Diagnosis and classification of diabetes: standards of care in diabetes-2026.

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American Diabetes Association (ADA)

American Diabetes Association Professional Practice Committee for Diabetes. Diagnosis and classification of diabetes: standards of care in diabetes-2026. Diabetes Care. 2026 Jan 1;49(Supplement_1):S27-S49. [236 references] PubMed

View Original Guideline

Overview

Guideline Objective

- To provide the components of diabetes care, general treatment goals and guidelines, and tools to evaluate quality of care
- To offer guidance on the diagnosis and classification of diabetes

Patient Population

Patients with suspected or confirmed diabetes

Recommendations

Recommendation Statements

Major interventions covered in this guideline include:

- Screening and diagnostic testing, including hemoglobin A1C and plasma blood glucose
- Classification of hyperglycemia
- Screening and management considerations for type 1 diabetes, prediabetes and type 2 diabetes, diabetes induced by systemic anti-cancer therapy, pancreatic diabetes, cystic fibrosis-related diabetes, posttransplantation diabetes, monogenic diabetes syndromes, and gestational diabetes

Note: Full recommendation statements have not been provided because this guideline does not meet EGT's systematic review of the evidence criteria. Refer to the original guideline for more information.

Evidence Rating Scheme

Refer to the original guideline documentation for more information.

Recommendation Rating Scheme

Refer to the original guideline documentation for more information.

Related Content

Supporting Documents

- Introduction and Methodology: *Standards of Care in Diabetes—2026*; 2026 Jan 1.
- Summary of Revisions: *Standards of Care in Diabetes—2026*; 2026 Jan 1.
- Disclosures: *Standards of Care in Diabetes—2026*; 2026 Jan 1.

Implementation Tools

- Slide Set: *Standards of Care in Diabetes—2026*; 2026.

- Standards of Care App for iOS or Android.
- Continuing Medical Education.
- The Original Guideline includes the following:
    - Figure 2.1. Flowchart for Investigation of Suspected Type 1 Diabetes in Newly Diagnosed Adults, Based on Data from White European Populations (p. S31)

Patient Education

- 60-Second Type 2 Diabetes Risk Test.

Note: This patient information is intended to help patients better understand their health and their diagnosed disorders. Patients and their representatives should still consult with a licensed health care professional for evaluation of treatment options as well as answers to their personal medical questions.

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