

Academy of Breastfeeding Medicine clinical protocol #36: the mastitis spectrum, revised 2022.

Guideline ID: 2917

Published: 2022 May

Academy of Breastfeeding Medicine (ABM)

Mitchell KB, Johnson HM, Rodríguez JM, et al. Academy of Breastfeeding Medicine clinical protocol #36: the mastitis spectrum, revised 2022. Breastfeed Med. 2022 May;17(5):360-376. [77 references] [PubMed](#)

 [View Original Guideline](#)

Overview

Guideline Objective

To provide guidance on the management of each condition in the mastitis spectrum (ductal narrowing, inflammatory mastitis, bacterial mastitis, phlegmon, abscess, galactoceles, and subacute mastitis)

Patient Population

Patients with postpartum mastitis

Recommendations

Recommendation Statements

Major interventions covered in this guideline include:

- Role of patient education
- Anticipatory guidance and behavioral interventions, including minimization of breast pump usage and avoidance of nipple shields, massage, topical products, and pump sterilization
- Medical interventions, including decreasing inflammation and pain, treating hyperlactation, therapeutic ultrasound, consideration of antibiotics and probiotics, and evaluation for perinatal mood and anxiety disorders (PMADs)
- Mastitis spectrum condition-specific interventions

Note: Full recommendation statements have not been provided because this guideline does not meet [EGT's systematic review of the evidence criteria](#). Refer to the [original guideline](#) for more information.

Evidence Rating Scheme

Refer to the original guideline documentation for more information.

Recommendation Rating Scheme

Refer to the original guideline documentation for more information.

Related Content

Supporting Documents

- The Original Guideline is also available in [Arabic](#), [Italian](#), [Japanese](#), [Portuguese](#), [Turkish](#), and [Ukrainian](#).

Implementation Tools

No implementation tools available.

Patient Education

No patient education materials available.

Disclaimer

If you desire to use content from the original clinical practice guideline cited herein, you must contact the guideline developer directly to obtain permission rights.

ECRI's Guideline Profiles are designed to provide information and assist decision-making. Variations in practice will inevitably, and appropriately, occur when clinicians take into account the needs and preferences of individual patients, available resources, and limitations unique to an institution or type of practice. Every healthcare professional using these Guideline Profiles is responsible for evaluating the appropriateness of applying them in a clinical setting.