## Adult Education Spring 2020 · COURSE CATALOGUE

LifeGroups, Marriage Enrichment, Men & Women's Ministry, Leadership & Staff Training



RB Community Church 17010 Pomerado Rd | San Diego, CA 92128 858.487.0811 | rbcommunity.org



## Introduction/

The Fall 2019 Semester was filled with some wonderful opportunities. We enjoyed the excellent teaching of Dr. Bill Creasy as our visiting professor for the semester. We are presently developing plans for another visiting professor coming for the Fall 2020 Semester. As the plans come into focus, I will share with you the details at a later date.

The interest and participation with the Bible in 90 Days far surpassed anything we could have imagined. What a joy it is to hear the many testimonies, discussions and questions generated by this bible reading program. As a follow-up on those questions and discussions, I will be teaching a class on Monday nights which will cover the time between the Old and New Testaments. I invite you to join me in learning about the 400 years, that some have called "silent," but have so much to say about how things changed with Israel when the New Testament opens up.

I have also asked Pastor Mofid to join me in a new class we call, Scriptural Questions for the Pastors. Here's your opportunity to ask the questions you have always wondered about when reading through your Bible. Start writing them down now. You can even send them to me ahead of time. This should be a fun class with lots of discussion!

As the new year begins, it's tradition to make your New Years Resolution. The number one resolution is to lose weight. Well, Pastor Bryan wants to help you keep your resolution. He will be teaching the class, Gain Energy, Get Healthy, on Wednesday nights immediately following our Wednesday night dinners. Talking about food, Cooking Teacher, Kimberley Scholte, returns with her much acclaimed class on Cooking a Passover Lamb. You can look forward to this one-day class immediately following our Maundy Thursday Service which includes a delicious lunch.

These are only a few of the offerings available to you this semester. Read through this Course Catalogue and sign up for a class on Angel's, or a Beth Moore Study on the Psalms, and even a study of Revelation.



Don't forget to sign the class roll sheet so that you can get credits with the College of the Bible.

The College of Marriage had a wonderful start and completes its final round of classes this semester. Since each class can stand on its own, if you haven't attended a class before, you still can this semester. It will be back, with a full round of classes again, in the Fall 2020 semester.

As always, I want to encourage you to be a part of our LifeGroup program. These groups are a fantastic way to get to know others, grow in your faith and go deeper in your walk with the Lord. If you feel God calling you to start a LifeGroup, give Kathy Wesley a call and she will get you everything you need to start a new group.

I serve you, as your Pastor of Discipleship, with gratitude for your support, and participation in our discipleship ministries. I pray a prayer of thanksgiving mentioning you in my prayers.

You can register on-line at: https://bit.ly/cotbible

In Gratitude,

*Rev. John M. Scholte* Pastor of Adult Christian Education and Discipleship



## **Sund**ays

## **Biblical Studies (CMBS)**

### **CMBS 100 The Book of Genesis**



Sundays, January 12 - May 17 10:00 - 11:30 am | Fellowship Center Instructor: Rev. Dr. Bob Lauer

Text: Bible Course Description:

We will study Genesis 24 – 50, which is a series of stories that have rich spiritual meaning and guidance for Christians today. Chapter 24 deals with the last acts of Abraham. Following that, we look at stories about Isaac, Jacob, and Joseph. The emphasis of this class is on mining these stories for spiritual insights that we can use in our quest for a closer walk with God. The struggles and triumphs of the patriarchs offer us realistic and practical guidance for the quest.



## Mondays

### **Biblical Studies (CMBS)**

### CMBS 200 The Silent Years: A Study of the Time Between the Old and New Testaments

Spring 2020



Mondays, January 13 - March 30 6:00 - 7:30 pm | Lower Fireside Instructor: Rev. John M. Scholte

Text: Bible and Apocrypha Course Description:

When you open the New Testament, you may notice that much has changed from the close of the Old Testament. With the appearance of John the Baptist, Israel is in a much different state then when the Old Testament prophets spoke. How did the Roman Government come to dominate Israel? Where did the Sadducees and the Pharisees come from? How did King Herod come to power? What is the Messianic Hope? Come learn the answers to these questions, and so much more, in this Intertestamental study of the 400 years between the Testaments.



