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Breakfast Menu

Build	Serve size	Kilojoules per serve	Kilojoules per 100g
BIG BREAKFAST ROLL	277 g	2300	830
BACON & EGG BURGER	190 g	1730	910
BACON & EGG WRAP	175 g	1600	910
CHICKEN, BACON AND EGG WRAP	214 g	2000	930
BACON & HASH BURGER	254 g	2350	930
HASH BROWN	69 g	660	960

BIG BREAKFAST ROLL			
Serve size	277 g		
	Per serve	Per 100g	
ENERGY (kJ)	2300	830	
CALORIES (cal)	550	200	
PROTEIN (g)	33.0	11.9	
FAT TOTAL (g)	20.0	7.2	
FAT SATURATED	9.0	3.3	
CARBOHYDRATES (g)	59.4	21.5	
SUGAR (g)	16.2	5.9	
SODIUM (mg)	2195	790	

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	Y	Y	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	Y
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	T	-	-	T	-	T	

Ingredients
BIG BREAKFAST ROLL
Bread roll: Wheat Flour [Contains Vitamins (Thiamine, Folic Acid)], Water, Baker's Yeast, Bread Improver [Wheat Flour, Malted Wheat Flour, Flour Treatment Agent (300), Enzymes], Iodised Salt, Canola Oil, Soy Flour, Wheat Gluten.
Egg
Bacon: Pork (85%), Water, Cure [Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)], Wood Smoke.
BBQ sauce: Tomatoes (from Paste, Food Acid (Citric)) 45%, Sugar, Water, Cornflour (from Wheat), Food Acids (Acetic, Citric), Salt, Glucose Syrup, Colour (Caramel (150c)), Thickener (Pectin), Tamarind Paste, Yeast Extract, Clove, Nutmeg, Onion 0.5%, Pepper.
Cheese: Cheese [(Pasteurised Milk , Salt, Starter Culture, Rennet)(Min 74%)], Water, Emulsifier [331, 332 (from Soy)], Butter [Cream (milk), Water, Salt], Salt, Acidity Regulator (330, 339), Preservative (200), Colour (160A, 160C)

BACON & EGG BURGER																																																															
Serve size	190 g																																																														
	Per serve							Per 100g																																																							
ENERGY (kJ)	1730							910																																																							
CALORIES (cal)	410							220																																																							
PROTEIN (g)	23.1							12.2																																																							
FAT TOTAL (g)	14.8							7.8																																																							
FAT SATURATED	6.3							3.3																																																							
CARBOHYDRATES (g)	47.8							25.1																																																							
SUGAR (g)	12.7							6.7																																																							
SODIUM (mg)	1270							670																																																							
<table><tr><th colspan="8">Allergen information</th></tr><tr><th>Gluten</th><th>Wheat</th><th>Egg</th><th>Milk</th><th>Peanuts</th><th>Almond</th><th>Brazil nut</th><th>Cashew</th></tr><tr><td>Y</td><td>Y</td><td>Y</td><td>Y</td><td>T</td><td>T</td><td>T</td><td>T</td></tr><tr><th>Hazelnut</th><th>Macadamia</th><th>Pecan</th><th>Pine nut</th><th>Pistachio</th><th>Walnut</th><th>Sesame</th><th>Soy</th></tr><tr><td>T</td><td>T</td><td>T</td><td>T</td><td>T</td><td>T</td><td>T</td><td>Y</td></tr><tr><th>Shellfish</th><th>Fish</th><th>Crustacean</th><th>Molluscs</th><th>Added Sulphites</th><th>Royal Jelly</th><th>Lupin</th><td></td></tr><tr><td>-</td><td>T</td><td>-</td><td>-</td><td>Y</td><td>-</td><td>T</td><td></td></tr></table>								Allergen information								Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew	Y	Y	Y	Y	T	T	T	T	Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy	T	T	T	T	T	T	T	Y	Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin		-	T	-	-	Y	-	T	
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-	T	-	-	Y	-	T																																																									
Ingredients																																																															
BACON & EGG BURGER																																																															
Bun: Wheat Flour (Vitamins (Thiamin, Folate)), Water, Potato Flakes (6%) (Potato, Emulsifier (471, 450), Preservative (222 Sulphites), Acidity Regulator (330)), Sugar, Canola Oil, Wheat Gluten, Iodised Salt, Yeast, Emulsifiers (472e, 471), Preservative (282), Improver (Emulsifier (481), Soy Flour, Mineral Salt (170), Acidity Regulator (516), Antioxidant (300), Wheat Malt Flour, Enzymes (Contains Wheat)), Colour (160a)(Contains Wheat). Egg Bacon: Pork (85%), Water, Cure [Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)], Wood Smoke. BBQ sauce: Tomatoes (from Paste, Food Acid (Citric)) 45%, Sugar, Water, Cornflour (from Wheat), Food Acids (Acetic, Citric), Salt, Glucose Syrup, Colour (Caramel (150c)), Thickener (Pectin), Tamarind Paste, Yeast Extract, Clove, Nutmeg, Onion 0.5%, Pepper. Cheese: Cheese [(Pasteurised Milk, Salt, Starter Culture, Rennet)(Min 74%)], Water, Emulsifier [331, 332 (from Soy)], Butter [Cream (milk), Water, Salt], Salt, Acidity Regulator (330, 339), Preservative (200), Colour (160A, 160C)																																																															

BACON & EGG WRAP		
Serve size	175 g	
	Per serve	Per 100g
ENERGY (kJ)	1600	910
CALORIES (cal)	380	220
PROTEIN (g)	21.6	12.4
FAT TOTAL (g)	17.6	10.1
FAT SATURATED	8.0	4.6
CARBOHYDRATES (g)	34.2	19.6
SUGAR (g)	5.9	3.4
SODIUM (mg)	1210	690

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	Y	Y	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	Y
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	T	-	-	T	-	T	

Ingredients
BACON & EGG WRAP
Tortilla: Wheat flour [(66%), Thiamine, Folic Acid], Water, Vegetable Shortening [Antioxidant (307b)], Sugar, Baking Powder [Mineral Salts (450, 500, 341)], Acidity regulator (297), Iodised Salt, Mineral Salt (500), Preservative (282), Yeast.
Egg
Bacon: Pork (85%), Water, Cure [Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)], Wood Smoke.
BBQ sauce: Concentrated Tomatoes (Contains 136g of Tomatoes per 100mL), Sugar, Salt, Food Acids (Acetic Acid, Citric Acid), Natural Flavours. Contains 79% Concentrated Tomatoes.
Cheese: Cheese [(Pasteurised Milk , Salt, Starter Culture, Rennet)(Min 74%)], Water, Emulsifier [331, 332 (from Soy)], Butter [Cream (milk), Water, Salt], Salt, Acidity Regulator (330, 339), Preservative (200), Colour (160A, 160C)

CHICKEN, BACON AND EGG WRAP							
Serve size	214 g						
	Per serve	Per 100g					
ENERGY (kJ)	2000	930					
CALORIES (cal)	480	220					
PROTEIN (g)	29.4	13.7					
FAT TOTAL (g)	21.4	10.0					
FAT SATURATED	8.5	4.0					
CARBOHYDRATES (g)	42.0	19.6					
SUGAR (g)	9.5	4.4					
SODIUM (mg)	1535	720					
Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	Y	Y	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	Y
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	T	-	-	T	-	T	
Ingredients							
CHICKEN, BACON AND EGG WRAP							
Tortilla: Wheat flour [(66%), Thiamine, Folic Acid], Water, Vegetable Shortening [Antioxidant (307b)], Sugar, Baking Powder [Mineral Salts (450, 500, 341)], Acidity regulator (297), Iodised Salt, Mineral Salt (500), Preservative (282), Yeast.							
Egg							
Chicken Tender: Wheat Flour, Tapioca Starch, Spice, Mineral Salts (450, 500), Malt Extract (Barley) Wheat Flour, Salt, Thickener (1422), Mineral Salts (450, 500), Colour (102). Chicken (85%), Salt, Flavour Enhancer (621), Mineral Salts (451,450), Vegetable Powders, Spice, Natural Flavourings.							
Cooked in canola oil							
Bacon: Pork (85%), Water, Cure [Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)], Wood Smoke.							
BBQ sauce: Tomatoes (from Paste, Food Acid (Citric)) 45%, Sugar, Water, Cornflour (from Wheat), Food Acids (Acetic, Citric), Salt, Glucose Syrup, Colour (Caramel (150c)), Thickener (Pectin), Tamarind Paste, Yeast Extract, Clove, Nutmeg, Onion 0.5%, Pepper.							
Cheese: Cheese [(Pasteurised Milk , Salt, Starter Culture, Rennet)(Min 74%)], Water, Emulsifier [331, 332 (from Soy)], Butter [Cream (milk), Water, Salt], Salt, Acidity Regulator (330, 339), Preservative (200), Colour (160A, 160C).							

BACON & HASH BURGER		
Serve size	254 g	
	Per serve	Per 100g
ENERGY (kJ)	2350	930
CALORIES (cal)	560	220
PROTEIN (g)	24.6	9.7
FAT TOTAL (g)	25.3	10.0
FAT SATURATED	7.4	2.9
CARBOHYDRATES (g)	58.9	23.2
SUGAR (g)	10.9	4.3
SODIUM (mg)	1585	625

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	Y	Y	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	Y
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	T	-	-	Y	-	T	

Ingredients

BACON & HASH BURGER

Potato Bun: **Wheat** Flour (Vitamins (Thiamin, Folate)), Water, Potato Flakes (6%) (Potato, Emulsifier (471, 450), Preservative (222 **Sulphites**), Acidity Regulator (330)), Sugar, Canola Oil, **Wheat** Gluten, Iodised Salt, Yeast, Emulsifiers (472e, 471), Preservative (282), Improver (Emulsifier (481), **Soy** Flour, Mineral Salt (170), Acidity Regulator (516), Antioxidant (300), **Wheat** Malt Flour, Enzymes (Contains **Wheat**)), Colour (160a)(Contains **Wheat**).

Egg

Bacon: Pork (85%), Water, Cure [Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)], Wood Smoke.

BBQ sauce: Tomatoes (from Paste, Food Acid (Citric)) 45%, Sugar, Water, Cornflour (from **Wheat**), Food Acids (Acetic, Citric), Salt, Glucose Syrup, Colour (Caramel (150c)), Thickener (Pectin), Tamarind Paste, Yeast Extract, Clove, Nutmeg, Onion 0.5%, Pepper.

