

The Linking Loss Study

Participant Information Sheet – Workshop

Short Study Title: Linking Loss Study

IRAS ID: 361211

Thank you for thinking about taking part in this study. Before you decide whether you would like to do this, it is important that you understand why the research is being done and what this will involve. If you choose to take part, it means that:

- You understand what the study is about
- You know your rights and choices
- You have time to think and ask questions before deciding if this is something which you would like to do

Before you decide if you would like to take part in the workshop, please read this information sheet carefully. If you have any questions, you can contact our Study Co-ordinator, Hannah Hopson:

Email: linkingloss.study@annafreud.org

Phone: 07977 948837

Key Information

We know that this is a lot to read, and we want to make it easy for you to decide if you want to take part. Below is a summary of the key points from this information sheet. You can read more details in the information pack if you want to know more.

1. **Why we're doing this study:** We want to improve support for people who are experiencing mental health difficulties following a pregnancy loss before 24 weeks. We have collected information about people's experiences and support needs following pregnancy loss, and want to use this to adapt a group, peer-led, intervention to meet these needs. This will help us improve the support available.
2. **Who can take part:** You can take part in the workshops if you are aged 18 years or older, live in England, and have either personally lost a pregnancy (like a miscarriage, ectopic or molar pregnancy) in the last two years, **or**, are working professionally in a role which supports people following pregnancy loss before 24 weeks.
3. **Taking part is your choice:** You don't have to take part. You can stop at any time and don't need to give a reason.
4. **What you'll do if you take part:** You will take part in a series of coproduction workshops. The workshops will review information about people's experiences and support needs following pregnancy loss before 24 weeks, to design a blueprint for a supportive intervention. You will also be asked to complete a short survey about you (e.g., your professional role, ethnicity, gender identity) so that we know who joined the workshops.
5. **Your data and privacy:** In this research study we will use information from you. We will only use information that we need for the research study. We will let very few people know your name or contact details, and only if they really need it for this study. Everyone involved in this study will keep your data safe and secure. We will also follow all privacy rules.

At the end of the study we will save some of the data in case we need to check it and for future research. We will make sure no-one can work out who you are from the reports we write. The information pack tells you more about this.

6. **The results of the study:** We will write a report about what we learn. No one will know who you are, or that you took part in the workshops. You can ask to see a copy of the results.
7. **Who is running the study.** The study is funded by the National Institute for Health and Care Research (NIHR) and led by Devon Partnership NHS Trust. It has been ethically approved (IRAS ID: 361211).
8. **Questions or concerns:** Please contact the Study Co-ordinator, Hannah Hopson, if you have any questions (email: linkingloss.study@annafreud.org, phone: 07977 948837).