## Tuesdays

### **Biblical Studies (CMBS)**

### CMBS 100 The Gospel of Luke (Serendipity Women's Bible Study)



Tuesdays, January 14 - May 5 9:30 - 11:00 am | Upper Fireside and Dormer Instructor: Linda Allen

Text: Study Guide (\$8.00 Fee)\*

Course Description:

Join us on Tuesday mornings for a study of the gospel of Luke - the story of God's good news to the world. New hope and new joy in discovering how to be a part of God's Kingdom and Eternity beginning in this world. We meet together, then divide into groups to discuss the lesson in a study guide. Visit and see if this group is for you - all backgrounds are welcome.



Linda Allen

lindainpoway@yahoo.com



# CMBS 100 Angels: The Remarkable Truth about the Agents of Heaven



#### Tuesdays, January 14 - April 21 10:00 - 11:30 am | Pineview

Instructor: Ken Sheets

Text: Bible Course Description:

People have long been fascinated by stories of Angel sightings, along with many beliefs and myths rather than solid biblical truth. In this class we will unveil the remarkable truth about these agents of Heaven and their role in our world and in our lives. What are Angels? What is their role in God's plan? What do they they represent? Do they appear? Do they give us personal insight about our work and worship? In this broad and thorough survey of Scripture the class will clearly and simply separate fact from fiction as it relates to Angels. Ken's down-to-earth style of teaching guides students around the hype about Angels and directly into the substance of things unseen.



Ken Sheets 805-345-0641

### **CMBS 100 Scriptural Questions for the Pastors**



Tuesdays, January 14 - March 31 6:00 - 7:30 pm | Sanctuary Instructor: Pastoral Team

Text: Bible

#### Course Description:

Have a question about something you read in the Bible? Come to this weekly opportunity to ask your question of one of the pastoral staff. You are also welcome to send a question in before the class and it will be discussed during class.



Rev. John M. Scholte

john@rbcpc.org

## **Christian Leadership (CMCL)**

### CMCL 200 Lead Like Jesus



#### **Tuesdays, January 14 - February 18** 6:30 - 8:00 pm | High School Room Instructor: Karin and Craig Spitz

Text: Leadership Workbook (\$45.00 Fee)\* Course Description:

We believe leadership happens anytime we influence the thinking, behavior or development of another. If you have influence, you are a leader. Our world is in desperate need of good leaders. Packed with actionoriented, peer-to-peer learning, this Leadership Encounter Experience is a highly interactive and deeply personal workshop.

Come join us in experiencing how to be a Servant Leader by learning to align our Hearts, Heads, Hands, and Habits with the greatest Leader of all time, Jesus.





## Wednesdays

### **Biblical Studies (CMBS)**

# CMBS 100 Revelation (SEEKERS: STUDY THE BIBLE with PASTOR MOFID)

Spring 202



Wednesdays, February 5 - May 27 10:00 - 11:00 am | Skylight Instructor: Rev. Dr. Mofid Wasef

#### Course Description:

This class focuses on the study of Revelation working through the book chapter by chapter. Side lights will be given on the many different positions and ideas concerning the "end-times" known theologically as Eschatology.



Rev. Dr. Mofid Wasef mofid@rbcpc.org

## **Christian Ministry (CMCM)**

### CMCM 100 Gain Energy, Get Healthy



Wednesdays, January 8 - February 19 6:15 - 7:30 pm | Upper Courtside

Instructor: Rev. Dr. Bryan Stamper

Text: Ketogenic Book and Handouts (\$75.00 Fee)\* Course Description:

From Pastor Bryan, 'You've probably noticed that over a relatively short period of time I lost over 40 pounds. This was intentional – and the really good news: it was not difficult. If you want to increase your energy level, improve the numbers your doctor is always evaluating, and lose weight, try this course.'

Students will receive a book exploring the details of a ketogenic eating plan over the course of 7 weeks. The class will meet weekly. Participants should receive clearance from a physician to participate, to include preliminary bloodwork for before and after comparison later in 2020.



