

Simplify outcomes collection with Pod

Use electronic outcome and feedback data to measure your impact and improve your service in less time.



Anna Freud
Pod

What is Pod?

Pod is an online tool that helps your setting enhance mental health support using outcome and feedback measurement data. Originally built for collecting standardised questionnaires, Pod facilitates more efficient collection and effective use of data, so you can get more done in less time.

With Pod:

- service users can complete questionnaires remotely from their own devices
- results are instantly scored and graphed for practitioners
- you get over 130 built-in measurement tools, and the option to add bespoke measures.

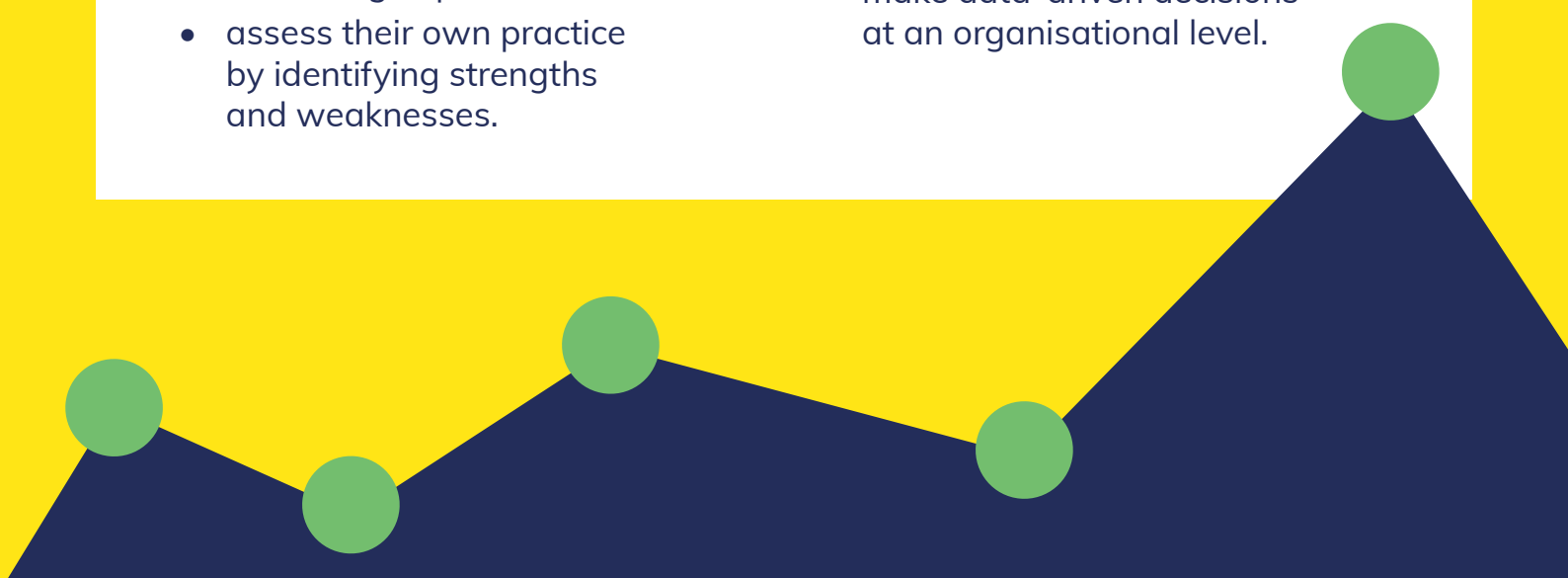
Why use Pod to measure patient outcomes?

Helps practitioners:

- save time, so more time can be spent with service users
- better understand a user's progress and where they need support
- adapt a treatment plan to service users' needs, increasing impact
- assess their own practice by identifying strengths and weaknesses.

Helps services:

- assess how well they or an aspect of their service is performing
- assess and improve their practice and interventions
- gain measurable data that can be used for long-term analysis
- make data-driven decisions at an organisational level.



Key features



Access Pod through your web browser



No need for staff or users to download software.



Log in from any phone, tablet or laptop



Service users can complete questionnaires ahead of sessions.



Users get automated reminders to complete their questionnaires



Higher engagement, more accurate data.



Real-time questionnaire scoring



Practitioners can access and discuss results instantly, maximising their impact in sessions.



Automatic graphing of results



Practitioners and service users can visualise and better understand their progress.



Multiple members of staff can access data



Service users don't have to repeat the same information, creating a more seamless experience.



Data is stored electronically



It's easier to store and keep track of, facilitating long-term analysis and data-driven decision making.



Compatible with electronic patient records



Integrate Pod with your existing system, saving time and reducing administrative load.

How you can use Pod

Supporting your organisation

Tracking your service users' outcomes

Pod provides practitioners with a platform to score outcome and feedback questionnaires in real time, so they can spend more time supporting service users.

