British Society of Gastroenterology guidelines on the management of irritable bowel syndrome.

Guideline ID: 2398 Published: 2021 Jul

British Society of Gastroenterology (BSG)

Vasant DH, Paine PA, Black CJ, et al. British Society of Gastroenterology guidelines on the management of irritable bowel syndrome. Gut. 2021 Jul;70(7):1214-1240. [299 references]
PubMed

View Original Guideline

Overview

Guideline Objective

To provide guidelines on the management of irritable bowel syndrome (IBS)

Patient Population

Patients with IBS

Recommendations

Recommendation Statements

Major interventions covered in this guideline include:

- Considerations for diagnosis and referral to secondary care

- Guidance on use of first- and second-line treatments, including non-pharmacological and pharmacological therapies
- Role of psychological therapies
- Management of severe or refractory IBS

Note: Full recommendation statements have not been provided because this guideline does not meet EGT's systematic review of the evidence criteria. Refer to the original guideline for more information.

Evidence Rating Scheme

Refer to the original guideline documentation for more information.

Recommendation Rating Scheme

Refer to the original guideline documentation for more information.

Related Content

Supporting Documents

No supporting documents available.

Implementation Tools

- The Original Guideline includes the following:
    - Figure 1. Diagnostic Algorithm Detailing the Approach to the Positive Diagnosis of IBS (p. 1222)
    - Figure 2. Treatment Algorithm for IBS (p. 1225)

Patient Education

No patient education materials available.

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