### Rev. Dr. Bryan Stamper

bryan@rbcpc.org

## Thursdays

### **Biblical Studies (CMBS)**

### CMBS 100 General Biblical Studies (Thursday Morning Men's Bible Study)

Spring 202



Thursdays, January 16 - May 21 6:00 - 7:30 am | Fellowship Center Instructor: Rev. John M. Scholte

Text: Bible Course Description:

Various studies are conducted throughout the semester, utilizing the Rightnow.org resource. On occasion a live speaker or teacher is featured. The normal study includes watching an introductory video followed by small group discussion. For more information and for study details see the church website, newsletter, or contact Pastor John.



#### Rev. John M. Scholte

john@rbcpc.org

### CMBS 100 Gospel of John



Thursdays, January 16 - May 21 10:00 - 11:30 am | Lower Fireside Instructor: Cheryl Rizio

Text: Bible Course Description:

Join us in a verse by verse study of John's Gospel led by Cheryl Rizio, a very accomplished Bible teacher. She encourages lively discussion and brings in supporting scriptures from other books of the Bible. Newcomers are welcome at any time.



Marty Klusmeier

858-354-0735

### CMBS 100 The Psalms of Ascent (A Beth Moore Study for Women)



Thursdays, January 16 - April 2 6:30 - 7:30 pm | Dormer or Skylight Instructor: Sandra Daum

Text: Workbook (\$30.00 Fee)\*

Course Description:

This class will study the book of Psalms with a focus on the Psalms known as the Psalms of Ascent. These particular Psalms present an intimate guide about life's deepest issues for wisdom and guidance. Beth Moore examines and leads us with a workbook study that takes the Word of Scripture and directs us to daily applications for victory in the trials of life.



Sandra Daum jnsdaum@gmail.com

### Arts and Theology (CNAT)

### **CNAT 110 Cooking a Passover Lamb**



Maundy Thursday, April 9 12:00 - 2:00 pm | Courtyard Instructor: Kimberley Scholte

Text: Handouts provided in class

#### Course Description:

Acclaimed cooking teacher, Kimberley Scholte returns, with Randy Hill and Mert Suzuki, to teach how to prepare a Passover Lamb. This fun class includes a delicious lunch and features a roasted lamb on a spit over coals. The class follows our traditional Maundy Thursday service at 11:00 a.m. Come learn to prepare a Passover Lamb that will rival those served in Jesus' day! This class will fill up quickly, so register early, to join in on the fun, and good food.



### **Kimberley Scholte**

dynimatemastiffs@msn.com

## **Online Classes**

### **Missions (CMMT)**

### **CMMT 300 Comparative Religions**



#### Online Course Website: https://scs-university.teachable.com/ Instructor: Rev. John M. Scholte

Spring 202

Text: RELG: World (Any Edition) by Robert E. Van Voorst The textbook can be purchased on Amazon.com Course Description:

A comparative approach to the teachings of the world's primary religions to Christianity. The religious and cultural expressions of Hinduism, Buddhism, Confucianism, Taoism, Judaism, Islam, and Sikhism will be explored through their core teachings against the back drop of Christian theology and culture.

#### Directions to join your online class:

Type the Web Address into your browser. You will reach SCS University which assists the College of the Bible with its online platform. Select "Enroll Now." Complete the Enrollment Form. Agree to the "Terms of use and privacy policy." Select "Sign Up." Choose Course. Select videos to watch. If you have problems please contact the instructor.



## **Christian Leadership (CMCL)**

### CMCL 300 Equipping Leadership



#### Online Course Website: https://scs-university.teachable.com/

Instructor: Rev. John M. Scholte

**Text**: Experiencing Leadershift Application Guide by Don Cousins and Bruce Bugsbee

(Textbook can be downloaded for free on class platform)

#### Course Description:

The Equipping Leadership class is open to anyone but is primarily intended for leadership training and ministry development. It's for all who are in a leadership role, whether paid or volunteer, whether you lead three people, thirty, or one thousand. It's about assisting all those who have leadership responsibilities at RB Community Church.