Cheese: Cheese [(Pasteurised **Milk**, Salt, Starter Culture, Rennet)(Min 74%)], Water, Emulsifier [331, 332 (from **Soy**)], Butter [Cream (**milk**), Water, Salt], Salt, Acidity Regulator (330, 339), Preservative (200), Colour (160A, 160C)

HASH BROWN																																																															
Serve size	69 g																																																														
	Per serve	Per 100g																																																													
ENERGY (kJ)	660	960																																																													
CALORIES (cal)	160	230																																																													
PROTEIN (g)	1.6	2.3																																																													
FAT TOTAL (g)	10.5	15.2																																																													
FAT SATURATED	1.1	1.6																																																													
CARBOHYDRATES (g)	13.9	20.1																																																													
SUGAR (g)	0.4	0.6																																																													
SODIUM (mg)	370	535																																																													
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-	-	-	-	T	-	-																																																									
Ingredients																																																															
HASH BROWN																																																															
Hash brown: Potato (90%), Canola Oil, Salt, Spice Extract																																																															
Cooked in canola oil																																																															

Fried and Roast Chicken

Fried Chicken		
Serve size	84 g	
	Per serve	Per 100g
ENERGY (kJ)	1050	1250
CALORIES (cal)	250	300
PROTEIN (g)	18.1	21.6
FAT TOTAL (g)	15.8	18.8
FAT SATURATED	2.8	3.3
CARBOHYDRATES (g)	9.0	10.7
SUGAR (g)	0.2	0.2
SODIUM (mg)	585	700

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	-	-	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	-	-
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	-	-	-	-	-	-	

Ingredients
FRIED CHICKEN
Chicken
Seasoning: Wheat Flour, Tapioca Starch, Spice, Mineral Salts (450, 500), Malt Extract (Barley)
Batter: Wheat Flour, Salt, Thickener (1422), Mineral Salts (450, 500), Colour (102).
Brine: Salt (Minimum 55%), Flavour Enhancer (621), Tapioca Starch, Vegetable Powders, Spice, Flavourings, Sunflower Oil
Cooked in canola oil

Hot Honey Fried Chicken		
Serve size	119 g	
	Per serve	Per 100g
ENERGY (kJ)	1380	1160
CALORIES (cal)	330	280
PROTEIN (g)	18.2	15.3
FAT TOTAL (g)	15.9	13.4
FAT SATURATED	2.8	2.3
CARBOHYDRATES (g)	28.2	23.7
SUGAR (g)	18.4	15.5
SODIUM (mg)	650	545

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	-	-	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	Y	-
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	-	-	-	-	-	-	

Ingredients	
HOT HONEY FRIED	
Chicken	
Hot Honey Sauce: Sugar, Water, Thickeners (1422, 415), Spice, Acidity Regulator (260), Salt, Flavours, Sesame Seeds, Preservative (202), Honey Powder [Maltodextrin (Maize), Honey 0.03%], Colour (150a), Spice Extract.	
Seasoning: Wheat Flour, Tapioca Starch, Spice, Mineral Salts (450, 500), Malt Extract (Barley)	
Batter: Wheat Flour, Salt, Thickener (1422), Mineral Salts (450, 500), Colour (102).	
Brine: Salt (Minimum 55%), Flavour Enhancer (621), Tapioca Starch, Vegetable Powders, Spice, Flavourings, Sunflower Oil	
Cooked in canola oil	

Reds Hot Fried Chicken		
Serve size	109 g	
	Per serve	Per 100g
ENERGY (kJ)	1540	1420
CALORIES (cal)	370	340
PROTEIN (g)	18.6	17.0
FAT TOTAL (g)	28.1	25.8
FAT SATURATED	3.7	3.4
CARBOHYDRATES (g)	10.6	9.7
SUGAR (g)	1.1	1.0
SODIUM (mg)	1025	940

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	-	-	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	-	Y
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	-	-	-	-	-	-	

Ingredients	
SPICY FRIED CHICKEN	
Chicken	
Spicy Pepper Sauce: Canola Oil [Antioxidant (307b)], Water, Salt, Spices [Including Szechuan Pepper (Minimum 1%)], Sugar, Onion, Yeast Extract, Minced Ginger, Food Acids (260,270), Minced Garlic, Thickeners (1442, 415), Spice Extracts [Including (160c)], Citrus Fibre, Flavour Enhancers (635, 621), Emulsifier (Soy)(322), Preservatives (202, 211).	
Seasoning: Wheat Flour, Tapioca Starch, Spice, Mineral Salts (450, 500), Malt Extract (Barley)	
Batter: Wheat Flour, Salt, Thickener (1422), Mineral Salts (450, 500), Colour (102).	
Brine: Salt (Minimum 55%), Flavour Enhancer (621), Tapioca Starch, Vegetable Powders, Spice, Flavourings, Sunflower Oil	
Cooked in canola oil	

Roast Chicken																																																											
Serve size	653 g																																																										
	Per serve	Per 100g																																																									
ENERGY (kJ)	4710	720																																																									
CALORIES (cal)	1130	170																																																									
PROTEIN (g)	139.7	21.4																																																									
FAT TOTAL (g)	45.5	7.0																																																									
FAT SATURATED	10.3	1.6																																																									
CARBOHYDRATES (g)	35.0	5.4																																																									
SUGAR (g)	3.6	0.5																																																									
SODIUM (mg)	4345	665																																																									
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Allergen information																																																											
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew																																																				
Y	Y	T	T	T	T	T	T																																																				
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy																																																				
T	T	T	T	T	T	T	Y																																																				
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin																																																					
-	-	-	-	T	-	T																																																					
Ingredients																																																											
WHOLE CHICKEN																																																											
Whole chicken: Chicken (90%), Water, Salt, Mineral Salts (451, 450, 452), Sugar, Vegetable Gums (412, 415), Hydrolysed Vegetable Protein (Maize, Soy), Vegetable Oil.																																																											
Stuffing: Water, Manufactured Crumbs (Wheat) [Wheat Flour, Salt, Mineral Salt (503)], Diced Onion, Canola Oil, Salt, Sugar, Herbs, Minced Garlic, Flavouring (Soy) (Natural, Thermal), Spices.																																																											
Chicken seasoning: Salt (Minimum 80%), Rice Flour, Vegetable Powders, Spices, Anti-caking Agents (341, 551), Yeast Extract, Sugar, Canola Oil, Food Acid (330), Spice Extracts (160c, 100).																																																											

Chicken Tenders		
Serve size	39 g	
	Per serve	Per 100g
ENERGY (kJ)	330	840
CALORIES (cal)	80	200
PROTEIN (g)	7.8	20.0
FAT TOTAL (g)	3.7	9.5
FAT SATURATED	0.4	0.9
CARBOHYDRATES (g)	3.2	8.3
SUGAR (g)	0.0	0.1
SODIUM (mg)	290	740

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	-	-	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	-	-
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	-	-	-	-	-	-	

Ingredients	
CHICKEN TENDERS	
Chicken: Chicken (85%), Salt, Flavour Enhancer (621), Mineral Salts (451,450), Vegetable Powders, Spice, Natural Flavourings.	
Chicken Seasoning: Wheat Flour, Salt, Thickener (1422), Mineral Salts (450, 500), Colour (102).	
Batter: Wheat Flour, Tapioca Starch, Spice, Mineral Salts (450, 500), Malt Extract (Barley)	
Cooked in canola oil	

Stadium Tender		
Serve size	40 g	
	Per serve	Per 100g
ENERGY (kJ)	420	1060
CALORIES (cal)	100	250
PROTEIN (g)	7.7	19.2
FAT TOTAL (g)	4.8	12.0
FAT SATURATED	0.4	1.1
CARBOHYDRATES (g)	6.9	17.2
SUGAR (g)	0.1	0.2
SODIUM (mg)	235	585

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	Y	T	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	-	T
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	-	-	-	T	-	-	

CHICKEN STADIUM TENDERS
Chicken Tender: Chicken: Chicken (85%), Salt, Flavour Enhancer (621), Mineral Salts (451, 450), Vegetable Powders, Spice, Natural Flavourings.
Seasoning: Wheat Flour, Tapioca Starch, Spice, Mineral Salts (450, 500), Malt Extract (Barley).
Batter: Wheat Flour, Wheat Starch, Egg Albumen, Salt, Thickener (1422), Mineral Salts (341, 450, 500), Colour (102)
Cooked in canola oil

Burgers

BBQ Bacon Burger		
Serve size	251 g	
	Per serve	Per 100g
ENERGY (kJ)	3130	1250
CALORIES (cal)	750	300
PROTEIN (g)	33.0	13.2
FAT TOTAL (g)	42.0	16.7
FAT SATURATED	10.8	4.3
CARBOHYDRATES (g)	59.1	23.5
SUGAR (g)	12.2	4.9
SODIUM (mg)	1915	765

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	Y	Y	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	Y
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	Y	-	-	Y	-	T	

Ingredients
BBQ BACON BURGER
Chicken Tenders: Wheat Flour, Tapioca Starch, Spice, Mineral Salts (450, 500), Malt Extract (Barley)Wheat Flour, Salt, Thickener (1422), Mineral Salts (450, 500), Colour (102). Chicken (85%), Salt, Flavour Enhancer (621), Mineral Salts (451,450), Vegetable Powders, Spice, Natural Flavourings Bun: Wheat Flour (Vitamins (Thiamin, Folate)), Water, Potato Flakes (6%) (Potato, Emulsifier (471, 450), Preservative (222 Sulphites), Acidity Regulator (330)), Sugar, Canola Oil, Wheat Gluten, Iodised Salt, Yeast, Emulsifiers (472e, 471), Preservative (282), Improver (Emulsifier (481), Soy Flour, Mineral Salt (170), Acidity Regulator (516), Antioxidant (300), Wheat Malt Flour, Enzymes (Contains Wheat)), Colour (160a)(Contains Wheat). Bacon: Pork (85%), Water, Cure [Salt, Sugar, Mineral Salts (451, 450), Antioxidant (316), Preservative (250)], Wood Smoke. Cheese: Cheese [(Pasteurised Milk, Salt, Starter Culture, Rennet)(Min 74%)], Water, Emulsifier [331, 332 (from Soy)], Butter [Cream (milk), Water, Salt], Salt, Acidity Regulator (330, 339), Preservative (200), Colour (160A, 160C). Fried Onions: Onions (49%), Palm Oil, Wheat Flour, Salt, Dextrose Smokey BBQ Sauce: Canola Oil, Water, Sugar, Vinegar, Spices, Salt, Dehydrated Vegetables, Tomato Powder [Contains Anti caking Agent (551)], Smoke Flavours [Contains Anti caking Agent (551)], Worcestershire Sauce (Barley, Fish), Yeast Extract, Anti Caking Agent (504), Food Acid (330), Preservative (202), Natural Colour (160c, 100), Vegetable Gum (415), Antioxidant (385). Honey Roasted BBQ Sauce: Canola Oil, Water, Sugar, Whole Egg, French Mustard, Tomato Paste, Food Acid (260), Thickeners (1442, 415), Lemon Juice, Honey (Minimum 1%), Tapioca Starch, Garlic, Flavourings (Natural, Smoke), Salt, Natural Colours (150a, 160c, 160b), Roasted Garlic, Onion, Spices [Paprika, Turmeric (100)], Emulsifier (435), Preservatives (202, 211), Spice Extract.

Pickles: Cucumbers (60%), Sugar, White Vinegar, Water, Salt, Firming agent (509) Calcium Chloride, Dried Red Chilli (Chipotle Flakes, Natural Flavours, Natural Colours (101) Riboflavin.

Reds Burger		
Serve size	213 g	
	Per serve	Per 100g
ENERGY (kJ)	2560	1200
CALORIES (cal)	610	290
PROTEIN (g)	25.1	11.8
FAT TOTAL (g)	37.8	17.7
FAT SATURATED	5.9	2.8
CARBOHYDRATES (g)	42.6	20.0
SUGAR (g)	4.0	1.9
SODIUM (mg)	1245	585

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	Y	Y	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	Y
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	T	-	-	Y	-	-	

Ingredients
Reds Burger
Chicken Strip: Chicken (85%), Salt, Flavour Enhancer (621), Mineral Salts (451,450), Vegetable Powders, Spice, Natural Flavours

Cheese: Cheese (**Milk**, Salt, Cultures and Vegetarian/Calves Rennet), Water, **Milk** Solids, Emulsifier (331, 322 (**Soy**), 339), Non-Fat **Milk** Solids, Salt, Acidity Regulator (260, 330), Preservative (200), Colours (160a), Cheese Flavour

Spicy Burger		
Serve size	218 g	
	Per serve	Per 100g
ENERGY (kJ)	2440	1120
CALORIES (cal)	580	270
PROTEIN (g)	25.2	11.6
FAT TOTAL (g)	33.5	15.3
FAT SATURATED	5.4	2.5
CARBOHYDRATES (g)	44.7	20.5
SUGAR (g)	4.8	2.2
SODIUM (mg)	1535	700

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	Y	Y	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	Y
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	T	-	-	Y	-	-	

Ingredients
SPICY TENDER BURGER

Chicken Strip: Chicken (85%), Salt, Flavour Enhancer (621), Mineral Salts (451,450), Vegetable Powders, Spice, Natural Flavourings

Seasoning: **Wheat** Flour, Tapioca Starch, Spice, Mineral Salts (450, 500), Malt Extract (**Barley**)

Batter: **Wheat** Flour, Salt, Thickener (1422), Mineral Salts (450, 500), Colour (102).

Cooked in canola oil

Bun: **Wheat** Flour (Vitamins (Thiamin, Folate)), Water, Potato Flakes (6%) (Potato, Emulsifier (471, 450), Preservative (222 **Sulphites**), Acidity Regulator (330)), Sugar, Canola Oil, **Wheat** Gluten, Iodised Salt, Yeast, Emulsifiers (472e, 471), Preservative (282), Improver (Emulsifier (481), **Soy** Flour, Mineral Salt (170), Acidity Regulator (516), Antioxidant (300), **Wheat** Malt Flour, Enzymes (Contains **Wheat**)), Colour (160a)(Contains **Wheat**).

