

# WHAT TO DO WHEN YOU ARE PREGNANT

## Steps for your Maternity Needs Case:

1. Be sure the provider you choose is open to working with cash pay patients to ensure a smooth experience.
  - We can help you find best value providers through a Medical Concierge Request.
2. Open a Maternity Needs Case through the [Sedera Member Portal](#).
3. Request a cash pay global fee in writing from your provider, including any payment requirements, so you know what to expect in terms of costs.
  - A global fee is an agreement with your doctor that is meant to cover the costs of your antepartum visits, delivery, and postpartum care. Also ask if there are any costs that you can expect that won't be included in your global fee. Every provider is different, so it's important to ask questions.
  - You will submit your global fee as a bill to your Needs Case for processing.
4. Inquire if your delivery facility has upfront payment requirements. Be sure to ask about these requirements before your last trimester so you are not caught off guard with a large out of pocket expense.
5. Submit any additional bills related to your pregnancy that are not included in your global fee to your Needs Case as you receive them.
6. Add your baby to your Sedera Membership within 30 days of their birth so their medical bills can be shared with the Community!

## Important things to note:

Maternity Needs Cases have a Maternity Initial Unshareable Amount (IUA). Normal vaginal deliveries and emergency Cesarean section deliveries for eligible maternity cases have a total Maternity IUA of two times the Member's selected IUA, up to a maximum of \$5,000. Non-emergency/ elective Cesarean section deliveries have a fixed Maternity IUA of \$5,000.

Please be aware that if you became pregnant before your membership with Sedera began, sharing for your pregnancy is substantially limited or not available. For additional information about what is shareable on a Maternity Need, you can see the [SELECT+ Guidelines](#) or speak with your Needs Coordinator.

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