British Society of Gastroenterology guidelines on the management of functional dyspepsia.

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British Society of Gastroenterology (BSG)

Black CJ, Paine PA, Agrawal A, et al. British Society of Gastroenterology guidelines on the management of functional dyspepsia. Gut. 2022 Sep;71(9):1697-1723. [309 references]
PubMed

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Overview

Guideline Objective

To provide a clinical guideline for the management of functional dyspepsia (FD), including the initial diagnostic approach to the patient presenting with dyspepsia

Patient Population

Patients with suspected or confirmed FD

Recommendations

Recommendation Statements

Major interventions covered in this guideline include:

- Investigation/evaluation interventions, diagnostic testing (e.g., blood tests, endoscopy, computed tomography scan), doctor–patient communication, and referral to secondary care
- First- and second-line treatment options
- Considerations for gut–brain behavioural therapies, including psychotherapy, cognitive therapy, stress management, and hypnotherapy
- Management of severe or refractory disease

Note: Full recommendation statements have not been provided because this guideline does not meet EGT's systematic review of the evidence criteria. Refer to the original guideline for more information.

Evidence Rating Scheme

Refer to the original guideline documentation for more information.

Recommendation Rating Scheme

Refer to the original guideline documentation for more information.

Related Content

Supporting Documents

No supporting documents available.

Implementation Tools

No implementation tools available.

Patient Education

No patient education materials available.

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