#### Directions to join your online class:

Type the Web Address into your browser. You will reach SCS University which assists the College of the Bible with its online platform. Select "Enroll Now." Complete the Enrollment Form. Agree to the "Terms of use and privacy policy." Select "Sign Up." Choose Course. Select videos to watch. If you have problems please contact the instructor.









## **College of the Bible** RB Community Church

The Mission of RB Community Church College of the Bible is to "equip believers for the work of ministry (Eph 4.12-14)" with RB Community Church. The goal is to effectively train believers in the Word so they can grow in their relationship with Christ and others and effectively minister in their community. RB Community Church College of the Bible is committed to the foundation of God's truth in the Scriptures, the clear presentation of those truths as they relate to each course, and the application of those truths to individual believers and their ministry in the world.

The College of the Bible offers ten tracks which students can follow that will lead to a "major," and/or "minor."

To receive a Major Certificate, students must complete 60 credit hours of which 36 hours must be within the discipline of their track. The remaining 24 credit hours may be taken outside their track.

### THE CERTIFICATE MAJORS ARE:

- Christian Ministry (CMCM) The Christian Ministry Major includes a concentration on a wide range of classes that support a student's spiritual growth and discipleship. The focus is on the Christian life in general and how to live a Christian life within a secular world. (Although this can be a declared track, those who do not declare a major or minor will automatically be enrolled in this track.)
- 2. Biblical Studies (CMBS) The Biblical Studies major includes a concentration on the 66 books of the Bible. The student will be equipped to interpret the Bible for themselves and others. The focus will be on the understanding and application of the Bible through enhanced historical and contextual exploration of its various books.
- **3. Theology (CMTT)** The Theology major includes a concentration on the doctrines of the Reformed Faith. The focus will include Systematics, Biblical, Historical, Covenant, and Pastoral approaches to assist the student in deepening their understanding of how

theology relates to ministry and the Christian life.

- 4. Christian Leadership (CMCL) The Christian Leadership major includes a concentration on principles which enhance and develop the student's leadership skills, and knowledge, to lead the church professionally and spiritually in its ministry. The focus will be on how to utilize the church's structure to provide transformational and servant leadership that contextualizes the churches ministry in the community.
- 5. Missions (CMMT) The Missions major includes a concentration on preparing students for effective cross-cultural ministry as skillful workers and as clear communicators of the gospel. The focus will be ministering and working in an intercultural community which has become international and multinational, it will also include serving in a cross-cultural setting, either in the United States or abroad.

To receive a Minor Certificate, students must complete 36 credit hours of which 18 hours must be within the discipline of their track. The remaining 18 credit hours may be taken outside their track.

### THE CERTIFICATE MINORS ARE:

- 1. Church Health and Growth (CNCH) The Church Health and Growth minor includes a concentration on the signs, principles and practices of a healthy growing church along with cultural influences and reaching the unchurched. The focus will be on assisting the student to demonstrate an understanding of the biblical models of healthy churches and the missional nature behind growing churches in the context of the church's ministry in the community.
- 2. Spiritual Formation (CNSF) The Spiritual Formation minor includes a concentration on promoting growth in the student's inner life of faith and prayer with God in the context of a shared community, while also developing the students' knowledge-base in the Word, spiritual formation and soul care. It focuses specifically on ways to deepen the students' knowledge and openness to God and his work, as well as understanding the self and others in order to grow toward conformity of character and inner life in the image of Christ. In turn, it trains students to assist others in their journey of growth in Christ and his body.
- **3. Teaching (CNTT)** The Teaching minor includes a concentration

on training for the church educational programs and discipleship ministries. The focus will be on the student acquiring the tools to teach, lead and work in a variety of church education and discipleship positions including children, youth and adult ministries.

