

Recurrent pregnancy loss: guideline of European Society of Human Reproduction and Embryology.

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European Society of Human Reproduction and Embryology (ESHRE)

ESHRE Recurrent Pregnancy Loss Guideline Development Group. Recurrent pregnancy loss: guideline of European Society of Human Reproduction and Embryology. Strombeek-Bever (Belgium): European Society of Human Reproduction and Embryology (ESHRE); 2022. 180 p.

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Overview

Guideline Objective

To supply healthcare providers with the best available evidence and provide guidance for investigation and treatment of women with recurrent pregnancy loss (RPL)

Note: RPL is defined as the loss of two or more pregnancies. It excludes ectopic pregnancy and molar pregnancy.

Patient Population

Women and couples with RPL

Recommendations

Recommendation Statements

Major interventions covered in this guideline include:

- Counseling on risk factors for RPL and health behavior modifications
- Diagnostic evaluation, including medical and family history, anatomical investigations, and screening
- Assessment and investigation of male factors (lifestyle, sperm DNA fragmentation)
- Guidance on treatment approaches for unexplained RPL, uterine abnormalities, metabolic or endocrinologic abnormalities, immunological background, genetic background, and thrombophilia
- Consideration of non-conventional treatments

Note: Full recommendation statements have not been provided because this guideline does not meet [EGT's systematic review of the evidence criteria](#). Refer to the [original guideline](#) for more information.

Evidence Rating Scheme

Refer to the original guideline documentation for more information.

Recommendation Rating Scheme

Refer to the original guideline documentation for more information.

Related Content

Supporting Documents

- [Annex 8: Review Report.](#)
- [Annex 9: Literature Study Report.](#)
- [Annex 10: Evidence tables.](#)

Implementation Tools

- [Summary](#); 2022.

Patient Education

No patient education materials available.

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