Lettuce

Spicy Pepper sauce: Canola Oil [Antioxidant (307b)], Water, Salt, Spices [Including Szechuan Pepper (Minimum 1%)], Sugar, Onion, Yeast Extract, Minced Ginger, Food Acids (260,270), Minced Garlic, Thickeners (1442, 415), Spice Extracts [Including (160c)], Citrus Fibre, Flavour Enhancers (635, 621), Emulsifier (**Soy**)(322), Preservatives (202, 211).

Whole Egg Mayonnaise: Canola Oil [Antioxidant (307b)], Water, Whole **Egg** (Minimum 7%), Sugar, Vinegar, Dijon Mustard [Acidity Regulator (330,334)], **Egg** Yolk, Salt, Acidity Regulator (575), Vegetable Gum (415), Emulsifiers (322 (**Soy**), 435), Oat Fibre, Preservative (202), Antioxidant (385).

Cheese: Cheese (Milk, Salt, Cultures and Vegetarian/Calves Rennet), Water, **Milk** Solids, Emulsifier (331, 322 (**Soy**), 339), Non-Fat **Milk** Solids, Salt, Acidity Regulator (260, 330), Preservative (200), Colours (160a), Cheese Flavour.

Wraps and Rolls

Build	Serve size	Kilojoules per serve	Kilojoules per 100g
Flayva Wrap	255 g	2570	1010
Rippa Roll	248 g	2450	990
Rooster Roll	235 g	2550	1080
Roast Chicken Roll	312 g	2480	790
Chilli Aioli Snack Sub	144 g	1150	800
Herb Mayo Snack Sub	144 g	1380	960
Honey BBQ Snack Sub	144 g	1210	840
Original Snack Sub	144 g	1320	920
Pickle Mayo Snack Sub	144 g	1180	820

Flayva Wrap		
Serve size	255 g	
	Per serve	Per 100g
ENERGY (kJ)	2570	1010
CALORIES (cal)	610	240
PROTEIN (g)	24.2	9.5
FAT TOTAL (g)	40.6	15.9
FAT SATURATED	7.5	2.9
CARBOHYDRATES (g)	37.1	14.5
SUGAR (g)	3.4	1.3
SODIUM (mg)	1235	485

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	Y	Y	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	Y
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	T	-	-	-	-	-	

Ingredients

FLAYVA TENDER WRAP
Chicken strip: Chicken (85%), Salt, Flavour Enhancer (621), Mineral Salts (451,450), Vegetable Powders, Spice, Natural Flavourings
Seasoning: Wheat Flour, Tapioca Starch, Spice, Mineral Salts (450, 500), Malt Extract (Barley)
Batter: Wheat Flour, Salt, Thickener (1422), Mineral Salts (450, 500), Colour (102).
Cooked in canola oil
Tortilla: Wheat flour [(66%), Thiamine, Folic Acid], Water, Vegetable Shortening [Antioxidant (307b)], Sugar, Baking Powder [Mineral Salts (450, 500, 341)], Acidity regulator (297), Iodised Salt, Mineral Salt (500), Preservative (282), Yeast
Tomato
Lettuce
Herb mayo sauce: Vegetable Oil, Egg , Water, Vinegar, Sugar, Salt, Mustard Flour, Herb (0.2%), Lemon Juice Concentrate, Herb Extract.
Cheese: Cheese [(Pasteurised Milk , Salt, Starter Culture, Rennet)(Min 74%)], Water, Emulsifier [331, 332 (from Soy)], Butter [Cream (milk), Water, Salt], Salt, Acidity Regulator (330, 339), Preservative (200), Colour (160A, 160C)

Rippa Roll		
Serve size	248 g	
	Per serve	Per 100g
ENERGY (kJ)	2450	990
CALORIES (cal)	590	240
PROTEIN (g)	23.0	9.3
FAT TOTAL (g)	33.3	13.4
FAT SATURATED	2.8	1.1
CARBOHYDRATES (g)	47.2	19.0
SUGAR (g)	1.9	0.8
SODIUM (mg)	1160	465

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	Y	T	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	Y
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	T	-	-	T	-	T	

Ingredients
RIPPA TENDER ROLL
Chicken strips: Chicken (85%), Salt, Flavour Enhancer (621), Mineral Salts (451,450), Vegetable Powders, Spice, Natural Flavourings
Seasoning: Wheat Flour, Tapioca Starch, Spice, Mineral Salts (450, 500), Malt Extract (Barley)
Batter: Wheat Flour, Salt, Thickener (1422), Mineral Salts (450, 500), Colour (102).
Cooked in canola oil
Bread Roll: Wheat Flour [Contains Vitamins (Thiamine, Folic Acid)], Water, Baker's Yeast, Bread Improver [Wheat Flour, Malted Wheat Flour, Flour Treatment Agent (300), Enzymes], Iodised Salt, Canola Oil, Soy Flour, Wheat Gluten.
Lettuce
Herb Mayo Sauce: Vegetable Oil, Egg , Water, Vinegar, Sugar, Salt, Mustard Flour, Herb (0.2%), Lemon Juice Concentrate, Herb Extract.

Rooster Roll		
Serve size	235 g	
	Per serve	Per 100g
ENERGY (kJ)	2550	1080
CALORIES (cal)	610	260
PROTEIN (g)	28.6	12.2
FAT TOTAL (g)	25.1	10.7
FAT SATURATED	3.9	1.7
CARBOHYDRATES (g)	64.3	27.4
SUGAR (g)	15.0	6.4
SODIUM (mg)	1450	615

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	Y	Y	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	Y	Y
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	-	-	-	T	-	T	

Ingredients
ROOSTER ROLL
Whole Chicken: Chicken (90%), Water, Salt, Mineral Salts (451, 450, 452), Sugar, Vegetable Gums (412, 415), Hydrolysed Vegetable Protein (Maize, Soy), Vegetable Oil.
Stuffing: Water, Manufactured Crumbs (Wheat) [Wheat Flour, Salt, Mineral Salt (503)], Diced Onion, Canola Oil, Salt, Sugar, Herbs, Minced Garlic, Flavouring (Soy) (Natural, Thermal), Spices.
Seasoning: Salt (Minimum 80%), Rice Flour, Vegetable Powders, Spices, Anti-caking Agents (341, 551), Yeast Extract, Sugar, Canola Oil, Food Acid (330), Spice Extracts (160c, 100)
Bread Roll: Wheat Flour, Water, Baker's Yeast, Sugar, Canola Oil, Wheat Gluten, Sesame Seeds, Iodised Salt, Soy Flour, Preservative (282), Emulsifiers (481, 472e), Wheat Malt Flour, Vitamins (Thiamin, Folic Acid).
Mayonnaise: Water, Vegetable Oil [Including Antioxidant (307)], Dextrose, White Vinegar, Thickeners (1442, 1422, 1450, 415), Glucose Syrup, Salt, Sugar, Egg Yolk (1%), Acidity Regulator (270), Flavours (Contains Milk), Preservative (202), Yeast Extract, Mustard Flour, Antioxidant (385).

Roast Chicken Roll							
Serve size	312 g						
	Per serve	Per 100g					
ENERGY (kJ)	2480	790					
CALORIES (cal)	590	190					
PROTEIN (g)	31.7	10.2					
FAT TOTAL (g)	32.2	10.3					
FAT SATURATED	3.8	1.2					
CARBOHYDRATES (g)	42.4	13.6					
SUGAR (g)	2.7	0.9					
SODIUM (mg)	1100	355					
Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	Y	T	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	Y
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	T	-	-	T	-	T	

Ingredients
ROAST CHICKEN ROLL
Chicken: Chicken (90%), Water, Salt, Mineral Salts (451, 450, 452), Sugar, Vegetable Gums (412, 415), Hydrolysed Vegetable Protein (Maize, Soy), Vegetable Oil, Salt (Minimum 80%), Rice Flour, Vegetable Powders, Spices, Anti-caking Agents (341, 551), Yeast Extract, Sugar, Canola Oil, Food Acid (330), Spice Extracts (160c, 100) Water, Manufactured Crumbs (Wheat) [Wheat Flour, Salt, Mineral Salt (503)], Diced Onion, Canola Oil, Salt, Sugar, Herbs, Minced Garlic, Flavouring (Soy) (Natural, Thermal), Spices. Roll: Wheat Flour [Contains Vitamins (Thiamine, Folic Acid)], Water, Baker's Yeast, Bread Improver [Wheat Flour, Malted Wheat Flour, Flour Treatment Agent (300), Enzymes], Iodised Salt, Canola Oil, Soy Flour, Wheat Gluten. Lettuce Tomato Herb Mayo: Vegetable Oil, Egg, Water, Vinegar, Sugar, Salt, Mustard Flour, Herb (0.2%), Lemon Juice Concentrate, Herb Extract.

Chilli Aioli Snack Sub		
Serve size	144 g	
	Per serve	Per 100g
ENERGY (kJ)	1150	800
CALORIES (cal)	280	190
PROTEIN (g)	12.7	8.8
FAT TOTAL (g)	9.8	6.8
FAT SATURATED	0.9	0.6
CARBOHYDRATES (g)	32.9	22.8
SUGAR (g)	2.6	1.8
SODIUM (mg)	730	510

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	Y	Y	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	Y

Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	T	-	-	T	-	T	

Ingredients
SNACK TENDER SUB – CHILLI AIOLI
Chicken strips: Chicken (85%), Salt, Flavour Enhancer (621), Mineral Salts (451,450), Vegetable Powders, Spice, Natural Flavourings Seasoning: Wheat Flour, Tapioca Starch, Spice, Mineral Salts (450, 500), Malt Extract (Barley) Batter: Wheat Flour, Salt, Thickener (1422), Mineral Salts (450, 500), Colour (102). Cooked in canola oil Bread Roll: Wheat Flour [Contains Vitamins (Thiamine, Folic Acid)], Water, Baker's Yeast, Bread Improver [Wheat Flour, Malted Wheat Flour, Flour Treatment Agent (300), Enzymes], Iodised Salt, Canola Oil, Soy Flour, Wheat Gluten. Lettuce Chilli Aioli: Water, Vegetable Oil, Vinegar, Sugar, Egg Yolk, Garlic (2.5%), Salt, Thickeners (1442, 415), Lemon Juice Concentrate, Whey Powder (milk), Chilli (0.9%), Flavours (Contain Milk), Food Acid (330), Pepper, Antioxidant (385).

Herb Mayo Snack Sub		
Serve size	144 g	
	Per serve	Per 100g
ENERGY (kJ)	1380	960
CALORIES (cal)	330	230
PROTEIN (g)	12.7	8.8
FAT TOTAL (g)	17.0	11.8
FAT SATURATED	1.4	1.0
CARBOHYDRATES (g)	30.8	21.4
SUGAR (g)	1.2	0.8
SODIUM (mg)	655	455

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	Y	T	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	Y

	Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
	-	T	-	-	T	-	T	

Ingredients
SNACK TENDER SUB - HERB MAYO
Chicken strips: Chicken (85%), Salt, Flavour Enhancer (621), Mineral Salts (451,450), Vegetable Powders, Spice, Natural Flavourings. Seasoning: Wheat Flour, Tapioca Starch, Spice, Mineral Salts (450, 500), Malt Extract (Barley). Batter: Wheat Flour, Salt, Thickener (1422), Mineral Salts (450, 500), Colour (102). Cooked in canola oil Bread roll: Wheat Flour [Contains Vitamins (Thiamine, Folic Acid)], Water, Baker's Yeast, Bread Improver [Wheat Flour, Malted Wheat Flour, Flour Treatment Agent (300), Enzymes], Iodised Salt, Canola Oil, Soy Flour, Wheat Gluten. Lettuce Herb Mayo: Vegetable Oil, Egg, Water, Vinegar, Sugar, Salt, Mustard Flour, Herb (0.2%), Lemon Juice Concentrate, Herb Extract.

