez	Jeanne Provenzano	Willa Ward
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The Ven. John A. Greco	Mathew & Jaisy Rajan	Michael & Wendy White
The Reverend Bruce D. Griffith	Martha & Steve Ripp	Ellen Williams
Patrick & Barbara Guy	John & Beth Rogers	Janice Williams
Robert Hammond	Lisa Rosa	Merrick Williams
Phyllis Hampton	Jaclyn Ryan	Romila & Desmond Williams
Tamara Harris	Kyle Sabo & Miriam Walls	Leonard Wills
Martin & Jeanette Hartmann	Wendy Sandoval	Joan Xavier
Maurice & Gloria Hay	Matthew Sanfilippo	
Valerie B. Hecken	Joan Schneider	
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**Names as of 1/30/18*

**To become a Steward of the Cathedral,
visit www.incarnationgc.org/donate
or contact the cathedral office**



CATHEDRAL of the INCARNATION
36 Cathedral Avenue
Garden City, NY 11530



Easter *at the* Cathedral

Easter Vigil

Saturday, March 31st at 7:30pm

Easter Sunday

Sunday, April 1st

Mass at 8am, 9:30am and 11:15am

Easter Egg Hunt at 10:30am

