Cardiovascular disease and risk management: standards of care in diabetes-2026.

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American Diabetes Association (ADA)

American Diabetes Association Professional Practice Committee for Diabetes. Cardiovascular disease and risk management: standards of care in diabetes-2026. Diabetes Care. 2026 Jan 1;49(Supplement_1):S216-S245. [315 references] PubMed

View Original Guideline

Overview

Guideline Objective

- To provide the components of diabetes care, general treatment goals and guidelines, and tools to evaluate quality of care
- To offer guidance on cardiovascular disease and risk management in people with diabetes

Patient Population

Adult patients with diabetes

Recommendations

Recommendation Statements

Major interventions covered in this guideline include:

- Screening for, and diagnosis of, hypertension
- Treatment of hypertension, including goals, lifestyle and pharmacologic interventions, and strategies for resistant hypertension
- Lipid management strategies, including lifestyle interventions, and ongoing therapy and monitoring with lipid panel
- Screening for, and treatment of, atherosclerotic cardiovascular disease (ASCVD), including lifestyle and pharmacologic interventions, use of statins or antiplatelet agents for primary and secondary prevention of ASCVD, and combination therapy

Note: Full recommendation statements have not been provided because this guideline does not meet EGT's systematic review of the evidence criteria. Refer to the original guideline for more information.

Evidence Rating Scheme

Refer to the original guideline documentation for more information.

Recommendation Rating Scheme

Refer to the original guideline documentation for more information.

Related Content

Supporting Documents

- Introduction and Methodology: *Standards of Care in Diabetes—2026*; 2026 Jan 1.
- Summary of Revisions: *Standards of Care in Diabetes—2026*; 2026 Jan 1.
- Disclosures: *Standards of Care in Diabetes—2026*; 2026 Jan 1.

Implementation Tools

- Slide Set: *Standards of Care in Diabetes—2026*; 2026.
- Standards of Care App for iOS or Android.
- Continuing Medical Education.
- The Original Guideline includes the following:
    - Figure 10.2. Recommendations for the Treatment of Confirmed Hypertension in Nonpregnant People with Diabetes (p. S220)
    - Figure 10.3. Recommendations for Primary Prevention of Atherosclerotic Cardiovascular Disease (ASCVD) in People with Diabetes using Cholesterol-lowering Therapy (p. S225)
    - Figure 10.5. Overview of Recommendations for the Prevention and Treatment of Symptomatic Heart Failure in People with Diabetes (p. S234)
    - Figure 10.6. Approach to Prevent ASCVD in People with Type 2 Diabetes (p. S237)

Patient Education

No patient education materials available.

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