EAACI guidelines: anaphylaxis (2021 update).

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European Academy of Allergy and Clinical Immunology (EAACI)

Muraro A, Worm M, Alviani C, et al. EAACI guidelines: anaphylaxis (2021 update). Allergy. 2022 Feb;77(2):357-377. [117 references] PubMed

View Original Guideline

Overview

Guideline Objective

To provide evidence-based recommendations for the diagnosis, management, and prevention of anaphylaxis

Note: Reactions to allergen immunotherapy are outside the scope of this guideline.

Patient Population

Children and adults at risk of or with anaphylaxis

Recommendations

Recommendation Statements

Major interventions covered in this guideline include:

- Diagnostic considerations in an emergency setting
- Emergency management interventions, including use of intramuscular adrenaline and adrenaline autoinjectors
- Long-term management and prevention, including comprehensive training for patients at risk, use of premedication with subcutaneous adrenaline, and use of policies to improve management in schools
- Education and training for healthcare professionals, including simulation training and visual prompts

Note: Full recommendation statements have not been provided because this guideline does not meet EGT's systematic review of the evidence criteria. Refer to the original guideline for more information.

Evidence Rating Scheme

Refer to the original guideline documentation for more information.

Recommendation Rating Scheme

Refer to the original guideline documentation for more information.

Related Content

Supporting Documents

- Online Supplement; 2021 Apr 14.
- Diagnosing, Managing and Preventing Anaphylaxis: Systematic Review; 2020 Sep 2.
    - Online Appendix S1: Search Strategy.
    - Online Appendix S2: Reasons for Exclusion of Articles Where Full Text Was Screened.
    - Online Appendix S3.

- Online Appendix S4.
- Online Appendix S5.
- Online Appendix S6.
- Online Appendix S7.
- Online Appendix S8.

Implementation Tools

No implementation tools available.

Patient Education

No patient education materials available.

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