# Policy statement: breastfeeding and the use of human milk.

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**American Academy of Pediatrics (AAP)**

*Younger Meek J, Noble L. Policy statement: breastfeeding and the use of human milk. Pediatrics. 2022 Jul 1;150(1):e2022057988. [109 references]* PubMed

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## Overview

### Guideline Objective

To support optimal health and nutrition for the child and mother and support parents in meeting their breastfeeding goals

### Patient Population

Parents who are giving or have given birth and their infants

## Recommendations

### Recommendation Statements

Major interventions covered in this guideline include:

- Guidance on breastfeeding, including initiation, duration, and exclusivity

- Role of pediatrician in providing breastfeeding counseling and support
- Role of policies that protect breastfeeding

**Note**: Full recommendation statements have not been provided because this guideline does not meet EGT's systematic review of the evidence criteria. Refer to the original guideline for more information.

## Evidence Rating Scheme

Refer to the original guideline documentation for more information.

## Recommendation Rating Scheme

Refer to the original guideline documentation for more information.

# Related Content

## Supporting Documents

- Technical Report: Breastfeeding and the Use of Human Milk; 2022 Apr 28.

## Implementation Tools

No implementation tools available.

## Patient Education

No patient education materials available.

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