

2023 European Thyroid Association clinical practice guidelines for thyroid nodule management.

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European Thyroid Association (ETA)

Durante C, Hegedüs L, Czarniecka A, et al. 2023 European Thyroid Association clinical practice guidelines for thyroid nodule management. Eur Thyroid J. 2023 Aug 14;12(5):e230067. [130 references] [PubMed](#)

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Overview

Guideline Objective

To provide a clinical practice guide for the initial work-up and the subsequent management of adult individuals harboring thyroid nodules

Note: These guidelines are not intended to cover the management of thyroid malignancy.

Patient Population

Adult individuals harboring thyroid nodules

Recommendations

Recommendation Statements

Major interventions covered in this guideline include:

- Initial evaluation (history, physical evaluation) and use of thyroid ultrasound
- Guidance on thyroid biopsy, including indication for and use of fine-needle aspiration (FNA) and core-needle biopsy
- Management of asymptomatic nodules not undergoing FNA
- Cytopathology-based management
- Consideration of molecular testing in cytologically indeterminate nodules
- Role of non-ultrasound imaging modalities
- Therapeutic options, including non-surgical and surgical approaches

Note: Full recommendation statements have not been provided because this guideline does not meet [EGT's systematic review of the evidence criteria](#). Refer to the [original guideline](#) for more information.

Evidence Rating Scheme

Refer to the original guideline documentation for more information.

Recommendation Rating Scheme

Refer to the original guideline documentation for more information.

Related Content

Supporting Documents

- [Appendix](#).

Implementation Tools

- The [Original Guideline](#) includes the following:

- Figure 1. Initial Evaluation for the Investigation and Diagnosis of the Etiology of Nodular Thyroid Disease (p. e230067)
- Figure 2. Diagnostic Workup and the Recommendations Faced with a Newly Diagnosed Thyroid Nodule (p. e230067)

Patient Education

No patient education materials available.

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