Coverage Period: 1/1/2019 – 12/31/2019

Coverage for: Individual and Family Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, 1-888-775-7888. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary/">https://www.healthcare.gov/sbc-glossary/</a> or call 1-888-775-7888 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$75/Individual or \$150/Family	See the Common Medical Events chart below for your costs for services this <u>plan</u> covers.
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> , office visits, outpatient services, medical supplies, and most home health services.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventative</u> <u>services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventative services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	No. There are no other specific deductibles.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Yes. \$1,000 Individual / \$2,000 Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit?</u>	Premiums and health care this plan doesn't cover, and out-of-network services.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See http://www.cchphealthplan.com/do ctor-locations or call 1-888-775-7888 for a list of network providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .



All  $\underline{\text{copayment}}$  and  $\underline{\text{coinsurance}}$  costs shown in this chart are after your  $\underline{\text{deductible}}$  has been met, if a  $\underline{\text{deductible}}$  applies.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Primary care visit to treat an injury or illness	\$5 <u>Copay</u> /Visit <u>Deductible</u> does not apply	Not Covered	None	
If you visit a health care provider's office or clinic	Specialist visit	\$8 <u>Copay</u> /Visit <u>Deductible</u> does not apply	Not Covered	Preauthorization required.	
	Preventive care/screening/ immunization	No Charge	Not Covered	You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your <u>plan</u> will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	\$8 <u>Copay</u> /Visit (Lab) \$8 <u>Copay</u> /Visit (X-Ray) <u>Deductible</u> does not apply	Not Covered	None	
	Imaging (CT/PET scans, MRIs)	\$50 <u>Copay</u> /Visit <u>Deductible</u> does not apply	Not Covered	None	
If you need drugs to treat your illness or condition More information about	Tier 1 - Generic drugs	\$3 <u>Copay</u> /Prescription (Retail) \$6 <u>Copay</u> /Prescription (Mail Order) <u>Deductible</u> does not apply	Not Covered	Covers up to 30-day supply (retail prescription); 31-90 day supply (mail order prescription). Mail order prescription only covered at participating Costco pharmacies and Chinese Hospital Pharmacy. Mail order is not available for Tier 4 - Specialty drugs.	
prescription drug coverage is available at https://www.cchpheal thplan.com/sites/defa	Tier 2 - Preferred brand drugs	\$10 <u>Copay</u> /Prescription (Retail) \$20 <u>Copay</u> / Pre- scription (Mail Order)	Not Covered	We will cover prescription filled out-of-network if they are related to care for a medical emergency or urgently needed care.	
ult/files/ON- FormularyJAN2019.pdf	Tier 3 - Non-preferred brand drugs	\$15 <u>Copay</u> /Prescription (Retail) \$30 <u>Copay</u> /Pre-scription (Mail Order)	Not Covered	If you prescription is not listed on the formulary, you can request for <a href="Preauthorization">Preauthorization</a> .	

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Tier 4 - Specialty drugs	10% <u>Coinsurance</u> up to \$150/Prescription (Retail)	Not Covered		
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	10% <u>Coinsurance</u> <u>Deductible</u> does not apply	Not Covered	Preauthorization required.	
surgery	Physician/surgeon fees	10% <u>Coinsurance</u> <u>Deductible</u> does not apply	Not Covered		
	Emergency room care	\$50 <u>Copay</u> /Visit <u>Deductible</u> does not apply	\$50 <u>Copay</u> /Visit <u>Deductible</u> does not apply	Copay is waived if admitted into the hospital.	
If you need immediate medical attention	Emergency medical transportation	\$30 <u>Copay</u> /Trip	\$30 <u>Copay</u> /Trip	None	
	Urgent care	\$5 <u>Copay</u> /Visit <u>Deductible</u> does not apply	Not Covered	None	
	Facility fee (e.g., hospital room)	10% Coinsurance	Not Covered	Preauthorization required.	
If you have a hospital stay	Physician/surgeon fees	10% <u>Coinsurance</u> <u>Deductible</u> does not apply	Not Covered	Preauthorization required.	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Outpatient Office Visit: \$5 <u>Copay</u> /Visit Other Outpatient Visits: \$5 <u>Copay</u> /Visit <u>Deductible</u> does not apply	Not Covered	Other outpatient services include: Mental health partial hospitalization, Mental health intensive outpatient treatment, Substance use disorder day treatment, and Substance use disorder intensive outpatient treatment.	
	Inpatient services	10% Coinsurance	Not Covered	Preauthorization required.	
	Office visits	No Charge	Not Covered	Cost Sharing does not apply for preventive	
If you are pregnant	Childbirth/delivery professional services	10% Coinsurance	Not Covered	services. Depending on the type of services, a copayment may apply. Maternity care may include test and services described elsewhere in this document (i.e. ultrasound).	
	Childbirth/delivery facility services	10% <u>Coinsurance</u> <u>Deductible</u> does not apply	Not Covered		
	Home health care	\$3 <u>Copay</u> /Visit	Not Covered	Preauthorization required.	