Honey BBQ Snack Sub		
Serve size	144 g	
	Per serve	Per 100g
ENERGY (kJ)	1210	840
CALORIES (cal)	290	200
PROTEIN (g)	12.7	8.8
FAT TOTAL (g)	11.1	7.7
FAT SATURATED	1.0	0.7
CARBOHYDRATES (g)	33.5	23.3
SUGAR (g)	3.5	2.4
SODIUM (mg)	645	450

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	Y	T	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	Y

Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	T	-	-	T	-	T	
Ingredients							
HONEY ROASTED BBQ SNACK SUB							
Chicken strips: Chicken (85%), Salt, Flavour Enhancer (621), Mineral Salts (451,450), Vegetable Powders, Spice, Natural Flavourings Seasoning: Wheat Flour, Tapioca Starch, Spice, Mineral Salts (450, 500), Malt Extract (Barley). Batter: Wheat Flour, Salt, Thickener (1422), Mineral Salts (450, 500), Colour (102). Cooked in canola oil Bread Roll: Wheat Flour [Contains Vitamins (Thiamine, Folic Acid)], Water, Baker's Yeast, Bread Improver [Wheat Flour, Malted Wheat Flour, Flour Treatment Agent (300), Enzymes], Iodised Salt, Canola Oil, Soy Flour, Wheat Gluten. Lettuce Honey Roasted BBQ: Canola Oil, Water, Sugar, Whole Egg, French Mustard, Tomato Paste, Food Acid (260), Thickeners (1442, 415), Lemon Juice, Honey (Minimum 1%), Tapioca Starch, Garlic, Flavourings (Natural, Smoke), Salt, Natural Colours (150a, 160c, 160b), Roasted Garlic, Onion, Spices [Paprika, Turmeric (100)], Emulsifier (435), Preservatives (202, 211), Spice Extract.							

Original Snack Sub		
Serve size	144 g	
	Per serve	Per 100g
ENERGY (kJ)	1320	920
CALORIES (cal)	320	220
PROTEIN (g)	12.7	8.8
FAT TOTAL (g)	14.9	10.3
FAT SATURATED	1.2	0.9
CARBOHYDRATES (g)	31.9	22.2
SUGAR (g)	1.4	1.0
SODIUM (mg)	670	465

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	Y	T	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	Y

	Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
	-	T	-	-	T	-	T	

Ingredients
SNACK TENDER SUB - MAYO
Chicken strips: Chicken (85%), Salt, Flavour Enhancer (621), Mineral Salts (451,450), Vegetable Powders, Spice, Natural Flavourings. Seasoning: Wheat Flour, Tapioca Starch, Spice, Mineral Salts (450, 500), Malt Extract (Barley). Batter: Wheat Flour, Salt, Thickener (1422), Mineral Salts (450, 500), Colour (102). Cooked in canola oil Bread roll: Wheat Flour [Contains Vitamins (Thiamine, Folic Acid)], Water, Baker's Yeast, Bread Improver [Wheat Flour, Malted Wheat Flour, Flour Treatment Agent (300), Enzymes], Iodised Salt, Canola Oil, Soy Flour, Wheat Gluten. Lettuce Whole Egg Mayo: Canola Oil [Antioxidant (307b)], Water, Whole Egg (Minimum 7%), Sugar, Vinegar, Dijon Mustard [Acidity Regulator (330,334)], Egg Yolk, Salt, Acidity Regulator (575), Vegetable Gum (415), Emulsifiers (322 (Soy), 435), Oat Fibre, Preservative (202), Antioxidant (385).

Pickle Mayo Snack Sub			
Serve size	144 g		
	Per serve	Per 100g	
ENERGY (kJ)	1180	820	
CALORIES (cal)	280	200	
PROTEIN (g)	12.8	8.9	
FAT TOTAL (g)	10.9	7.6	
FAT SATURATED	1.0	0.7	
CARBOHYDRATES (g)	32.1	22.3	
SUGAR (g)	2.1	1.4	
SODIUM (mg)	735	510	

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	Y	Y	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	Y

Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	T	-	-	T	-	T	

Ingredients
Pickle Mayo Snack Sub
Chicken strips: Chicken (85%), Salt, Flavour Enhancer (621), Mineral Salts (451,450), Vegetable Powders, Spice, Natural Flavourings Seasoning: Wheat Flour, Tapioca Starch, Spice, Mineral Salts (450, 500), Malt Extract (Barley). Batter: Wheat Flour, Salt, Thickener (1422), Mineral Salts (450, 500), Colour (102). Cooked in canola oil. Bread Roll: Wheat Flour [Contains Vitamins (Thiamine, Folic Acid)], Water, Baker's Yeast, Bread Improver [Wheat Flour, Malted Wheat Flour, Flour Treatment Agent (300), Enzymes], Iodised Salt, Canola Oil, Soy Flour, Wheat Gluten. Lettuce Pickled Mayo: Vegetable Oil [Antioxidant (307)], Water, Diced Gherkin (12%) [Gherkin, Water, Salt, Food Acid (270), Vegetable Gum (415)], Vinegar, Sugar, Egg Yolk, Buttermilk Powder (Milk), Thickeners (1442, 415), Salt, Dextrose, Vegetable Powders, Lemon Juice Concentrate, Spices, Yeast Extract, Acidity Regulator (270), Preservative (202), Herb Extract, Natural Colour (160c), Antioxidant (385).

Snacks and Sides

Build	Serve size	Kilojoules per serve	Kilojoules per 100g
Buttermilk Wings	90 g	910	1010
Cheesy Nuggets	48 g	650	1350
Chicken Nugget	48 g	510	1070
Chicken Pops	95 g	1310	1380
Chips	226 g	2280	1010
Cornwheels	64 g	310	490
Crunchy Potatoes	20 g	140	680
Crunchy Slaw	90 g	440	490
Garlic Bread	23 g	0	0
Gravy	135 g	210	160
Mash & Gravy	130 g	310	230
Pineapple Fritter	70 g	630	890
Sweet Potato	130 g	1560	1200
PEA	90 g	230	250

Buttermilk Wings		
Serve size	90 g	
	Per serve	Per 100g
ENERGY (kJ)	910	1010
CALORIES (cal)	220	240
PROTEIN (g)	16.0	17.8
FAT TOTAL (g)	17.9	19.9
FAT SATURATED	2.8	3.1
CARBOHYDRATES (g)	28.2	31.3
SUGAR (g)	0.2	0.2
SODIUM (mg)	800	885

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	Y	Y	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	T
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	-	-	-	T	-	-	

Ingredients
BUTTERMILK WINGS
Buttermilk wings: Chicken Wing Nibbles (76%), Buttermilk Coating (29%) [Wheat Flour, Rice Flour, Wheat Starch, Salt, Mineral Salts (450, 500), Egg Albumen, Spice (Pepper), Canola Oil, Dextrose (Tapioca, Maize), Wheat Gluten, Tapioca Starch, Dehydrated Vegetables (Onion, Garlic), Cream Powder (Milk), Buttermilk Powder (3.0%) (Milk), Wheat Fibre, Acidity Regulator (330), Yeast Extract, Natural Chicken Roast Flavour, Canola Oil, Vegetable Extract (Garlic), Water, Maize Starch, Maize Flour, Thickeners (1420, 415)], Tapioca Starch, Salt, Thickener (1412), Mineral Salts (451, 450, 452), Herbs and Spices (Sage, Pepper, Celery), Sugar, Buttermilk Powder (Milk), Yeast Extract, Dehydrated Vegetable (Garlic), Natural Roast Chicken Flavour, Vegetable Oil (Canola).
Cooked in canola oil

Cheesy Nuggets		
Serve size	48 g	
	Per serve	Per 100g
ENERGY (kJ)	650	1350
CALORIES (cal)	150	320
PROTEIN (g)	5.7	11.9
FAT TOTAL (g)	10.1	21.1
FAT SATURATED	1.9	3.9
CARBOHYDRATES (g)	9.9	20.6
SUGAR (g)	0.7	1.4
SODIUM (mg)	385	800

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	T	Y	T	T	T	T

Ingredients
CHEESY NUGGETS
Chicken (32%), Wheat Flour, Cheese (13%) [(milk , salt, starter culture, enzymes), Mineral Salts (339,452), Salt, Butter (milk), Anticaking Agent (Tapioca Starch, E460), Preservative (200), Colour (160b), Folic Acid (270), Water], Sesame Seeds, Salt, Canola Oil, Wheat Gluten, Water, Thickeners (1404, 1414), Mineral Salts (450, 500, 451), Yeast, Soy Protein, Dextrose, Vegetable Gums (407a, 415), Food Acid (331), Colours (100,160b), Flavouring, Vegetable Oil.
Cooked in canola oil

Chicken Nugget																
Serve size	48 g															
	Per serve								Per 100g							
ENERGY (kJ)	510								1070							
CALORIES (cal)	120								260							
PROTEIN (g)	6.9								14.3							
FAT TOTAL (g)	8.0								16.7							
FAT SATURATED	0.9								1.9							
CARBOHYDRATES (g)	5.2								10.9							
SUGAR (g)	0.2								0.5							
SODIUM (mg)	270								560							
Allergen information <table><tr><td>Gluten</td><td>Wheat</td><td>Egg</td><td>Milk</td><td>Peanuts</td><td>Almond</td><td>Brazil nut</td><td>Cashew</td></tr></table>									Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew									

	Y	Y	T	T	T	T	T	T
	Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
	T	T	T	T	T	T	T	Y
	Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
	-	-	-	-	T	-	-	

Ingredients								
CHICKEN NUGGET								
Chicken (39%), Wheat Flour, Salt, Canola Oil, Yeast, Wheat Gluten, Water, Vegetable Oil, Tapioca Starch, Soy Protein Isolate, Thickeners (1404), Mineral Salts (451,450, 500) , Dehydrated Vegetables, Colours (100,160b), Flavour, Yeast Extract.								
Cooked in canola oil								

Chicken Pops		
Serve size	95 g	
	Per serve	Per 100g
ENERGY (kJ)	1310	1380
CALORIES (cal)	310	330
PROTEIN (g)	18.1	19.1
FAT TOTAL (g)	20.0	21.1
FAT SATURATED	2.9	3.1
CARBOHYDRATES (g)	14.8	15.6
SUGAR (g)	0.3	0.3
SODIUM (mg)	845	890

Allergen information		
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	Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
	Y	Y	Y	Y	T	T	T	T
	Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
	T	T	T	T	T	T	T	T
	Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
	-	-	-	-	T	-	-	
Ingredients								
Buttermilk Pops								
Buttermilk Pops: Chicken (65%), Buttermilk Coating (23%) [Wheat Flour, Rice Flour, Wheat Starch, Salt, Mineral Salts (450, 500), Egg Albumen, Spices (Pepper, Celery), Canola Oil, Dextrose (Tapioca, Maize), Water, Maize Starch, Maize Flour, Thickeners (1420, 415), Dehydrated Vegetables (Onion, Garlic), Acidity Regulator (330), Yeast Extract, Buttermilk Powder (3.0%) (Milk), Natural Roast Chicken Flavour, Cream Powder (Milk), Tapioca Starch, Wheat Gluten, Wheat Fibre, Vegetable Extract (Garlic)], Water, Vegetable Oil (Canola Oil), Tapioca Starch, Salt, Thickener (1412), Mineral Salts (451, 450, 452), Herbs and Spices (Sage, Pepper, Celery), Sugar, Buttermilk Powder, Yeast Extract, Dehydrated Vegetable (Garlic), Natural Roast Chicken Flavour.								
Cooked in canola oil								

Chips		
Serve size	226 g	
	Per serve	Per 100g
ENERGY (kJ)	2280	1010
CALORIES (cal)	550	240
PROTEIN (g)	9.7	4.3
FAT TOTAL (g)	24.6	10.9
FAT SATURATED	2.0	0.9
CARBOHYDRATES (g)	67.6	29.9
SUGAR (g)	0.7	0.3
SODIUM (mg)	75	35
Allergen information		

	Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
	T	T	T	T	T	T	T	T
	Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
	T	T	T	T	T	T	T	T
	Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
	-	-	-	-	T	-	-	

Ingredients								
LARGE CHIPS								
Chips: Potato (94%), Canola Oil, Dextrose (from Maize).								
Chip salt: Salt (Minimum 76%), Rice Flour, Vegetable Powders, Hydrolysed Vegetable Protein (Maize), Anti-caking Agent (551), Yeast Extract, Food Acid (330), Spice (100), Spice Extract (160c).								
Cooked in canola oil								

Cornwheels		
Serve size	64 g	
	Per serve	Per 100g
ENERGY (kJ)	310	490
CALORIES (cal)	70	120
PROTEIN (g)	2.1	3.3
FAT TOTAL (g)	1.3	2.0
FAT SATURATED	0.1	0.2
CARBOHYDRATES (g)	11.9	18.7
SUGAR (g)	2.6	4.2
SODIUM (mg)	185	290

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
T	T	T	T	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	T
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	-	-	-	T	-	T	

Ingredients
corn wheels
Corn: Sweet Corn.
Seasoning: Salt (Minimum 76%), Rice Flour, Vegetable Powders, Hydrolysed Vegetable Protein (Maize), Anti-caking Agent (551), Yeast Extract, Food Acid (330), Spice (100), Spice Extract (160c).

