

2021 Canadian Cardiovascular Society guidelines for the management of dyslipidemia for the prevention of cardiovascular disease in adults.

Guideline ID: 399

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Canadian Cardiovascular Society (CCS)

Pearson GJ, Thanassoulis G, Anderson TJ, et al. 2021 Canadian Cardiovascular Society guidelines for the management of dyslipidemia for the prevention of cardiovascular disease in adults. Can J Cardiol. 2021 Aug;37(8):1129-1150. [141 references] [PubMed](#)

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Overview

Guideline Objective

To provide recommendations for the management of dyslipidemia for the prevention of cardiovascular disease in adults

Patient Population

Adults with dyslipidemia

Recommendations

Recommendation Statements

Major interventions covered in this guideline include:

- Role of risk assessment, screening, and secondary testing
- Treatment options for primary and secondary prevention of cardiovascular disease, including nonstatin and statin therapy
- Considerations for patients with high-risk primary prevention conditions (e.g., diabetes, chronic kidney disease) and hypertensive disorders of pregnancy
- Health behavior interventions, including smoking cessation, nutrition therapy, physical activity, and psychological factors

Note: Full recommendation statements have not been provided because this guideline does not meet [EGT's systematic review of the evidence criteria](#). Refer to the [original guideline](#) for more information.

Evidence Rating Scheme

Refer to the original guideline documentation for more information.

Recommendation Rating Scheme

Related Content

Supporting Documents

- [Supplementary Material](#).
- [Framework for Application of GRADE in CCS Guideline Development](#); 2020 Apr.
- [CCS Guidelines Development Procedures and Policies](#); 2020 Apr.

Implementation Tools

- [At-a-Glance](#); 2021 Oct 7.

- [How to Optimally Manage Dyslipidemia and CV Risk in 2021: A Review of the Updated CCS Guidelines](#); 2021 Oct 22.
- [Pocket Guide](#); 2021.
- [Dyslipidemia Webinar Series](#).

Patient Education

No patient education materials available.

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