Key findings

Anna Freud's senior mental health lead training September 2021 to July 2024

Anna Freud
building the mental wellbeing of the next generation

This training helps senior mental health leads develop and implement a whole-school or college approach to mental health and wellbeing

Who we trained

2,700 senior mental health leads across 97% of England's local authorities.



Participant satisfaction*



were satisfied with the trainers' knowledge and skills .



agreed the training improved their understanding of promoting mental health in the curriculum.



would recommend the training to a colleague.

*Based on almost 2,200 training evaluation survey responses (2021-2024)

Impact*

98%

felt more confident talking about mental health and wellbeing to students, staff, parents and carers.

99%

gained the tools, knowledge and support to plan and implement an effective whole school or college approach in their setting.

94%

felt supported to improve the culture and ethos of their school or college.

*Based on 155 training impact survey responses (2024)

Participant feedback



"The training has enabled me to bring change to the whole school and the confidence to get parents, SLT and governors on side. It was amazing training and so helpful".

"It has changed our school for the better, children's mental health and wellbeing is a top priority."

"The training was extremely informative and gave a holistic approach looking at all elements. This has enabled our school to take key elements and put in place new initiatives for our children, families and staff."

Read more and sign up

Contact us: **smhl.training@annafreud.org**