Clinical practice guidelines for enhanced recovery after colon and rectal surgery from the American Society of Colon and Rectal Surgeons and the Society of American Gastrointestinal and Endoscopic Surgeons.

Guideline ID: 854 Published: 2023 Jan

Society of American Gastrointestinal and Endoscopic Surgeons (SAGES) | American Society of Colon and Rectal Surgeons (ASCRS)

Irani JL, Hedrick TL, Miller TE, et al. Clinical practice guidelines for enhanced recovery after colon and rectal surgery from the American Society of Colon and Rectal Surgeons and the Society of American Gastrointestinal and Endoscopic Surgeons. Dis Colon Rectum. 2023 Jan 1;66(1):15-40. [408 references] PubMed

View Original Guideline

Overview

Guideline Objective

To evaluate the evidence pertaining to different components of enhanced recovery protocols (ERPs) for colorectal surgery

Patient Population

Patients undergoing colon and rectal surgery

Recommendations

Recommendation Statements

Major interventions covered in this guideline include:

- Preoperative interventions, including preadmission counseling, optimization, and orders; and nutrition and bowel preparation
- Perioperative interventions, including surgical site infection (SSI) and nausea/vomiting prevention; pain control; fluid management; and surgical approach
- Postoperative interventions, including mobilization; ileus prevention; urinary catheters; and discharge criteria

Note: Full recommendation statements have not been provided because this guideline does not meet EGT's systematic review of the evidence criteria. Refer to the original guideline for more information.

Evidence Rating Scheme

Refer to the original guideline documentation for more information.

Recommendation Rating Scheme

Refer to the original guideline documentation for more information.

Related Content

Supporting Documents

- The Original Guideline is also available from the *Surgical Endoscopy Journal*; 2022 Dec 14.
- Society of American Gastrointestinal and Endoscopic Surgeons (SAGES) Guidelines Development: Standard Operating Procedure; 2021.

Implementation Tools

- Visual Abstract; 2023.
- Podcast; 2023 Jun 8.
- SAGES SMART™ Enhanced Recovery Program.

Patient Education

No patient education materials available.

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