Users themselves can access Pod from anywhere on their own phone, tablet or laptop, so they can complete questionnaires ahead of sessions. Each user gets a unique Pod ID, so you can store data against an individual record and track progress and score changes over time.

Service improvement

Pod can be used to assess a service or part of a service, as well as to support decision making across your organisation.

Outcome measures highlight a service's strengths and weaknesses, helping managers and leaders:

- make data-driven decisions
- improve their service
- deliver better outcomes for service users.

Where services need to share outcome measure data, Pod's digital storage reduces administrative burden and makes data easier to keep track of over time.

Research

Pod is frequently used for research projects and is useful for tracking large, paired data sets over time – this is key for large-scale analysis.

The system's flexibility means you can add custom measures, so whatever you're researching, you can collect, store and analyse large datasets with ease.

Workforce development and training evaluation

Using Pod helps you set a standard for collecting and using data meaningfully in your service or organisation, and helps practitioners reflect on their own practice.

Pod can be used for training evaluation, such as tracking changes in delegate competencies at individual and whole cohort level. Pod supports long-term analysis, so you can even follow up with delegates to track the longitudinal benefits of your programme.



What will your journey with Pod look like?



Drop-in virtual training sessions are available for new team members or anyone who wants a refresher.



Pricing

	Number of staff users	Number of open clients	Annual license fee	Extra staff and clients
Single user	1	30	£365	10 additional clients: £30
Small or medium service	50	1000	£6000	10 additional staff and 200 additional clients: £625
Medium or large service	100	Unlimited	£8,500	25 additional staff: £395

Testimonials

"The Pod team are always looking for ways to improve it and follow research to ensure that they are offering the best service and most relevant measures."

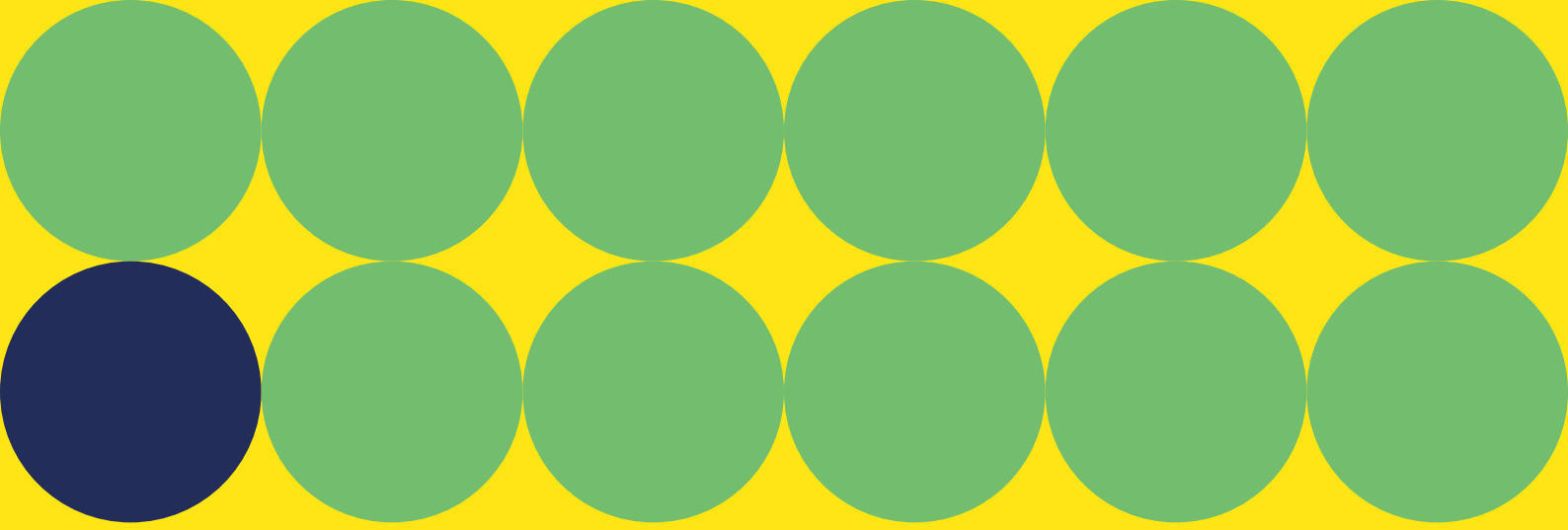
Pod customer, Brent West NHS Trust

"Having worked in a number of services which do not have a similar system to Pod, I feel spoilt having access to it. It reduces my workload significantly as it does all the scoring, keeps everything in one place for each client and allows young people and families to have agency in completing the measures."

Educational Mental Health Practitioner, Brent West NHS Trust

"[Pod] has the added benefit of improving timely completion of measures [...] since May 2022 compliance [...] after [service users'] first appointment has increased by over 10% on average."

Data Manager, Oxleas NHS Trust



Get started with Pod

Submit our enquiry form to register
your interest in Pod.

If you have any questions, get in touch with
our team at **pod.support@annafreud.org**.



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