Chronic kidney disease and risk management: standards of care in diabetes-2026.

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American Diabetes Association (ADA)

American Diabetes Association Professional Practice Committee for Diabetes. Chronic kidney disease and risk management: standards of care in diabetes-2026. Diabetes Care. 2026 Jan 1;49(Supplement_1):S246-S260. [159 references] PubMed

View Original Guideline

Overview

Guideline Objective

- To provide the components of diabetes care, general treatment goals and guidelines, and tools to evaluate quality of care
- To offer guidance on the management, and risk management, of chronic kidney disease in patients with diabetes

Patient Population

Adult patients with diabetes

Recommendations

Recommendation Statements

Major interventions covered in this guideline include:

- Screening frequency and method
- Treatment interventions based on disease severity and risk of progression, including nutrition, glycemic goals, blood pressure control, use of angiotensin-converting enzyme (ACE) inhibitors or angiotensin receptor blockers (ARBs), sodium–glucose cotransporter 2 (SGLT2) inhibitors, nonsteroidal mineralocorticoid receptor antagonists (MRAs), reduction of urinary albumin, protein intake, and combination therapy considerations
- Referral to nephrologist for evaluation

Note: Full recommendation statements have not been provided because this guideline does not meet EGT's systematic review of the evidence criteria. Refer to the original guideline for more information.

Evidence Rating Scheme

Refer to the original guideline documentation for more information.

Recommendation Rating Scheme

Refer to the original guideline documentation for more information.

Related Content

Supporting Documents

- Introduction and Methodology: *Standards of Care in Diabetes—2026*; 2026 Jan 1.
- Summary of Revisions: *Standards of Care in Diabetes—2026*; 2026 Jan 1.
- Disclosures: *Standards of Care in Diabetes—2026*; 2026 Jan 1.

Implementation Tools

- Slide Set: *Standards of Care in Diabetes—2026*; 2026.
- Standards of Care App for iOS or Android.
- Continuing Medical Education.
- The Original Guideline includes the following:
    - Figure 11.1. Risk of CKD Progression, Cardiovascular Disease Risk, and Mortality; Frequency of Visits; and Referral to Nephrology According to GFR and Albuminuria (p. S247)
    - Figure 11.2. Holistic Approach for Improving Outcomes in People with Diabetes and CKD (p. S252)

Patient Education

No patient education materials available.

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