Crunchy Potatoes		
Serve size	20 g	
	Per serve	Per 100g
ENERGY (kJ)	140	680
CALORIES (cal)	30	160
PROTEIN (g)	0.5	2.6
FAT TOTAL (g)	1.1	5.5
FAT SATURATED	0.1	0.5
CARBOHYDRATES (g)	4.9	24.5
SUGAR (g)	0.4	1.9
SODIUM (mg)	75	385

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
T	T	T	T	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	T
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	-	-	-	Y	-	T	

Ingredients

Crunchy Potato

Potato

Cornflour

Seasoning: Salt (Minimum 76%), Rice Flour, Vegetable Powders, Hydrolysed Vegetable Protein (Maize), Anti-caking Agent (551), Yeast Extract, Food Acid (330), Spice (100), Spice Extract (160c).

Crunchy Slaw

Serve size	90 g	
	Per serve	Per 100g
ENERGY (kJ)	440	490
CALORIES (cal)	110	120
PROTEIN (g)	1.5	1.6
FAT TOTAL (g)	6.8	7.6
FAT SATURATED	0.6	0.6
CARBOHYDRATES (g)	8.6	9.6
SUGAR (g)	7.9	8.8
SODIUM (mg)	240	265



Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
-	-	Y	Y	-	-	-	-
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
-	-	-	-	-	-	-	-
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	-	-	-	-	-	-	

SMALL CRUNCHY SLAW

Dry Slaw: White Cabbage, Red Cabbage and Carrot.

Coleslaw dressing: Vegetable Oil, Sugar, Water, Vinegar, **Egg** Yolk, **Milk** Solids, Salt, Thickeners (1450, 1442, 415), Emulsifier (461), Acidity Regulator(270), Flavour, Vegetable Powder, Preservative (202).

Garlic Bread		
Serve size	23 g	
	Per serve	Per 100g
ENERGY (kJ)	0	0
CALORIES (cal)	0	0
PROTEIN (g)	0.0	0.0
FAT TOTAL (g)	0.0	0.0
FAT SATURATED	0.0	0.0
CARBOHYDRATES (g)	0.0	0.0
SUGAR (g)	0.0	0.0
SODIUM (mg)	0	0

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	T	T	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	Y
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	-	-	-	-	-	-	

Ingredients
GARLIC BREAD
Garlic Bread: Wheat Flour, Water, Margarine [Vegetable Oil, Water, Salt, Emulsifiers (322 Soy , 471), Natural Flavour, Antioxidant (307b Soy), Acidity Regulator (330), Natural Colour (160a)], Baker's Yeast, Garlic Flakes(2%), Iodised Salt, Sugar, Canola Oil, Dextrose, Preservative (282), Emulsifiers (481, 472e), Parsley, Soy Flour, Acidity Regulator (330), Vitamins (Thiamin, Folic Acid).

Gravy			
Serve size	135 g		
	Per serve	Per 100g	
ENERGY (kJ)	210	160	
CALORIES (cal)	50	40	
PROTEIN (g)	0.1	0.1	
FAT TOTAL (g)	0.8	0.6	
FAT SATURATED	0.5	0.4	
CARBOHYDRATES (g)	10.4	7.7	
SUGAR (g)	0.8	0.6	

SODIUM (mg)	765	565																																																													
<table><tr><th colspan="8">Allergen information</th></tr><tr><th>Gluten</th><th>Wheat</th><th>Egg</th><th>Milk</th><th>Peanuts</th><th>Almond</th><th>Brazil nut</th><th>Cashew</th></tr><tr><td>Y</td><td>-</td><td>-</td><td>Y</td><td>-</td><td>-</td><td>-</td><td>-</td></tr><tr><th>Hazelnut</th><th>Macadamia</th><th>Pecan</th><th>Pine nut</th><th>Pistachio</th><th>Walnut</th><th>Sesame</th><th>Soy</th></tr><tr><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>Y</td></tr><tr><th>Shellfish</th><th>Fish</th><th>Crustacean</th><th>Molluscs</th><th>Added Sulphites</th><th>Royal Jelly</th><th>Lupin</th><td></td></tr><tr><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td>-</td><td></td></tr></table>								Allergen information								Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew	Y	-	-	Y	-	-	-	-	Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy	-	-	-	-	-	-	-	Y	Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin		-	-	-	-	-	-	-	
Allergen information																																																															
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew																																																								
Y	-	-	Y	-	-	-	-																																																								
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy																																																								
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Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin																																																									
-	-	-	-	-	-	-																																																									
REGULAR GRAVY																																																															
Gravy: Thickener (1442), Maltodextrin, Salt, Vegetable Shortening (Milk), Hydrolysed Vegetable Proteins (Soy), Sugar, Vegetable Powder, Flavourings (Natural), Anti-caking Agent (551), Yeast Extract, Malt Extract (Barley), Colours (Including 150a), Spice, Herb.																																																															

Mash & Gravy		
Serve size	130 g	
	Per serve	Per 100g
ENERGY (kJ)	310	230
CALORIES (cal)	70	60
PROTEIN (g)	1.0	0.8
FAT TOTAL (g)	2.3	1.8
FAT SATURATED	1.4	1.1
CARBOHYDRATES (g)	11.7	9.0

SUGAR (g)	1.2	0.9
SODIUM (mg)	600	460

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	-	-	Y	-	-	-	-
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
-	-	-	-	-	-	-	Y
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	-	-	-	Y	-	-	

Ingredients
REGULAR MASH & GRAVY
Gravy: Thickener (1442), Maltodextrin, Salt, Vegetable Shortening (Milk), Hydrolysed Vegetable Proteins (Soy), Sugar, Vegetable Powder, Flavourings (Natural), Anti-caking Agent (551), Yeast Extract, Malt Extract (Barley), Colours (Including 150a), Spice, Herb.
Potato mash: Potato Flakes (Minimum 67%) [Potato, Emulsifier (471), Mineral Salt (450), Preservative (220), Food Acid (330)], Cream Powder [Milk Solids, Antioxidant (304), Mineral Salt (500)], Vegetable Shortening [Vegetable Oil, Milk Solids, Emulsifier (471)], Salt, Flavouring, Spices, Spice Extract (100).

Pineapple Fritter		
Serve size	70 g	
	Per serve	Per 100g
ENERGY (kJ)	630	890
CALORIES (cal)	150	210
PROTEIN (g)	1.9	2.7
FAT TOTAL (g)	6.0	8.5
FAT SATURATED	0.6	0.8

CARBOHYDRATES (g)	21.4	30.5
SUGAR (g)	10.1	14.4
SODIUM (mg)	30	45

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	T	T	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	T
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	-	-	-	T	-	-	

Ingredients
PINEAPPLE FRITTER
Pineapple fritters: Tinned Pineapple (67%) [Pineapple, Water, Sugar, Citric Acid], Wheat Flour, Water, Salt, Sugar, Yeast, Raising Agents (450i, 500ii), Canola Oil, Vanilla Flavour.
Cooked in canola oil

Sweet Potato		
Serve size	130 g	
	Per serve	Per 100g
ENERGY (kJ)	1560	1200
CALORIES (cal)	370	290
PROTEIN (g)	19.2	14.8
FAT TOTAL (g)	19.6	15.1

FAT SATURATED	1.7	1.3
CARBOHYDRATES (g)	28.3	21.8
SUGAR (g)	18.3	14.1
SODIUM (mg)	300	230

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
T	T	T	T	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	T
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	-	-	-	T	-	-	

Ingredients
Sweet Potato Chips
Sweet Potato: Sweet Potato (80%), Batter (Modified Starches (1422 (From Genetically Modified Corn), 1412), Sugar, Rice Flour, Potato Dextrin, Brown Sugar, Fibres (Pea, Corn (Genetically Modified)), Salt, Raising Agents (450, 500), Spice Extracts, Thickener (415)), Vegetable Oils (Soybean).
Cooked in canola oil

Limited Time Offers

Build	Serve size	Kilojoules per serve	Kilojoules per 100g
HONEY BBQ TENDER RIPPA	272 g	2230	820

REDS VEGGIE BURGER	234 g	2900	1240
PICKLEBIRD VEGGIE BURGER	276 g	2350	850
CHILI AIOLI TENDER RIPPER	248 g	1990	800

HONEY BBQ TENDER RIPPA		
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Serve size	272 g	
	Per serve	Per 100g
ENERGY (kJ)	2230	820
CALORIES (cal)	530	200
PROTEIN (g)	23.0	8.4
FAT TOTAL (g)	21.6	8.0
FAT SATURATED	1.9	0.7
CARBOHYDRATES (g)	59.3	21.8
SUGAR (g)	12.9	4.7
SODIUM (mg)	1285	470



Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	Y	T	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	Y
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	T	-	-	T	-	T	

Ingredients

HONEY BBQ TENDER RIPPA

Chicken strip: Chicken (85%), Salt, Flavour Enhancer (621), Mineral Salts (451,450), Vegetable Powders, Spice, Natural Flavourings.

Seasoning: **Wheat** Flour, Tapioca Starch, Spice, Mineral Salts (450, 500), Malt Extract (**Barley**)

Batter: **Wheat** Flour, Salt, Thickener (1422), Mineral Salts (450, 500), Colour (102).

Cooked in canola oil

Bread: **Wheat** Flour [Contains Vitamins (Thiamine, Folic Acid)], Water, Baker's Yeast, Bread Improver [**Wheat** Flour, Malted **Wheat** Flour, Flour Treatment Agent (300), Enzymes], Iodised Salt, Canola Oil, **Soy** Flour, **Wheat** Gluten.

Lettuce

Honey BBQ: Canola Oil, Water, Sugar, Whole **Egg**, French Mustard, Tomato Paste, Food Acid (260), Thickeners (1442, 415), Lemon Juice, Honey (Minimum 1%), Tapioca Starch, Garlic, Flavourings (Natural, Smoke), Salt, Natural Colours (150a, 160c, 160b), Roasted Garlic, Onion, Spices [Paprika, Turmeric (100)], Emulsifier (435), Preservatives (202, 211), Spice Extract.

Pickle: Cucumbers (60%), Sugar, White Vinegar, Water, Salt, Firming agent (509) Calcium Chloride, Dried Red Chilli (Chipotle Flakes, Natural Flavours, Natural Colours (101) Riboflavin.

REDS VEGGIE BURGER		
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Serve size	234 g	
	Per serve	Per 100g
ENERGY (kJ)	2900	1240
CALORIES (cal)	690	300
PROTEIN (g)	13.6	5.8



FAT TOTAL (g)	42.3	18.1
FAT SATURATED	8.3	3.5
CARBOHYDRATES (g)	64.6	27.6
SUGAR (g)	7.3	3.1
SODIUM (mg)	1175	500

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	Y	Y	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	Y
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	T	-	-	Y	-	-	

Ingredients
REDS VEGGIE BURGER
Beetroot & Quinoa Pattie: Vegetables (70%) (Beetroot (31%)), Maize Flour, Rice Flour, Quinoa (5%), Vegetable Oil (Canola), Herbs and Spices, Salt, Baking Powder (450, 500), Vegetable Gum (Guar)
Bun: Wheat Flour (Vitamins (Thiamin, Folate)), Water, Potato Flakes (6%) (Potato, Emulsifier (471, 450), Preservative (222 Sulphites), Acidity Regulator (330)), Sugar, Canola Oil, Wheat Gluten, Iodised Salt, Yeast, Emulsifiers (472e, 471), Preservative (282), Improver (Emulsifier (481), Soy Flour, Mineral Salt (170), Acidity Regulator (516), Antioxidant (300), Wheat Malt Flour, Enzymes (Contains Wheat)), Colour (160a)(Contains Wheat).
Cheese: Cheese [(Pasteurised Milk , Salt, Starter Culture, Rennet)(Min 74%)], Water, Emulsifier [331, 332 (from Soy)], Butter [Cream (milk), Water, Salt], Salt, Acidity Regulator (330, 339), Preservative (200), Colour (160A, 160C).
Lettuce
Tomato: Cheese [(Pasteurised Milk , Salt, Starter Culture, Rennet)(Min 74%)], Water, Emulsifier [331, 332 (from Soy)], Butter [Cream (milk), Water, Salt], Salt, Acidity Regulator (330, 339), Preservative (200), Colour (160A, 160C).
Pickled Mayo: Vegetable Oil, Egg , Water, Vinegar, Sugar, Salt, Mustard Flour, Herb (0.2%), Lemon Juice Concentrate, Herb Extract.

