

Pharmacologic stepwise multimodal approach for postpartum pain management: ACOG clinical consensus no. 1.

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American College of Obstetricians and Gynecologists (ACOG)

Pharmacologic stepwise multimodal approach for postpartum pain management: ACOG clinical consensus no. 1. Obstet Gynecol. 2021 Sep 1;138(3):507-517. [77 references]
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Overview

Guideline Objective

To provide a framework for management of acute perineal, uterine, and incisional postpartum pain

Patient Population

Patients with acute perineal, uterine, and incisional postpartum pain

Recommendations

Recommendation Statements

Major interventions covered in this guideline include:

- General considerations for postpartum pain, including pharmacologic and nonpharmacologic therapies, shared decision making, consideration of potential inequities and biases, and use of a stepwise multimodal approach
- Specific pain management strategies following vaginal and cesarean births
- Pharmacologic pain management for patients intending to breastfeed
- Discharge considerations, including shared decision making around short-term opioid use

Note: Full recommendation statements have not been provided because this guideline does not meet [EGT's systematic review of the evidence criteria](#). Refer to the [original guideline](#) for more information.

Evidence Rating Scheme

Refer to the original guideline documentation for more information.

Recommendation Rating Scheme

Refer to the original guideline documentation for more information.

Related Content

Supporting Documents

- [Appendices](#).
- [Clinical Practice Guideline Methodology](#); 2021 Sep.

Implementation Tools

No implementation tools available.

Patient Education

No patient education materials available.

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