# Children and adolescents: standards of care in diabetes-2024.

Guideline ID: 927 Published: 2024 Jan 1

**American Diabetes Association (ADA)**

*American Diabetes Association Professional Practice Committee. Children and adolescents: standards of care in diabetes-2024. Diabetes Care. 2024 Jan 1;47(Suppl 1):S258-S281. [302 references]* PubMed

View Original Guideline

## Overview

### Guideline Objective

- To provide the components of diabetes care, general treatment goals and guidelines, and tools to evaluate quality of care
- To offer guidance on the management of type 1 and type 2 diabetes in children and adolescents

### Patient Population

Children and adolescents with diabetes

## Recommendations

### Recommendation Statements

Major interventions covered in this guideline include:

- Screening for, and diagnosis of, type 1 and type 2 diabetes
- Assessment of autoimmune conditions (e.g., thyroid disease and celiac disease)
- Lifestyle management interventions, including self-management education and support, nutrition therapy, physical activity and exercise, psychosocial care, and tobacco cessation
- Considerations for treatment, including glycemic monitoring, insulin delivery, goals, pharmacological therapy, and metabolic surgery
- Management of cardiovascular risk factors
- Prevention and management of diabetic complications
- Transition from pediatric to adult care

**Note**: Full recommendation statements have not been provided because this guideline does not meet EGT's systematic review of the evidence criteria. Refer to the original guideline for more information.

## Evidence Rating Scheme

Refer to the original guideline documentation for more information.

## Recommendation Rating Scheme

Refer to the original guideline documentation for more information.

# Related Content

## Supporting Documents

- Introduction and Methodology: *Standards of Care in Diabetes—2024*; 2024 Jan 1.
- Summary of Revisions: *Standards of Care in Diabetes—2024*; 2024 Jan 1.

## Implementation Tools

- *Standards of Care in Diabetes—2024* Updates Video; 2023 Dec 18.
- Slide Deck.
- Standards of Care App for iOS or Android.
- Continuing Medical Education.
- The Original Guideline includes the following:
    - Figure 14.1. Management of New-onset Diabetes in Youth with Overweight or Obesity with Clinical Suspicion of Type 2 Diabetes (p. S270)

## Patient Education

No patient education materials available.

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