PICKLEBIRD VEGGIE BURGER		
Serve size	276 g	
	Per serve	Per 100g
ENERGY (kJ)	2350	850
CALORIES (cal)	560	200
PROTEIN (g)	11.6	4.2

FAT TOTAL (g)	26.9	9.8
FAT SATURATED	5.2	1.9
CARBOHYDRATES (g)	67.5	24.5
SUGAR (g)	9.8	3.6
SODIUM (mg)	1165	420

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	Y	Y	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	Y
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	T	-	-	Y	-	-	

Ingredients
PICKLEBIRD VEGGIE BURGER
Beetroot & Quinoa Pattie: Vegetables (70%) (Beetroot (31%)), Maize Flour, Rice Flour, Quinoa (5%), Vegetable Oil (Canola), Herbs and Spices, Salt, Baking Powder (450, 500), Vegetable Gum (Guar).
Bun: Wheat Flour (Vitamins (Thiamin, Folate)), Water, Potato Flakes (6%) (Potato, Emulsifier (471, 450), Preservative (222 Sulphites), Acidity Regulator (330)), Sugar, Canola Oil, Wheat Gluten, Iodised Salt, Yeast, Emulsifiers (472e, 471), Preservative (282), Improver (Emulsifier (481), Soy Flour, Mineral Salt (170), Acidity Regulator (516), Antioxidant (300), Wheat Malt Flour, Enzymes (Contains Wheat)), Colour (160a)(Contains Wheat).
Cheese: Cheese [(Pasteurised Milk , Salt, Starter Culture, Rennet)(Min 74%)], Water, Emulsifier [331, 332 (from Soy)], Butter [Cream (milk), Water, Salt], Salt, Acidity Regulator (330, 339), Preservative (200), Colour (160A, 160C)
Lettuce
Tomato
Pickled Mayo: Vegetable Oil [Antioxidant (307)], Water, Diced Gherkin (12%) [Gherkin, Water, Salt, Food Acid (270), Vegetable Gum (415)], Vinegar, Sugar, Egg Yolk, Buttermilk Powder (Milk), Thickeners (1442, 415), Salt, Dextrose, Vegetable Powders, Lemon Juice Concentrate, Spices, Yeast Extract, Acidity Regulator (270), Preservative (202), Herb Extract, Natural Colour (160c), Antioxidant (385).
Pickle: Cucumbers (60%), Sugar, White Vinegar, Water, Salt, Firming agent (509) Calcium Chloride, Dried Red Chilli (Chipotle Flakes, Natural Flavours, Natural Colours (101) Riboflavin.

Chilli Aioli Tender Rippa		
Serve size	248 g	
	Per serve	Per 100g
ENERGY (kJ)	1990	800
CALORIES (cal)	470	190
PROTEIN (g)	22.9	9.2

FAT TOTAL (g)	19.0	7.6
FAT SATURATED	1.7	0.7
CARBOHYDRATES (g)	51.2	20.7
SUGAR (g)	4.8	1.9
SODIUM (mg)	1310	530

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	Y	Y	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	Y
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	T	-	-	T	-	T	

Ingredients

CHILLI AIOLI TENDER RIPPA

Chicken Strip: Chicken (85%), Salt, Flavour Enhancer (621), Mineral Salts (451,450), Vegetable Powders, Spice, Natural Flavourings.

Seasoning: **Wheat** Flour, Tapioca Starch, Spice, Mineral Salts (450, 500), Malt Extract (**Barley**).

Batter: **Wheat** Flour, Salt, Thickener (1422), Mineral Salts (450, 500), Colour (102).

Cooked in canola oil

Bread Roll: **Wheat** Flour [Contains Vitamins (Thiamine, Folic Acid)], Water, Baker's Yeast, Bread Improver [**Wheat** Flour, Malted **Wheat** Flour, Flour Treatment Agent (300), Enzymes], Iodised Salt, Canola Oil, **Soy** Flour, **Wheat** Gluten.

Lettuce

Chilli Aioli: Water, Vegetable Oil, Vinegar, Sugar, **Egg** Yolk, Garlic (2.5%), Salt, Thickeners (1442, 415), Lemon Juice Concentrate, Whey Powder (**milk**), Chilli (0.9%), Flavours (Contain **Milk**), Food Acid (330), Pepper, Antioxidant (385).

Build	Serve size	Kilojoules per serve	Kilojoules per 100g
1 Sweet & Sour Crunch	114 g	1330	1170
6 Sweet & Sour Crunch	684 g	8000	1170
12 Sweet & Sour Crunch	1368 g	15990	1170
18 Sweet & Sour Crunch	2052 g	23990	1170
Sweet & Sour Crunch Reg Combo	737 g	4020	550
Sweet & Sour Crunch Lge Combo	1054 g	4960	470
3PCE Sweet & Sour Crunch Satisfryer	1017 g	5950	580
3PCE Sweet & Sour Crunch Satisfryer Large	1140 g	4560	400
Sweet & Sour Crunch Box	1603 g	13660	850
Sweet & Sour Crunch Fried Box	253 g	2670	1060
Sweet & Sour Crunch Fried Pack	3379 g	17860	530
Sweet & Sour Crunch Big Feast	3967 g	24140	610

1 Sweet & Sour Crunch		
Serve size	114 g	
	Per serve	Per 100g
ENERGY (kJ)	1330	1170
CALORIES (cal)	320	280
PROTEIN (g)	18.4	16.2
FATTOTAL (g)	16.1	14.1
FATSATURATED	3.1	2.7
CARBOHYDRATES (g)	25.4	22.3
SUGAR (g)	14.7	12.9
SODIUM (mg)	795	700

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	-	-	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	Y
Shellfish	Fish	Crustacean	Mollusks	Added Sulphites	Royal Jelly	Lupin	
-	-	-	-	-	-	-	

Ingredients							
SWEET&SOUR CRUNCH							
Chicken Batter: Wheat Flour, Salt, Thickener (1422), Mineral Salts (450, 500), Colour (102). Brine: Salt (Minimum 55%), Flavour Enhancer (621), Tapioca Starch, Vegetable Powders, Spice, Flavourings, Sunflower Oil Seasoning: Wheat Flour, Tapioca Starch, Spice, Mineral Salts (450, 500), Malt Extract (Barley). Sweet & Sour Sauce: Sugar, Water, Vinegar, Fruit Paste [Includes Antioxidant (300)], Glucose Syrup, Thickeners (1422, 415), Salt, Soy Sauce (Wheat), Fruit Juice Concentrate, Tomato Paste, Preservative (202), Spices, Natural Colour (160c). Cooked in canola oil							

6 Sweet & Sour Crunch		
Serve size	684 g	
	Per serve	Per 100g
ENERGY (kJ)	8000	1170
CALORIES (cal)	1910	280
PROTEIN (g)	110.7	16.2
FATTOTAL (g)	96.6	14.1
FATSATURATED	18.4	2.7
CARBOHYDRATES (g)	152.4	22.3
SUGAR (g)	88.3	12.9
SODIUM (mg)	4780	700

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	-	-	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	Y
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	-	-	-	-	-	-	

12 Sweet & Sour Crunch		
Serve size	1368 g	
	Per serve	Per 100g
ENERGY (kJ)	15990	1170
CALORIES (cal)	3820	280
PROTEIN (g)	221.3	16.2
FAT TOTAL (g)	193.1	14.1
FAT SATURATED	36.9	2.7
CARBOHYDRATES (g)	304.8	22.3
SUGAR (g)	176.6	12.9
SODIUM (mg)	9560	700
Allergen information		
Gluten	Wheat	Egg
Y	Y	-
Hazelnut	Macadamia	Pecan
T	T	T
Shellfish	Fish	Crustacean
-	-	-

18 Sweet & Sour Crunch		
Serve size	2052 g	
	Per serve	Per 100g
ENERGY (kJ)	23990	1170
CALORIES (cal)	5730	280
PROTEIN (g)	332	16.2
FAT TOTAL (g)	289.7	14.1
FAT SATURATED	55.3	2.7
CARBOHYDRATES (g)	457.2	22.3
SUGAR (g)	264.9	12.9
SODIUM (mg)	14340	700
Allergen information		
Gluten	Wheat	Egg
Y	Y	-
Hazelnut	Macadamia	Pecan
T	T	T
Shellfish	Fish	Crustacean
-	-	-

Sweet & Sour Crunch Reg Combo		
Serve size	737 g	
	Per serve	Per 100g
ENERGY (kJ)	4020	550
CALORIES (cal)	960	130
PROTEIN (g)	42.9	5.8
FAT TOTAL (g)	46.8	6.3
FAT SATURATED	7.4	1.0
CARBOHYDRATES (g)	91.1	12.4
SUGAR (g)	29.8	4.0
SODIUM (mg)	1690	230

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	T	T	T	T	T	T
Hazelnut	Macadamia	Pecan	Pinenut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	Y
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	-	-	-	T	-	-	

Sweet & Sour Crunch Lge Combo		
Serve size	1054 g	
	Per serve	Per 100g
ENERGY (kJ)	4960	470
CALORIES (cal)	1190	110
PROTEIN (g)	47.0	4.5
FAT TOTAL (g)	56.8	5.4
FAT SATURATED	8.2	0.8
CARBOHYDRATES (g)	118.7	11.3
SUGAR (g)	30.1	2.9
SODIUM (mg)	1750	15

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	T	T	T	T	T	T
Hazelnut	Macadamia	Pecan	Pinenut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	Y
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	-	-	-	T	-	-	

D

3PCE Sweet & Sour Crunch Satisfryer			
Serve size	1017 g		Country of Origin #N/A
	Per serve	Per 100g	
ENERGY (kJ)	5950	580	
CALORIES (cal)	1420	140	
PROTEIN (g)	62.8	6.2	
FATTOTAL (g)	67.4	6.6	
FAT SATURATED	12.1	1.2	
CARBOHYDRATES (g)	139.4	13.7	
SUGAR (g)	55.7	5.5	
SODIUM (mg)	3105	305	

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	T	Y	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	Y
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	-	-	-	T	-	-	

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	T	Y	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	Y
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	-	-	-	T	-	-	

3PCE Sweet & Sour Crunch Satisfryer Large			
Serve size	1140 g		Country of Origin #N/A
	Per serve	Per 100g	
ENERGY (kj)	4560	400	
CALORIES (cal)	1090	100	
PROTEIN (g)	31.4	2.8	
FATTOTAL (g)	49.0	4.3	
FAT SATURATED	7.1	0.6	
CARBOHYDRATES (g)	126.4	11.1	
SUGAR (g)	26.7	2.3	
SODIUM (mg)	1585	140	

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	T	Y	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	Y
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	-	-	-	T	-	-	

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	T	Y	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	Y
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	-	-	-	T	-	-	

Sweet & Sour Crunch Fried Pack				
Serve size	3379 g	Country of Origin #N/A		
	Per serve			Per 100g
ENERGY (kJ)	17860			530
CALORIES (cal)	4270			130
PROTEIN (g)	176.7			5.2
FATTOTAL (g)	209.5			6.2
FAT SATURATED	36.0			1.1
CARBOHYDRATES (g)	410.4			12.1
SUGAR (g)	149.9			4.4
SODIUM (mg)	9570			285