- **4. Arts and Theology (CNAT)** The Arts and Theology minor includes a concentration on preparing the student to be an effective interpreter of Christianity in contemporary culture. The focus will be on combining the study of music, art, or theater, with theology creating opportunities for students to prepare for ministry in a wide variety of fields where faith intersects with culture.
- 5. Youth Ministry (CNYM) The Youth Ministry minor includes a concentration in a biblical philosophy of youth ministry, understanding contemporary youth culture, youth problems, and counseling of adolescents in different settings. It focuses on how to communicate biblical concepts effectively in a variety of teaching situations. It will also include an internship that gives the student real experience in the field.

NOTE: You will still be able to take any class you would like, but if you declare a major or minor there will be a selection of courses you can take that will lead to the Certificate. If you don't declare a major or minor you will automatically be in the Christian Ministry track.

To make your declaration, and to register in the College of the Bible, use this online link: https://bit.ly/cotbible



"I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing." - John 15:5

At RB Community our small groups are referred to as LifeGroups. This doesn't mean you are in them for "life" (although we do have groups that have been meeting for many years), but rather share life experiences together. As the above logo illustrates a cluster of grapes represent the individuals in a small group or LifeGroup. Each LifeGroup is connected to the "vine" through study and fellowship. All our groups together become a part of the LifeGroup ministry. It is through these small groups that a large church, such as ours, becomes small enough to care for each other. Most of these groups of 4 - 12 individuals meet in homes, the perfect place to connect, build relationships, encourage each other and feel cared for. These groups provide a safe place to share our faith, doubts, and concerns. The topics of discussion vary with each group. Social gatherings around food or local mission projects provide time for fellowship and service that strengthens group interaction.

In addition to ongoing LifeGroups, there are also several opportunities to participate in a group with a defined time length. If you are new to the small group concept these groups are a great way to meet others without a long term commitment, although it may develop into one. These groups are geared toward those with common interests or a desire to get better connected with others in our church congregation.

For more information about LifeGroups, to sign up for a group, or to suggest an idea for a future group, contact Kathy Wesley at <u>lifegroups@rbcpc.org</u>.

Kathy Wesley, LifeGroups Coordinator <u>lifegroups@rbcpc.org</u> https//bit.ly/cotbible



## **Spring LifeGroups**

Why not start the New Year by joining one of the short-term LifeGroups? These groups provide an excellent opportunity for meeting others in a smaller setting.

Following the reading of the Bible in 90 Days LifeGroup, several members of the group commented how much they enjoyed getting to know others, sharing the reading experience and feeling cared for as a part of the group. That's what LifeGroups are all about! For those interested in exploring such an experience consider a new 6-week LifeGroup entitled Made for Relationship. Who knows, it just may change your life.

Other short-term groups include a Book Club, All about Scraps, Coloring Cards and Line Dancing. Come check one out.

### **Made for Relationship**



#### Wednesdays, January 8 - Febrary 19 6:15 - 7:30 pm | Upper Fireside

Course Description:

"Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind and, Love your neighbor as yourself." Luke 10:27

We are created to be in relationship with God and with others. This 6-week LifeGroup provides an opportunity to learn more about how to create lasting, meaningful relationships. The group will watch a video series by Rick Warren entitled 40 Days of Love. This new group is open to those interested in learning more about the LifeGroup experience, no matter where you are in your Christian journey or how long you have been a part of RB Community. Invite a friend.



Kathy Wesley lifegroups@rbcpc.org https://bit.lv/cotbible



#### **Book Club**



Thursday, starting January 9 3:00 pm | Pineview

#### Course Description:

Do you enjoy reading? Do you enjoy sharing your reading experiences with others? A book club is a wonderful way to get the most out of what we read and to discover great books that we might otherwise overlook. Whether you've been a part of a book club before or are considering it for the first time, you are invited to come to an organizational meeting. At that time we'll work out the details of when and where we gather and how we choose which books to read. We look forward to seeing you then!



### Amy Wazny

lifegroups@rbcpc.org https://bit.ly/cotbible

### All About Scraps (of Fabric)



#### Tuesdays, January 14, 21, 28; February 4, 11, 18 6:30 - 8:30 pm | Skylight

#### Course Description:

This 8-week LifeGroup provides a chance to review sewing basics while creating a variety of colorful quilt blocks. Participants have the opportunity to choose from multiple patterns and fabric provided to create their individual blocks. While sewing, there is also plenty of time for sharing and fellowship. All you need is your portable sewing machine and a willingness to relax and have fun. All skill levels are welcome, this is a place to learn and build confidence in you sewing abilities.



