European Resuscitation Council guidelines 2021: first aid.

Guideline ID: 2866 Published: 2021 Apr

European Resuscitation Council (ERC)

Zideman DA, Singletary EM, Borra V, et al. European Resuscitation Council guidelines 2021: first aid. Resuscitation. 2021 Apr;161:270-290. [248 references] PubMed

View Original Guideline

Overview

Guideline Objective

To provide recommendations for the management of first aid

Patient Population

Patients requiring first aid

Recommendations

Recommendation Statements

Major interventions covered in this guideline include:

- Management of medical emergencies, including shock, asthma, stroke, chest pain, anaphylaxis, hypoglycaemia, exertion-related dehydration, heat stroke, acute stroke, and presyncope

- Management of trauma-related emergencies, including life-threatening bleeding, open chest wounds, cervical spine trauma, concussion, thermal burns, dental avulsion, closed extremity joint injuries, angulated fracture, and eye injury from chemical exposure

Note: Full recommendation statements have not been provided because this guideline does not meet EGT's systematic review of the evidence criteria. Refer to the original guideline for more information.

Evidence Rating Scheme

Refer to the original guideline documentation for more information.

Recommendation Rating Scheme

Refer to the original guideline documentation for more information.

Related Content

Supporting Documents

- The Original Guideline is also available from the *Resuscitation Journal*; 2021 Apr.
- Guideline Translations.

Implementation Tools

- European Resuscitation Council Guidelines 2021: Executive Summary.
- First Aid 2021: 5 Top Messages Infographic.
- First Aid Video; 2021 Mar 29.

Patient Education

No patient education materials available.

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