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	Y	Y	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	Y
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	-	-	-	T	-	-	

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	Y	Y	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	Y
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	-	-	-	T	-	-	

Sweet & Sour Crunch Big Feast			
Serve size	4007 g		Country of Origin #N/A
	Per serve	Per 100g	
ENERGY (kJ)	24520	610	
CALORIES (cal)	5860	150	
PROTEIN (g)	323.1	8.1	
FATTOTAL (g)	268.5	6.7	
FAT SATURATED	43.2	1.1	
CARBOHYDRATES (g)	522.7	13.0	
SUGAR (g)	176.0	4.4	
SODIUM (mg)	13640	340	

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	Y	Y	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	Y
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	-	-	-	Y	-	T	

Sweet & Sour Crunch Box		
Serve size	1603 g	
	Per serve	Per 100g
ENERGY (kJ)	13660	850
CALORIES (cal)	3270	200
PROTEIN (g)	157.6	9.8
FATTOTAL (g)	156.2	9.7
FATSATURATED	28.5	1.8
CARBOHYDRATES (g)	306.6	19.1
SUGAR (g)	121.2	7.6
SODIUM (mg)	9075	565

Country of Origin

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	T	Y	T	T	T	T
Hazelnut	Macadamia	Pecan	Pinenut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	Y
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	-	-	-	T	-	-	

Sweet & Sour Crunch Fried Box			
Serve size	253 g		
	Per serve	Per 100g	
ENERGY (kJ)	2670	1060	
CALORIES (cal)	640	250	
PROTEIN (g)	30.5	12.1	
FATTOTAL (g)	30.7	12.1	
FAT SATURATED	4.3	1.7	
CARBOHYDRATES (g)	58.5	23.1	
SUGAR (g)	15.1	6.0	
SODIUM (mg)	1120	440	

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	T	T	T	T	T	T
Hazelnut	Macadamia	Pecan	Pinenut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	Y
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	-	-	-	T	-	-	

Sauces

Build	Serve size	Kilojoules per serve	Kilojoules per 100g
HOT HONEY IN FRIED CHICKEN	60 g	570	950
HERB MAYO	45 g	1360	3020
BLACKENED AIOLI	50 g	910	1820
CHILLI AIOLI	55 g	810	1480
HONEY ROASTED BBQ	50 g	940	1870
WHOLE EGG MAYO	50 g	1310	2620
REDS HOT SAUCE IN FRIED CHICKEN	55 g	1090	1980
BBQ SAUCE - BREAKFAST ITEMS ONLY	60 g	580	960
PICKLE MAYO	50 g	840	1670
SMOKEY BBQ SAUCE	55 g	1010	1830
SWEET & SOUR	20 g	110	560
TOMATO SAUCE	16 g	20	110

HOT HONEY		
Serve size	60 g	
	Per serve	Per 100g
ENERGY (kJ)	570	950
CALORIES (cal)	140	230
PROTEIN (g)	0.1	0.2
FAT TOTAL (g)	0.2	0.3
FAT SATURATED	0.0	0.0
CARBOHYDRATES (g)	32.9	54.8
SUGAR (g)	31.3	52.2
SODIUM (mg)	110	185

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
T	T	T	T	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	Y	T
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	T	-	-	-	-	-	

Ingredients
TUB HOT HONEY SAUCE

Hot Honey Sauce: Sugar, Water, Thickeners (1422, 415), Spice, Acidity Regulator (260), Salt, Flavours, **Sesame** Seeds, Preservative (202), Honey Powder [Maltodextrin (Maize), Honey 0.03%], Colour (150a), Spice Extract.

HERB MAYO		
Serve size	45 g	
	Per serve	Per 100g
ENERGY (kJ)	1360	3020
CALORIES (cal)	320	720
PROTEIN (g)	0.6	1.4
FAT TOTAL (g)	36.0	80.1
FAT SATURATED	2.8	6.3
CARBOHYDRATES (g)	0.9	2.1
SUGAR (g)	0.7	1.6
SODIUM (mg)	235	525

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
T	T	Y	T	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	T
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	T	-	-	-	-	-	

Ingredients
TUB HERB MAYO
Herb Mayo: Vegetable Oil, Egg , Water, Vinegar, Sugar, Salt, Mustard Flour, Herb (0.2%), Lemon Juice Concentrate, Herb Extract.

BLACKENED AIOLI		
Serve size	50 g	
	Per serve	Per 100g
ENERGY (kJ)	910	1820
CALORIES (cal)	220	440
PROTEIN (g)	0.5	1.0
FAT TOTAL (g)	23.2	46.4
FAT SATURATED	1.8	3.5
CARBOHYDRATES (g)	2.4	4.8
SUGAR (g)	0.6	1.2
SODIUM (mg)	470	935

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
T	T	Y	Y	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	T
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	T	-	-	-	-	-	

Ingredients	
TUB BLACKENED AIOLI	
Blackened Aioli: Canola Oil [Antioxidant (320)], Water, Vinegar, Thickeners (1442, 415), Egg Yolk, Salt, Sugar, Garlic (Minimum 0.7%), Milk Solids, Food Acids (270, 330), Onion, Spices [Including Pepper (Minimum 0.1%)], Flavour Enhancer (621), Emulsifier (435), Natural Flavouring (Milk), Herb [Parsley], Preservatives (202, 211), Spice Extract.	

CHILLI AIOLI		
Serve size	55 g	
	Per serve	Per 100g
ENERGY (kJ)	810	1480
CALORIES (cal)	190	350
PROTEIN (g)	0.6	1.1
FAT TOTAL (g)	17.7	32.2
FAT SATURATED	1.5	2.7
CARBOHYDRATES (g)	8.6	15.7
SUGAR (g)	6.2	11.3
SODIUM (mg)	570	1040

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
T	T	Y	Y	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	T
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	T	-	-	-	-	-	

Ingredients
TUB CHILLI AIOLI
Chilli Aioli: Water, Vegetable Oil, Vinegar, Sugar, Egg Yolk, Garlic (2.5%), Salt, Thickeners (1442, 415), Lemon Juice Concentrate, Whey Powder (milk),Chilli (0.9%), Flavours (Contain Milk), Food Acid (330), Pepper, Antioxidant (385).

HONEY ROASTED BBQ								
Serve size	50 g							
	Per serve							Per 100g
ENERGY (kJ)	940							1870
CALORIES (cal)	220							450
PROTEIN (g)	0.5							1.0
FAT TOTAL (g)	20.5							41.0
FAT SATURATED	1.5							3.1
CARBOHYDRATES (g)	9.9							19.8
SUGAR (g)	8.5							17.0
SODIUM (mg)	235							470
Allergen information								
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew	
T	T	Y	T	T	T	T	T	
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy	
T	T	T	T	T	T	T	-	
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin		
-	T	-	-	-	-	-		
Ingredients								
TUB HONEY ROASTED BBQ								
Honey Roasted BBQ: Canola Oil, Water, Sugar, Whole Egg, French Mustard, Tomato Paste, Food Acid (260), Thickeners (1442, 415), Lemon Juice, Honey (Minimum 1%), Tapioca Starch, Garlic, Flavourings (Natural, Smoke), Salt, Natural Colours (150a, 160c, 160b), Roasted Garlic, Onion, Spices [Paprika, Turmeric (100)], Emulsifier (435), Preservatives (202, 211), Spice Extract.								

WHOLE EGG MAYO	
1	1/2 cup mayonnaise
2	1/4 cup whole egg
3	1/4 cup whole egg
4	1/4 cup whole egg
5	1/4 cup whole egg
6	1/4 cup whole egg
7	1/4 cup whole egg
8	1/4 cup whole egg
9	1/4 cup whole egg
10	1/4 cup whole egg
11	1/4 cup whole egg
12	1/4 cup whole egg
13	1/4 cup whole egg
14	1/4 cup whole egg
15	1/4 cup whole egg
16	1/4 cup whole egg
17	1/4 cup whole egg
18	1/4 cup whole egg
19	1/4 cup whole egg
20	1/4 cup whole egg
21	1/4 cup whole egg
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31	1/4 cup whole egg
32	1/4 cup whole egg
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34	1/4 cup whole egg
35	1/4 cup whole egg
36	1/4 cup whole egg
37	1/4 cup whole egg
38	1/4 cup whole egg
39	1/4 cup whole egg
40	1/4 cup whole egg
41	1/4 cup whole egg
42	1/4 cup whole egg
43	1/4 cup whole egg
44	1/4 cup whole egg
45	1/4 cup whole egg
46	1/4 cup whole egg
47	1/4 cup whole egg
48	1/4 cup whole egg
49	1/4 cup whole egg
50	1/4 cup whole egg
51	1/4 cup whole egg
52	1/4 cup whole egg
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62	1/4 cup whole egg
63	1/4 cup whole egg
64	1/4 cup whole egg
65	1/4 cup whole egg
66	1/4 cup whole egg
67	1/4 cup whole egg
68	1/4 cup whole egg
69	1/4 cup whole egg
70	1/4 cup whole egg
71	1/4 cup whole egg
72	1/4 cup whole egg
73	1/4 cup whole egg
74	1/4 cup whole egg
75	1/4 cup whole egg
76	1/4 cup whole egg
77	1/4 cup whole egg
78	1/4 cup whole egg
79	1/4 cup whole egg
80	1/4 cup whole egg
81	1/4 cup whole egg
82	1/4 cup whole egg
83	1/4 cup whole egg
84	1/4 cup whole egg
85	1/4 cup whole egg
86	1/4 cup whole egg
87	1/4 cup whole egg
88	1/4 cup whole egg
89	1/4 cup whole egg
90	1/4 cup whole egg
91	1/4 cup whole egg
92	1/4 cup whole egg
93	1/4 cup whole egg
94	1/4 cup whole egg
95	1/4 cup whole egg
96	1/4 cup whole egg
97	1/4 cup whole egg
98	1/4 cup whole egg
99	1/4 cup whole egg
100	1/4 cup whole egg

Serve size	50 g	
	Per serve	Per 100g
ENERGY (kJ)	1310	2620
CALORIES (cal)	310	630
PROTEIN (g)	0.6	1.3
FAT TOTAL (g)	32.9	65.9
FAT SATURATED	2.5	5.0
CARBOHYDRATES (g)	4.7	9.5
SUGAR (g)	1.6	3.2
SODIUM (mg)	310	625

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	T	Y	-	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	Y
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	T	-	-	-	-	-	

Ingredients	
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TUB MAYO

Whole Egg Mayo: Canola Oil [Antioxidant (307b)], Water, Whole Egg (Minimum 7%), Sugar, Vinegar, Dijon Mustard [Acidity Regulator (330,334)], **Egg** Yolk, Salt, Acidity Regulator (575), Vegetable Gum (415), Emulsifiers (322 (**Soy**), 435), Oat Fibre, Preservative (202), Antioxidant (385).

REDS HOT SAUCE		
Serve size	55 g	
	Per serve	Per 100g
ENERGY (kJ)	1090	1980
CALORIES (cal)	260	470
PROTEIN (g)	1.0	1.8
FAT TOTAL (g)	27.1	49.3
FAT SATURATED	2.0	3.6
CARBOHYDRATES (g)	3.6	6.5
SUGAR (g)	2.1	3.9
SODIUM (mg)	970	1765

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
T	T	-	-	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	Y
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	-	-	-	-	-	-	

Ingredients
REDS HOT
Reds Hot Sauce: Canola Oil [Antioxidant (307b)], Water, Salt, Spices [Including Szechuan Pepper (Minimum 1%)], Sugar, Onion, Yeast Extract, Minced Ginger, Food Acids (260,270), Minced Garlic, Thickeners (1442, 415), Spice Extracts [Including (160c)], Citrus Fibre, Flavour Enhancers (635, 621), Emulsifier (Soy)(322), Preservatives (202, 211).

