AGA clinical practice update on the epidemiology, evaluation, and management of exocrine pancreatic insufficiency: expert review.

Guideline ID: 3503 Published: 2023 Nov

American Gastroenterological Association (AGA) Institute

Whitcomb DC, Buchner AM, Forsmark CE. AGA clinical practice update on the epidemiology, evaluation, and management of exocrine pancreatic insufficiency: expert review. Gastroenterology. 2023 Nov;165(5):1292-1301. [82 references] PubMed

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Overview

Guideline Objective

To provide best practice advice on the epidemiology, evaluation, and management of exocrine pancreatic insufficiency (EPI)

Patient Population

Patients with suspected or confirmed EPI

Recommendations

Recommendation Statements

Major interventions covered in this guideline include:

- Consideration of symptoms of suspected EPI or related conditions
- Diagnostic testing, including pancreatic function tests and imaging
- Use of pancreatic enzyme replacement therapy (PERT)
- Role of routine supplementation and dietary modification
- Monitoring considerations

Note: Full recommendation statements have not been provided because this guideline does not meet EGT's systematic review of the evidence criteria. Refer to the original guideline for more information.

Evidence Rating Scheme

Refer to the original guideline documentation for more information.

Recommendation Rating Scheme

Refer to the original guideline documentation for more information.

Related Content

Supporting Documents

- The AGA Institute Process for Developing Clinical Practice Guidelines Part One: Grading the Evidence; 2013 Apr 1.

Implementation Tools

- Clinical Practice Update: Evaluation and Management of Exocrine Pancreatic Insufficiency Video; 2023 Oct 26.

Patient Education

- Exocrine Pancreatic Insufficiency (EPI).

Note: This patient information is intended to help patients better understand their health and their diagnosed disorders. Patients and their representatives should still consult with a licensed health care professional for evaluation of treatment options as well as answers to their personal medical questions.

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