

# European Resuscitation Council guidelines 2021: basic life support.

Guideline ID: 2863

Published: 2021 Apr

## European Resuscitation Council (ERC)

*Olasveengen TM, Semeraro F, Ristagno G, et al. European Resuscitation Council guidelines 2021: basic life support. Resuscitation. 2021 Apr;161:98-114. [150 references] [PubMed](#)*

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## Overview

## Guideline Objective

To provide guidance for the management of basic life support (BLS)

## Patient Population

Patients requiring life support

## Recommendations

## Recommendation Statements

Major interventions covered in this guideline include:

- Cardiac arrest recognition and alerting of emergency services

- Guidance on use of chest compressions, rescue breaths, and automated external defibrillation (AED)
- Considerations for foreign body airway obstruction

**Note:** Full recommendation statements have not been provided because this guideline does not meet [EGT's systematic review of the evidence criteria](#). Refer to the [original guideline](#) for more information.

## Evidence Rating Scheme

Refer to the original guideline documentation for more information.

## Recommendation Rating Scheme

Refer to the original guideline documentation for more information.

### Related Content

## Supporting Documents

- The Original Guideline is also available from the [Resuscitation Journal](#); 2021 Apr.
- [Guideline Translations](#).

## Implementation Tools

- [European Resuscitation Council Guidelines 2021: Executive Summary](#).
- Algorithm Posters:
  - [Basic Life Support](#).
  - [Basic Life Support Step by Step](#).
- [Basic Life Support 2021: 5 Top Messages Infographic](#).
- [Basic Life Support Video](#); 2021 Mar 29.

## Patient Education

No patient education materials available.

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