

# Comprehensive medical evaluation and assessment of comorbidities: standards of care in diabetes-2026.

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## American Diabetes Association (ADA)

*American Diabetes Association Professional Practice Committee for Diabetes.*

*Comprehensive medical evaluation and assessment of comorbidities: standards of care in diabetes-2026. Diabetes Care. 2026 Jan 1;49(Supplement\_1):S61-S88. [307 references]*  
[PubMed](#)

 [View Original Guideline](#)

## Overview

## Guideline Objective

- To provide the components of diabetes care, general treatment goals and guidelines, and tools to evaluate quality of care
- To offer guidance on comprehensive medical evaluation and assessment of comorbidities in people with diabetes

## Patient Population

Patients with diabetes and comorbidities

## Recommendations

## Recommendation Statements

Major interventions covered in this guideline include:

- Use of a person-centered collaborative care model and coordinated interprofessional team
- Comprehensive medical evaluation
- Routine vaccinations, as indicated by age
- Assessment of comorbidities, including autoimmune diseases, bone health, cognitive impairment/dementia, dental care, disability, low testosterone and erectile dysfunction in men, and female sexual dysfunction
- Screening and management of metabolic dysfunction–associated steatotic liver disease and metabolic dysfunction–associated steatohepatitis

**Note:** Full recommendation statements have not been provided because this guideline does not meet [EGT's systematic review of the evidence criteria](#). Refer to the [original guideline](#) for more information.

## Evidence Rating Scheme

Refer to the original guideline documentation for more information.

## Recommendation Rating Scheme

Refer to the original guideline documentation for more information.

### Related Content

## Supporting Documents

- [Introduction and Methodology: Standards of Care in Diabetes—2026](#); 2026 Jan 1.
- [Summary of Revisions: Standards of Care in Diabetes—2026](#); 2026 Jan 1.

- [Disclosures: \*Standards of Care in Diabetes—2026\*](#); 2026 Jan 1.

## Implementation Tools

- [Slide Set: \*Standards of Care in Diabetes—2026\*](#); 2026.
- Standards of Care App for [iOS](#) or [Android](#).
- [Continuing Medical Education](#).
- The [Original Guideline](#) includes the following:
  - Figure 4.1. Decision Cycle for Person-centered Glycemic Management in Type 2 Diabetes (p. S62)
  - Figure 4.2. Diagnostic Algorithm for Risk Stratification and the Prevention of Cirrhosis in Individuals with Metabolic Dysfunction–associated Steatotic Liver Disease (MASLD) (p. S77)
  - Figure 4.3. Metabolic Dysfunction-associated Steatotic Liver Disease (MASLD) Treatment Algorithm (p. S79)

## Patient Education

No patient education materials available.

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