BBQ SAUCE - BREAKFAST ITEMS ONLY	
1	1/2 cup
2	1 cup
3	1 1/2 cups
4	2 cups
5	2 1/2 cups
6	3 cups
7	3 1/2 cups
8	4 cups
9	4 1/2 cups
10	5 cups
11	5 1/2 cups
12	6 cups
13	6 1/2 cups
14	7 cups
15	7 1/2 cups
16	8 cups
17	8 1/2 cups
18	9 cups
19	9 1/2 cups
20	10 cups
21	10 1/2 cups
22	11 cups
23	11 1/2 cups
24	12 cups
25	12 1/2 cups
26	13 cups
27	13 1/2 cups
28	14 cups
29	14 1/2 cups
30	15 cups
31	15 1/2 cups
32	16 cups
33	16 1/2 cups
34	17 cups
35	17 1/2 cups
36	18 cups
37	18 1/2 cups
38	19 cups
39	19 1/2 cups
40	20 cups
41	20 1/2 cups
42	21 cups
43	21 1/2 cups
44	22 cups
45	22 1/2 cups
46	23 cups
47	23 1/2 cups
48	24 cups
49	24 1/2 cups
50	25 cups
51	25 1/2 cups
52	26 cups
53	26 1/2 cups
54	27 cups
55	27 1/2 cups
56	28 cups
57	28 1/2 cups
58	29 cups
59	29 1/2 cups
60	30 cups
61	30 1/2 cups
62	31 cups
63	31 1/2 cups
64	32 cups
65	32 1/2 cups
66	33 cups
67	33 1/2 cups
68	34 cups
69	34 1/2 cups
70	35 cups
71	35 1/2 cups
72	36 cups
73	36 1/2 cups
74	37 cups
75	37 1/2 cups
76	38 cups
77	38 1/2 cups
78	39 cups
79	39 1/2 cups
80	40 cups
81	40 1/2 cups
82	41 cups
83	41 1/2 cups
84	42 cups
85	42 1/2 cups
86	43 cups
87	43 1/2 cups
88	44 cups
89	44 1/2 cups
90	45 cups
91	45 1/2 cups
92	46 cups
93	46 1/2 cups
94	47 cups
95	47 1/2 cups
96	48 cups
97	48 1/2 cups
98	49 cups
99	49 1/2 cups
100	50 cups

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Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	T	T	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	T
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	T	-	-	-	-	-	

Ingredients	
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TUB BBQ

BBQ SAUCE: Tomatoes (from Paste, Food Acid (Citric)) 45%, Sugar, Water, Cornflour (from **Wheat**), Food Acids (Acetic, Citric), Salt, Glucose Syrup, Colour (Caramel (150c)), Thickener (Pectin), Tamarind Paste, Yeast Extract, Clove, Nutmeg, Onion 0.5%, Pepper.

PICKLE MAYO

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Allergen information

Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
T	T	Y	Y	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	-	-
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	-	-	-	-	-	-	

Ingredients	
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TUB PICKLED MAYO

Pickle Mayo: Vegetable Oil [Antioxidant (307)], Water, Diced Gherkin (12%) [Gherkin, Water, Salt, Food Acid (270), Vegetable Gum (415)], Vinegar, Sugar, **Egg** Yolk, Buttermilk Powder (**Milk**), Thickeners (1442, 415), Salt, Dextrose, Vegetable Powders, Lemon Juice Concentrate, Spices, Yeast Extract, Acidity Regulator (270), Preservative (202), Herb Extract, Natural Colour (160c), Antioxidant (385).

SMOKEY BBQ SAUCE

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Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	T	T	T	T	T	T
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
T	T	T	T	T	T	T	T
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	Y	-	-	-	-	-	

Ingredients

[illegible]

Smokey BBQ Sauce: Canola Oil, Water, Sugar, Vinegar, Spices, Salt, Dehydrated Vegetables, Tomato Powder [Contains Anti caking Agent (551)], Smoke Flavours [Contains Anti caking Agent (551)], Worcestershire Sauce (**Barley, Fish**), Yeast Extract, Anti Caking Agent (504), Food Acid (330), Preservative (202), Natural Colour (160c, 100), Vegetable Gum (415), Antioxidant (385).

SWEET & SOUR		
Serve size	20 g	
	Per serve	Per 100g
ENERGY (kJ)	110	560
CALORIES (cal)	30	130
PROTEIN (g)	0.1	0.4
FAT TOTAL (g)	0.0	0.1
FAT SATURATED	0.0	0.1
CARBOHYDRATES (g)	6.2	31.0
SUGAR (g)	5.4	27.0
SODIUM (mg)	140	705

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	-	-	-	-	-	-
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
-	-	-	-	-	-	-	Y
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	-	-	-	-	-	-	

Ingredients
Water, Sugar, Vinegar, Fruit Concentrates, Thickeners (1422, 415), Salt, Soy Sauce (Wheat), Preservative (202), Spices, Antioxidant(385).

TOMATO SAUCE		
Serve size		
	Per serve	Per 100g
ENERGY (kJ)		
CALORIES (cal)		
PROTEIN (g)		
FAT TOTAL (g)		
FAT SATURATED		
CARBOHYDRATES (g)		
SUGAR (g)		
SODIUM (mg)		

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
-	-	-	-	-	-	-	-
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
-	-	-	-	-	-	-	-
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	-	-	-	-	-	-	

Ingredients
Concentrated Tomatoes (Contains 136g of Tomatoes per 100mL), Sugar, Salt, Food Acids (Acetic Acid, Citric Acid), Natural Flavours. Contains 79% Concentrated Tomatoes.

Desserts

Build	Serve size	Kilojoules per serve	Kilojoules per 100g
Chocolate Mousse	95 g	1550	1630
Strawberry Cheesecake	100 g	1640	1640

Chocolate Mousse		
Serve size	95 g	
	Per serve	Per 100g
ENERGY (kJ)	1550	1630
CALORIES (cal)	370	390
PROTEIN (g)	2.9	3.0
FAT TOTAL (g)	26.6	28.0
FAT SATURATED	18.4	19.4
CARBOHYDRATES (g)	30.0	31.6
SUGAR (g)	28.1	29.6
SODIUM (mg)	60	65

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
-	-	-	Y	Y	Y	-	-
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
Y	-	-	-	-	-	-	Y
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	-	-	-	-	-	-	

Ingredients	
Dessert Choc Mousse	
Chocolate Mousse [Thickened Cream (Cream (Milk),Thickeners (412, 407)], Milk and Compound Chocolate (Sugar, Cocoa Mass, Milk Solids, Cocoa Butter, Vegetable Fat, Cocoa Powder, Emulsifiers (Soy Lecithin, 476, 492), Natural Flavours)], Caramel Fudge Sauce [Sugar, Water, Glucose Syrup, Invert Syrup, Milk Solids, Vegetable Fat, Thickener (1442), Vegetable Gum(401), Salt, Emulsifiers (471, 322 (soy)), Mineral Salts (500, 339), Preservative (202)].Chocolate Garnish [Sugar, Cocoa Mass, Milk Solids].Cocoa Solids in Chocolate mousse 8%	

Strawberry Cheesecake		
Serve size	100 g	
	Per serve	Per 100g
ENERGY (kJ)	1640	1640
CALORIES (cal)	390	390
PROTEIN (g)	6.8	6.8
FAT TOTAL (g)	14.8	14.8
FAT SATURATED	8.1	8.1
CARBOHYDRATES (g)	56.8	56.8
SUGAR (g)	21.0	21.0
SODIUM (mg)	30	30

Allergen information							
Gluten	Wheat	Egg	Milk	Peanuts	Almond	Brazil nut	Cashew
Y	Y	-	Y	-	-	-	-
Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sesame	Soy
-	-	-	-	-	-	-	Y
Shellfish	Fish	Crustacean	Molluscs	Added Sulphites	Royal Jelly	Lupin	
-	-	-	-	Y	-	-	

Ingredients	
Dessert Cheesecake Strawberry TCS	
Strawberry Sauce (Sugar, Water, Strawberries (20%), Thickeners (1442), Food Acids (336, 296), Vegetable Gum (440), Natural Flavour, Natural Colour (120), Preservative (202), Mineral Salts (509), Neufchâtel Cheese (20%)(Milk, Cream (Milk), Milk Solids, Salt, Vegetable Gum (410), Starter Culture), Condensed Milk (Milk, Sucrose, Milk Solids), Biscuit Crumb (Wheat Flour, Sugar, Vegetable Oil, Milk Solids, Salt, Raising Agents (500, 400, 503), Wheaten (Wheat) Cornflour), Imitation Cream (Water, Vegetable Fat, Milk Solids, Sugar, Emulsifier (471, 435, Soy Lecithin), Vegetable Gums (415, 412), Salt, Colour (160b)), Butter (Cream (milk), Water), Water, Lemon Juice (Reconstituted Lemon Juice, Preservative (223) (Sulphites), Antioxidant 300), Gelatine.	

Additional Test menu items

Build	Serve size	Kilojoules per serve	Kilojoules per 100g
Chickmas Burger	209 g	2330	1120
Chickmas Regular Combo	718 g	3690	510
Chickmas Large Combo	1035 g	4620	450
Chickmas Burger Box - Regular	898 g	4700	520
Chickmas Burger Box - Large	1123 g	4710	420
TRIPLE CHICKMAS BURGER	248 g	2660	1070
TRIPLE CHICKMAS BURGER Regular Combo	757 g	4020	530
TRIPLE CHICKMAS BURGER Large Combo	1074 g	4950	460
TRIPLE CHICKMAS BURGER Box Regular	898 g	4700	520
TRIPLE CHICKMAS BURGER Box - Large	1249 g	5980	480
Mash & Gravy Balls ALC - Regular	98 g	1250	1280
Mash & Gravy Balls ALC - Large	168 g	2150	1280
Mash & Gravy Balls ALC - Add on	140 g	1790	1280
Stuffing Mayo Dipping Tub ALC	50 g	940	1880

Chickmas Burger		
Serve size	209 g	
	Per serve	Per 100g
ENERGY (kJ)	2330	1120
CALORIES (cal)	560	270
PROTEIN (g)	23.3	11.1
FATTOTAL (g)	27.2	13.0
FAT SATURATED	3.1	1.5
CARBOHYDRATES (g)	52.6	25.2
SUGAR (g)	7.0	3.3
SODIUM (mg)	1260	600



CHICKMAS BURGER
Chicken Tenders: Wheat Flour, Tapioca Starch, Spice, Mineral Salts (450, 500), Malt Extract (Barley) Wheat Flour, Salt, Thickener (1422), Mineral Salts (450, 500), Colour (102). Chicken (85%), Salt, Flavour Enhancer (621), Mineral Salts (451,450), Vegetable Powders, Spice, Natural Flavourings Bun: Wheat Flour (Vitamins (Thiamin, Folate)), Water, Potato Flakes (6%) (Potato, Emulsifier (471, 450), Preservative (222 Sulphites), Acidity Regulator (330)), Sugar, Canola Oil, Wheat Gluten, Iodised Salt, Yeast, Emulsifiers (472e, 471), Preservative (282), Improver (Emulsifier (481), Soy Flour, Mineral Salt (170), Acidity Regulator (516), Antioxidant (300), Wheat Malt Flour, Enzymes (Contains Wheat)), Colour (160a)(Contains Wheat). Mayonnaise: Water, Vegetable Oil [Including Antioxidant (307)], Dextrose, White Vinegar, Thickeners (1442, 1422, 1450, 415), Glucose Syrup, Salt, Sugar, Egg Yolk (1%), Acidity Regulator (270), Flavours (Contains Milk), Preservative (202), Yeast Extract, Mustard Flour, Antioxidant (385). Stuffing Mayo: Vegetable Oil, Water, Vegetables, Egg Yolk, Sugar, Vinegar, Thickeners (1442, 415, 412), Herbs & Spice, Salt, Fruit Juice Concentrate, Natural Flavour, Emulsifier (433), Preservative (202), Chicken Powder, Anti-Oxidant (385), Natural Colour (100). Mash & Gravy Balls: Water, Potato Flakes (12%) (Potato (99%), Stabilizer (450), Acid (Citric Acid)), Crumb (Wheat Flour, Yeast, Sugar, Salt, Wheat Gluten), Milk Powder, Wheat Flour, Gravy Powder (1.5%) (Plain Flour, Wheaten Corn Flour (Contains Wheat), Modified Starches (Maize and Tapioca), Hydrolysed Vegetable Protein, Flavour Enhancer (621, 635), Salt, Vegetable Powder (Colour 150d), Rice Bran Oil, Spices), Salt, White Pepper, Bamboo Fibre, Turmeric (100).