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
If you need help recovering or have other special health needs		Deductible does not apply			
	Rehabilitation services	\$5 <u>Copay</u> /Visit <u>Deductible</u> does not apply	Not Covered	Preauthorization required.	
	Habilitation services	\$5 <u>Copay</u> /Visit <u>Deductible</u> does not apply	Not Covered	Preauthorization required.	
	Skilled nursing care	10% <u>Coinsurance</u>	Not Covered	Preauthorization required. Limited to 100 covered days every calendar year.	
	Durable medical equipment	10% <u>Coinsurance</u> <u>Deductible</u> does not apply	Not Covered	Preauthorization required.	
	Hospice services	No Charge	Not Covered	Preauthorization required.	
If your child needs dental or eye care	Children's eye exam	No Charge	Not Covered	1 covered exam every calendar year	
	Children's glasses	No Charge	Not Covered	1 pair per calendar year - Frames will be covered in full from the VSP Pediatric Collection (or contact lenses in lieu of glasses)	
	Children's dental check-up	No Charge	Not Covered	1 covered exam every 6 months	

## **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

Chiropractic Care
 Cosmetic Surgery
 Dental Care Adult
 Non-Emergency Care When Traveling Outside the US
 Private Duty Nursing
 Routine Eye Care (Adult)
 Routine Foot Care
 Weight Loss Programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Abortion
 Acupuncture
 Bariatric Surgery

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: California Department of Managed Health Care 1-888-466-2219. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Chinese Community Health Plan at 1-888-775-7888, submit a grievance form through <a href="https://cchphealthplan.com/use-secure-line-grievance-form">https://cchphealthplan.com/use-secure-line-grievance-form</a>, or file your complaint in writing to, Chinese Community Health Plan, 445 Grant Avenue, Suite 700, San Francisco, CA 94108.If you have a grievance against Chinese Community Health Plan, you can also contact the California Department of Managed Health Care, at 1-800-HMO-2219 or <a href="https://www.hmohelp.ca.gov">https://www.hmohelp.ca.gov</a>

# Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

#### Does this plan meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-415-834-2118
Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-415-834-2118
Chinese (中文): 如果需要中文的帮助,口口口口口口口口1-415-834-2118

-----To see examples of how this plan might cover costs for a sample medical situation, see the next section.-----



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

- The plan's overall deductible \$75
- Specialist copayment \$8
- Hospital (facility) coinsurance 10%
- Other coinsurance 10%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

In this example, Peg would pay:

Cost Sharing			
<u>Deductibles</u>	\$75		
Copayments	\$700		
Coinsurance	\$100		
What isn't covered			
Limits or exclusions	\$0		
The total Peg would pay is	\$875		

# Managing Joe's type 2 Diabetes

(a year of routine in-network care of a wellcontrolled condition)

- The plan's overall deductible \$75
- Specialist copayment \$8
- Hospital (facility) coinsurance 10%
- Other coinsurance 10%

#### This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)

<u>Diagnostic tests</u> (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$ 2,400

In this example, Joe would pay:

Cost Sharing	
<u>Deductibles</u>	\$75
<u>Copayments</u>	\$200
Coinsurance	\$300
What isn't covered	
Limits or exclusions	\$ 0
The total Joe would pay is	\$575

# Mia's Simple Fracture

(in-network emergency room visit and follow up care)

- The plan's overall deductible \$75
- Specialist copayment \$8
- Hospital (facility) coinsurance 10%
- Other coinsurance 10%

### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost \$ 1,925
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In this example, Mia would pay:

Cost Sharing			
<u>Deductibles</u>	\$75		
Copayments	\$100		
Coinsurance	\$700		
What isn't covered			
Limits or exclusions	\$ 0		
The total Mia would pay is	\$875		