

From IAPT to NHS Talking Therapies: new name, same service



Talking Therapies



for anxiety and depression

IPT Supervisor Training

<https://www.annafreud.org/training/training-and-conferences-overview/online-training-live-and-self-directed-courses/ipt-supervisor-training/>

Manager Statement

(Name)_____ has submitted an application for IPT/IPT-A supervisor training.

This training will support completion of supervisor level accreditation with IPTUK. Applicants will be required to attend five training days plus a follow up day. Applicants will also be required to attend weekly supervision for a caseload of two IPT/IPT-A cases. Each case will run for up to 16 weeks and cases will be conducted simultaneously. Supervision will be provided by an accredited IPT supervisor. As supervision will include peer supervision, applicants must be able to attend group supervision in person or via telephone or video conferencing.

Trainees will require a minimum of 5 hours per week protected time to complete stage one requirements of supervision accreditation (approximately 20 weeks): 2 hours direct client contact, 1 hour supervision, 2 hours tape review and preparing self-assessment and peer assessment reports. There is no backfill payment attached to this training.

I agree to proactively support the applicant's access to appropriate treatment cases and their release for supervision sessions.

YES

NO

On completion of their final two supervised cases supervisor trainees are required to provide IPT/IPT-A supervision for a trainee therapist under the supervision of an accredited IPT supervisor. This may require liaison across services, with supervisor trainees supervising cases outside of their own service.

Trainees will require a minimum of 4 hours protected time per week to complete stage two requirements of supervision accreditation (approximately 20 weeks): 1 hour providing supervision, 1 hour reviewing therapy recordings, 1.5 hours preparing supervision reports and self-assessment; 0.5 hours receiving supervision. There is no backfill payment attached to this training.

If eligible for supervision training, I will proactively support the applicant's requirement to provide supervision to others who may be outside of our own service. I will ensure that adequate governance arrangements are in place to facilitate this process.

YES

NO

Please confirm that you understand and support the requirements of this application going forward for:

Signature:

Date

Designation:

Organisation and Base:

Please return this to the applicant for submission no later than three weeks before the training start date.