

DIRECT PRIMARY CARE + SEDERA = Total Healthcare Solution



Direct Primary Care

PRIMARY & PREVENTIVE

Our practice focuses on creating a strong, uninterrupted doctor-patient relationship. Our monthly membership provides consistent access to a doctor who is invested in your physical, mental, and financial wellbeing.

- ✓ Office visits as often as you need them
- ✓ After-hours access via text, call and video
- ✓ Discounted or at cost labs, x-rays, and medications
- ✓ Same or next day appointments



Medical Cost Sharing

LARGER MEDICAL COSTS

It's a Medical Cost Sharing Community made up of Members who help share the cost of one another's large medical expenses through a secure platform. In doing so, we support one another's physical and financial health.

- ✓ **Control Costs:** Make affordable monthly contributions and cap expenses by incident, not calendar year. Plus, get medication discounts.
- ✓ **Choose Your Care:** There's no such thing as out-of-network. We go where you go. Including 24/7 Telemedicine.
- ✓ **Make Informed Decisions:** Take charge by using our tools to get the most out of your care.
- ✓ **Get Real Support:** You are supported by the Sedera team and a Community that cares, every time you need us.

Add Sedera to your Direct Primary Care membership to get affordable, quality care.

The Sedera Medical Cost Sharing Community is not an insurance company and the Sedera Medical Cost Sharing membership is not issued or offered by an insurance company. Whether any Member chooses to send monetary assistance to you and/or your household to help with your medical expenses will be totally voluntary and neither you nor the Sedera Medical Cost Sharing Community has any right to compel payment of medical cost sharing costs from any Member or household. The Sedera membership is not and should never be considered to be or to be like a group insurance policy or an individual insurance policy. The Sedera Medical Cost Sharing Community is not an employee welfare benefit plan, an employer sponsored health plan, or multiple employer welfare association (MEWA).

For More Information or to Enroll Now:

<https://sedera.community/EnrollNow>
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