### Kathy Wesley

lifegroups@rbcpc.org https://bit.ly/cotbible





First & Third Fridays January 17; February 7, 14; March 20 10:00 - 11:30 am | Skylight

Course Description:

Using adult coloring books with scripture and hymns for design ideas this LifeGroup will create cards for others. These cards will be distributed by the Deacons and Pastoral Care ministry to members who are ill or hospitalized. Join this group in a relaxing environment of reflection and sharing as well as time to pray for the recipients of these cards.



Suzi Dekoker and Jinny Straeter

lifegroups@rbcpc.org https://bit.ly/cotbible

### **Line Dancing**



Fridays, January 17, 31; February 14, 28 6:00 - 7:00 pm | Fellowship Center

#### Course Description:

Dust off your boots and join us for some foot stomping, boot scootin', smooth sliding dancing in the New Year. We will walk through the steps together and then put them to music amidst lots of fun and fellowship. Come and bring a friend!





### **OVERVIEW**

#### Sponsoring group: Marriage Enrichment Team

**Purpose:** Consistent with the church's focus on family ministries and the Great Commission, the course is designed to strengthen marriages and families employing both biblical truth and clinically relevant infor-

mation (consistent with the biblical truth). It can also be used for community outreach. Non-churched couples can still find the information applicable.

**Target audience:** married and engaged couples both within the church and from the community. The information conveyed and accompanying exercises can be applicable to satis-



fied couples who are wanting to enrich their marriages, couples who are coping with some challenges in their marriages, and engaged couples who are preparing for marriage. Significantly distressed couples could benefit provided they are already receiving marital counseling.

**Modules and Sessions:** The college includes 15 sessions divided into 5 modules. Participants may pick and choose sessions but would be encouraged to complete the entire course. The high-level overview of the modules (and schedule) is attached.

## Marriage ENRICHMENT

**Scheduling:** The intent is to have the timing overlap with the fine arts academy so that parents with students in the academy can attend while their children are having their academy experience.

**Facilitators:** Scott Wood, licensed marriage and family therapist. Carolyn Klusmeier, marriage and family therapist associate.

Carolyn Klusmeier, Registered Associate Marriage and Family Therapist #100568 Supervised by E. Ruby Tovar-Morin, LMFT at The Soul Care House

### College of Marriage Curriculum Plan, 2020



### Module 5

#### January 12, 2019:

Financial Management (Part 1 – The Early Years, Young Families)

- Meaning of money
- Budgeting (flowing from values, dreams)
- Us-ness winning as a team
- Accepting influence

#### January 19, 2019:

Financial Management (Part 2 – Empty Nest, Looking Toward Retirement)

- Changing needs
- Priorities

## **Marriage ENRICHMENT**

#### January, 26, 2019:

The Foretaste of Heaven – Knowing and Being Known; Fruits of the Spirit; Shared Joy & Meaning; Making Life Dreams Come True; The Road from Hard to Easy. Graduation

- 1 Cor. 13:12 the foretaste of heaven
- Gal. 5: 22-23 Fruits of the Spirit should be becoming more evident in your life and relationships
- Shared joy & meaning
- Making dreams come true
- It can get easier

### Stand Alone Electives

TBDLaunching – Boundaries with adult childrenTBDBlended Families



### Coming to LifeGroups February 12 - April 12

## Waiting For The Forty First Day

Author: John M. Scholte Lenten Bible Study



A study for individuals, small groups and churches to be used with the <u>Waiting For The Forty</u> <u>First Day</u> devotional and companion videos.

This is a bible study for the Season of Lent covering some of the common themes related to the season. To get the most out of your study it is recommended that you complete this Lenten Bible Study Workbook once a

week, read the Devotional book every day and watch the companion videos.

The purpose of this study is to assist you in growing deeper in your spiritual life and to make your Easter Celebration more meaningful.



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