2020 European Thyroid Association clinical practice guideline for the use of image-guided ablation in benign thyroid nodules.

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European Thyroid Association (ETA)

Papini E, Monpeyssen H, Frasoldati A, Hegedüs L. 2020 European Thyroid Association clinical practice guideline for the use of image-guided ablation in benign thyroid nodules. Eur Thyroid J. 2020 Jul;9(4):172-185. [102 references] PubMed

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Overview

Guideline Objective

To provide recommendations for the use of image-guided thermal ablation (TA) in the management of benign thyroid lesions

Note: The use of TA in malignant nodules, whether primary or metastatic, is not part of this document.

Patient Population

Adult patients with benign thyroid nodules

Note: The guidelines address the vast majority of the thyroid nodule population but are not intended for pediatric cases.

Recommendations

Recommendation Statements

Major interventions covered in this guideline include:

- Patient eligibility for image-guided TA, confirmation of diagnosis, and provision of patient education
- Consideration of TA techniques, including laser thermal ablation, radiofrequency ablation, microwave ablation, and high-intensity focused ultrasound
- Selection of anesthesia and ultrasound evaluation
- Role of regular scheduled evaluations post-procedure

Note: Full recommendation statements have not been provided because this guideline does not meet EGT's systematic review of the evidence criteria. Refer to the original guideline for more information.

Evidence Rating Scheme

Refer to the original guideline documentation for more information.

Recommendation Rating Scheme

Refer to the original guideline documentation for more information.

Related Content

Supporting Documents

No supporting documents available.

Implementation Tools

No implementation tools available.

Patient Education

No patient education materials available.

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