Endometriosis: guideline of European Society of Human Reproduction and Embryology.

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European Society of Human Reproduction and Embryology (ESHRE)

ESHRE Endometriosis Guideline Development Group. Endometriosis: guideline of European Society of Human Reproduction and Embryology. Strombeek-Bever (Belgium): European Society of Human Reproduction and Embryology (ESHRE); 2022. 192 p.

View Original Guideline

Overview

Guideline Objective

To provide recommendations on diagnosis and treatment for both relief of painful symptoms and for infertility due to endometriosis

Note: Adenomyosis is not considered a form or subtype of endometriosis and hence not covered in the current guideline.

Patient Population

Women with suspected and confirmed endometriosis

Note: The guideline group recognizes that there are individuals living with endometriosis who are transgender, who do not menstruate, who do not have a uterus or who do not identify with the terms used in the literature. For the purposes of this guideline, we use the term 'women with endometriosis', however, it is not intended to isolate, exclude, or diminish any individual's experience nor to discriminate against any group.

Recommendations

Recommendation Statements

Major interventions covered in this guideline include:

- Diagnostic assessment, including clinical evaluation and testing
- Management options for endometriosis-associated pain, including analgesics, hormone therapy, and surgery
- Treatment of endometriosis-associated infertility, including medically assisted reproduction and fertility preservation
- Prevention of primary or recurrent endometriosis
- Guidance on diagnosis and treatment of adolescents, menopausal women, and patients with extrapelvic or asymptomatic endometriosis
- Consideration of cancer risk and screening

Note: Full recommendation statements have not been provided because this guideline does not meet EGT's systematic review of the evidence criteria. Refer to the original guideline for more information.

Evidence Rating Scheme

Refer to the original guideline documentation for more information.

Recommendation Rating Scheme

Refer to the original guideline documentation for more information.

Related Content

Supporting Documents

- Review Report.
- Annex 7: Literature Study Report.

- Annex 8: Evidence Tables.

Implementation Tools

- Summary; 2022.
- The Original Guideline includes the following:
    - Diagnosis of Endometriosis Algorithm (p. 187)
    - Treatments for Endometriosis: Pain Algorithm (p. 188)
    - Treatments for Endometriosis: Infertility Algorithm (p. 189)
    - Endometriosis and Pregnancy Algorithm (p. 190)

Patient Education

- Patient Leaflet; 2022. Also available in Dutch.

Note: This patient information is intended to help patients better understand their health and their diagnosed disorders. Patients and their representatives should still consult with a licensed health care professional for evaluation of treatment options as well as answers to their personal medical questions.

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