

# Monthly Membership Contributions



**ACCESS+**  
Individuals  
+DPC/VPC

**Initial Unsharable Amount (IUA):** An “IUA” is the amount you feel comfortable paying on your own without help from the Community.

**Monthly Membership Contribution Includes:**

- Member Share Amount
- Expert Second Opinion Services
- Telemedicine

## \$500 Initial Unshareable Amount (IUA)

Age:	18-29 yrs	30-39 yrs	40-49 yrs	50-59 yrs	60-64 yrs
Member Only	\$249.15	\$289.57	\$333.43	\$407.39	\$690.33
Member + Spouse	\$460.71	\$539.83	\$629.27	\$775.47	\$1,342.21
Member + Child(ren)	\$443.51	\$520.05	\$604.33	\$744.51	\$1,281.15
Member + Family	\$660.23	\$777.19	\$905.33	\$1,118.61	\$1,939.91

## \$1,000 Initial Unshareable Amount (IUA)

Age:	18-29 yrs	30-39 yrs	40-49 yrs	50-59 yrs	60-64 yrs
Member Only	\$234.53	\$282.69	\$294.73	\$352.35	\$596.59
Member + Spouse	\$431.47	\$526.07	\$549.29	\$667.11	\$1,153.87
Member + Child(ren)	\$415.99	\$507.15	\$528.65	\$640.45	\$1,102.27
Member + Family	\$620.67	\$754.83	\$790.09	\$961.23	\$1,666.43

## \$1,500 Initial Unshareable Amount (IUA)

Age:	18-29 yrs	30-39 yrs	40-49 yrs	50-59 yrs	60-64 yrs
Member Only	\$210.45	\$253.45	\$265.49	\$323.97	\$556.17
Member + Spouse	\$384.17	\$470.17	\$493.39	\$611.21	\$1,073.89
Member + Child(ren)	\$371.27	\$452.11	\$474.47	\$587.13	\$1,026.59
Member + Family	\$551.01	\$673.99	\$708.39	\$879.53	\$1,550.33

## \$2,500 Initial Unshareable Amount (IUA)

Age:	18-29 yrs	30-39 yrs	40-49 yrs	50-59 yrs	60-64 yrs
Member Only	\$187.23	\$208.73	\$231.95	\$292.15	\$503.71
Member + Spouse	\$336.87	\$379.01	\$426.31	\$544.99	\$969.83
Member + Child(ren)	\$327.41	\$367.83	\$412.55	\$524.35	\$927.69
Member + Family	\$483.07	\$544.99	\$612.07	\$784.07	\$1,399.83

## \$5,000 Initial Unshareable Amount (IUA)

Age:	18-29 yrs	30-39 yrs	40-49 yrs	50-59 yrs	60-64 yrs
Member Only	\$143.37	\$181.21	\$201.85	\$231.95	\$409.97
Member + Spouse	\$248.29	\$323.11	\$366.11	\$426.31	\$779.77
Member + Child(ren)	\$242.27	\$313.65	\$354.07	\$412.55	\$749.67
Member + Family	\$352.35	\$462.43	\$522.63	\$612.07	\$1,125.49

Prices may vary depending on membership elections. Please see Membership Guidelines for full sharing rules. The Sedera Membership may not be available in all states. Sedera Medical Cost Sharing Households with one or more Tobacco/Vape Users contribute an additional \$75.00 per month. All Tobacco/Vape Users over the age of 50 have a \$25,000 per Need sharing limit for Cancer, Respiratory disease, Vascular disease including coronary disease and stroke, Oral and Esophageal disease and Gastric and Duodenal Ulcers. See the applicable Sedera Guidelines for additional details.

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Effective Date: 03/01/26