

2019 American College of Rheumatology/Arthritis Foundation Guideline for the management of osteoarthritis of the hand, hip, and knee.

Guideline ID: 1615

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American College of Rheumatology (ACR) | Arthritis Foundation

Kolasinski SL, Neogi T, Hochberg MC, et al. 2019 American College of Rheumatology/Arthritis Foundation Guideline for the management of osteoarthritis of the hand, hip, and knee. Arthritis Care Res (Hoboken). 2020 Feb;72(2):149-162. [41 references]
[PubMed](#)

[View Original Guideline](#)

Overview

Guideline Objective

To develop recommendations for the pharmacologic and nonpharmacologic management of osteoarthritis (OA) of the hand, hip, and knee

Patient Population

Patients with hand, hip, or knee OA

Recommendations

Recommendation Statements

Major interventions covered in this guideline include:

- Physical, psychosocial, and mind-body approaches, including exercise, balance, weight loss, cognitive behavioral therapy, cane use, knee braces, hand orthoses, modified shoes, acupuncture, massages, etc.
- Pharmacologic treatment options, including topical and oral NSAIDS, injections, analgesics, opioids, vitamins, bisphosphonates, etc.

Note: Refer to the [original guideline](#) for full recommendation statements.

Evidence Rating Scheme

Refer to the original guideline documentation for more information.

Recommendation Rating Scheme

Refer to the original guideline documentation for more information.

Related Content

Supporting Documents

- [Supplementary Appendix 1: Methods.](#)
- [Supplementary Appendix 2: Evidence Report.](#)
- [Supplementary Appendix 3: Panel/Teams Involved.](#)
- [Supplementary Appendix 4: Search Strategies.](#)
- [Supplementary Appendix 5: Flowchart of the Study Selection Process.](#)
- [Project Plan; 2017 Sep.](#)
- [American College of Rheumatology Policy and Procedure Manual for Clinical Practice Guidelines; 2015 Jan.](#)

Implementation Tools

- The [Original Guideline](#) includes the following:
 - Figure 2. Summary of Therapies Recommended Against in the Management of Hand, Knee, and/or Hip Osteoarthritis (p. 152)
- Guidelines And Criteria App is available for [Android](#) and [iOS](#).

Patient Education

- [Osteoarthritis](#); 2023 Feb.

Note: This patient information is intended to help patients better understand their health and their diagnosed disorders. Patients and their representatives should still consult with a licensed health care professional for evaluation of treatment options as well as answers to their personal medical questions.

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TRUST Scorecard

Composition of Guideline Development Group (GDG)

Multidisciplinary GDG Members

Yes

Methodologist Involvement

Yes

Incorporation of Patient and Public Perspective



Systematic Review of Evidence

Literature Search



Study Selection



Evidence Synthesis



Foundations for Recommendations

Strength of Evidence Grade



Description of Benefits and Harms of Recommendations



Summary of Evidence Supporting Recommendations



Strength of Recommendations Rating



Clear Articulation of Recommendations



Funding Source

Yes

Disclosure and Management of Financial Conflicts of Interests



External Review



Updating

